



Holes 4 Heroes Ice Fishing Tournament

OFFICIAL

TOURNAMENT

RULES Feb 7th 2026

1. The 2025 H4H tournament date is February 7th. Location of tournament will be on Medicine Lake: near East Medicine Lake Park (1740 E. Medicine Lake Blvd., Plymouth, MN 55441). Tournament will run from 1:00 p.m. until 4:00 p.m.
2. Entry fee for the tournament is Early Bird-\$10.00/Hole until 1/9/26 at 11:59pm, 1 Hole free for veterans & Immediate (spouse, children) family. Pre-Event Registration-\$20.00/Hole from 1/10/25 until 2pm 2/6/25. On-site registration begins on the ice at 11:00am and closes at 2pm. Checks are to be made payable to Fishing for Life. Cash Only on the ice. Limit of 2 holes per person.
3. No tickets will be sold after 2:00pm the day of the tournament.
4. No refunds will be issued.
5. Must be wearing your official entry tag at all times. You are not allowed to leave the lake and reenter.
6. In the event of unsafe ice conditions or inclement weather on tournament dates, visit www.fishingforlife.org for cancellation info. Cancellations will be posted on the front page of the website as well as on Facebook by 6:00am tournament morning. If the tournament is canceled, all prizes will be held for the following year.
7. Some pre-drilled holes are provided for participants near the main stage and participants are also allowed to drill their own holes.
8. Prizes will be awarded in the following manner:
 - a. First and Second prizes for largest: Northern, Walleye, Large Mouth Bass, Crappie, Sunfish, and Perch.
 - b. The top two biggest fish are winners. Size is determined by **weight** and time registered. In the event of a tie, the first fish registered takes priority.
 - c. Prize list is subject to change without notice. Should this occur, an item of equal or greater value will be substituted.
9. All fish must be caught on the Medicine Lake during tournament hours. Participants may fish anywhere on the lake by use of hook and line. Any fish caught under these conditions is eligible for entry.
10. All fish must be caught and the contestant in line at the weigh-in station by 4:00 p.m. on the day of the contest. Every effort to bring the fish to the weigh station alive must be made. If the fish is frozen or dead, we reserve the right for the tournament officials or the weigh master to determine if the fish was caught during tournament hours on Medicine Lake.
11. All fish entered into the tournament must be caught between 1pm-4pm. No fishing line, cameras, or locators in the water between 12:30pm-1pm.
12. All regulation fish entered must be brought to the weigh-in station. Judges have the right to verify that fish were legally caught. The decision of the judges is final. In the event deception is detected, the contestants prize will be forfeited. Contestants are responsible for verification of the weight of fish at time of weigh-in.

13. The possession limit is 10 Northern Pike, but only two can be longer than 26 inches; and all from 22 to 26 inches must be released immediately and will not be entered into the tournament, these do not qualify for tournament prizes. Everybody who catches pike should have a ruler including the Weigh Master. There is a limit of 5 Crappies and 5 Sunfish of any size. NO MUSKIES. **All State of Minnesota Fishing Regulations apply and usurp any rules of the tournament.**
14. There will be a leader board located at tournament headquarters. All efforts will be made to keep the board up-to-date and accurate. Tournament results remain unofficial until verified by the head judge. At the discretion of the tournament officials and weigh master the results board/list may be closed to public viewing near the close of the tournament.
15. Once received, contest prizes are solely the responsibility of the winners (i.e. required licensing, registration, transportation, taxes, shipping, and all incidental or consequential expenses). Any of these items incurred are the responsibility of the winner. **MUST BE PRESENT TO WIN RAFFLES & Tournament Prizes.** Any raffle tickets must be claimed within 1 minutes of the announcement, or it will be redrawn. Tournament Prizes are expected to be picked up as prizes are announced.
16. Winning contestants will be notified at the close of the tournament.
17. Failure to comply with any contest rules subjects participants to disqualification and removal from the tournament site, as determined by contest officials. Right to refuse to sell and/or revoke a competition ticket to anyone is hereby reserved.
18. **All laws of the State of Minnesota shall apply.**
19. There is no age requirement for tournament participation.
20. Participants are responsible for their own safety, actions, and property at all times. A first aid station will be provided.
21. All participants (and others) hereby consent to the use of any names, photographs or likenesses of themselves to be used in the promotion of our contest or the efforts of Fishing For Life, including but not limited to print, radio, television, or any other media.
22. FFL Employees/Board Members are ineligible to win prizes at the tournament.
23. Participants are allowed to use 4x4's, snowmobiles and fish houses on the lake, but not in the FFL tent area.
24. Parking your car/truck on the ice within 150 yards of the center stage is prohibited. Violation of this rule may disqualify you from the tournament.
25. Shuttles will be provided to transport you from the designated parking lot to the tournament site and back at the end of the tournament.

If you have questions, please contact Event
Director Steve Cruikshank at (763-228-1193).