



FISHING FOR LIFE

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THE DEPTH FINDER

Luke 5:4—"Put out into the deep and let down your nets for a catch." - Jesus directs us if we listen.

VOLUME 8

A Communication for Deep C's Members

MAY 3, 2022

DEEP C'S & OWL HAPPENINGS

Greetings,

It's been two years since we've hosted the Minnesota Bound Crappie Contest, we're fortunate that Ron Shara chose us for this wonderful event. Fishing For Life was looking to take it over years ago when Gander Mountain went out of business, that's when Ron Shara approached us to partner in this event. It truly is a partnership as the Shara group does most of the advertising and we do registration and Boat Guide's for the soldiers we serve in the early morning. The public



takes part and this is considered one of our largest events. We have had over 2000 people participate in the past. It will be interesting to see if Covid has a significant impact on this event. We are grateful for this partnership. Both the ability to serve so many at an event, and for the significant financial support that results. Ron has become a close friend of Fishing For Life. He is supportive of all we do. So a big FFL shout out and thank you to Ron Shara and the Minnesota Bound crew.

Blessings,

Tom Goodrich



ANNOUNCEMENTS AND ADDITIONAL INFORMATION

Deep C's Men's / OWL Women's May Meetings

CHAPTER

West - May 10 - Cabela's Rogers

20200 Rogers Dr, Rogers

South - May 12 - Wes Wheatley's

9943 Harriet Ave, Bloomington

East - May 24 - Fractional Toys

2967 Hudson Rd

North - May 26 - Insurance Brokers

3351 Round Lk Blvd, Anoka

OWL - May 9th - Virtual

OWL will have an In-Person social on May 22nd contact Patti Murray for details – pmurr9156@gmail.com

Share fish stories

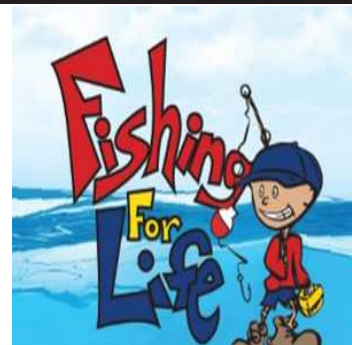
Learn from the pros

Fellowship with one another through faith in Jesus Christ

Speaker Info

West & North will enjoy a presentation from Panfish Pirate

South & East—TBD



Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

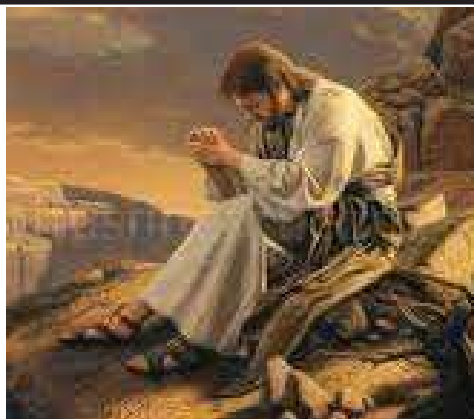
Within Fishing For Life, there are Christian ministry chapters. There are five chapters active - West, South, East, North, and OWL for women - each meeting once / month. The 4 men's chapters are named Deep C's and their meetings all begin at 6pm with a free supper. All are welcome.

2022 Theme

"Spend time with the Father to discover evidence of His grace in our life."

Mark 1:35 - And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.

Cost for membership in Deep C's Chapters is \$20/year collected in February.



Deep C's / OWL is a Christian group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently five active groups across the Twin Cities. Four for men and one for women. All are welcome!

Depth Finder is a monthly publication for our Deep C's groups. Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to editor - Daryle Hamlin dbhamlin@gmail.com.

Chapter Leaders & Volunteers

| | |
|---|--------------------------------|
| Deep C's Director | Vaughn Blackburn |
| Depth Finder Editor | Daryle Hamlin |
| West Chapter - Rogers - 2nd Tuesday | |
| Spiritual Leader | Dwight Nelson |
| Chapter Coordinators | Kent Lillehaugen Ron Buster |
| Food Coordinator | Volunteer Needed |
| South Chapter - Bloomington - 2nd Thursday | |
| Spiritual Leader | Wes Wheatley |
| Chapter Coordinators | Pat Adams --- |
| Food Coordinator | Wes Wheatley |
| East Chapter - Oakdale - 4th Tuesday | |
| Spiritual Leader | Dan Pilla |
| Chapter Coordinators | Randy Markey --- |
| Food Coordinator | Randy Markey |
| North Chapter - Blaine - 4th Thursday | |
| Spiritual Leader | Dan Pilla |
| Chapter Coordinators | Travis Busch Ken Stahn |
| Food Coordinator | Volunteer Needed |
| Outdoor Women for Life (OWL) - meeting virtually | |
| Spiritual Leader | |
| Chapter Coordinator | Patti Murray |
| Food Coordinator | |

In one of my devotions recently I was reminded of the following truths:

As you suffer, remind yourself:

- Jesus knows your sorrow. He was despised and rejected by men, a man of sorrows and acquainted with grief. (Isaiah 53:3)
- He made you. (Psalm 139:14)
- He knows you. (Psalm 139:1)
- He knitted you together in your mother's womb. (Psalm 139:13)
- He inhabits you. (Ephesians 3:16 – 19)
- He knows exactly what you're thinking and feeling (Psalm 139:2)
- He cares for you. (1 Peter 5:7)
- You are never alone in your suffering. God is our refuge and strength, a very present help in trouble. (Psalm 46:1)
- He will never leave you. (Joshua 1:5, Hebrews 13:5)
- He will never forsake you. (Ibid.)
- Nothing can separate you from the love of God. (Romans 8:35 – 39)

As you ponder this list, bring your suffering to Jesus. He knows. He cares. He is with you. He loves you.



We are only a month from our first High C's camp. For these camps we need many volunteers who bring their own boats and guide the participants during long days of fishing. Fishing For Life could not do this ministry without the volunteers who give up days of their time to share Jesus with the campers. The chart below shows how many volunteers are required overall. There are still a few volunteers needed (in red) if you would like to serve in this way this summer contact Vaughn. Please pray for the boat guides and the campers as you look over this list below.

Vaughn Blackburn

High C's Camp Volunteer Opportunities

High C's Green Lake
Sunday, Jun 12 – Thursday, Jun 16
Already have 6 fishing guides!

High C's BWCA
Sunday, Jun 12 – Thursday, Jun 16
Already have 2 fishing guides!

High C's Day Camp #1
Tuesday, Jun 21 – Friday, Jun 24
Already have 4 fishing guides!

High C's Disability Camp #1
Thursday, Jun 23 · 17:00–20:00
Already have 8 fishing guides!

High C's Day Camp #2
Monday, Jun 27 – Friday, Jul 1
Already have 4 fishing guides!

High C's Day Camp #3
Tuesday, Jul 5 – Friday, Jul 8
Have 2 fishing guides, **We need 2 more guides**

High C's Disability Camp #2
Thursday, Jul 7 · 17:00–20:00
Already have 8 fishing guides!

High C's Day Camp #4
Monday, Jul 11 – Friday, Jul 15
Have 3 fishing guides, **We need 1 more guide**

High C's Adult/Child Camp
Wednesday, Jul 13 – Sunday, Jul 17
Have 6 fishing guides, **We need 4 more guides**

High C's Camp Fish
Monday, Aug 1 – Friday, Aug 5
Already have 5 fishing guides!

High C's HH Camp
Monday, Aug 8 – Friday, Aug 12
Already have 4 fishing guides!

High C's Catfish Camp
Sunday, Aug 14 – Tuesday, Aug 16
Have 5 fishing guides, **We need 1 more guide**



2022 Calendar

For more information: FISHINGFORLIFE.ORG

MAY

7—Crappie Contest-Lake Minnetonka
12-14—Governor's Fishing Opener
19—Reel 'Em In-Coon Rapids YMCA
26—Reel 'Em In-Cabella's

JUNE

1—Reel 'Em In-Eagan Company
3-4—MN Teen Challenge/ Al Linder Tournament
12-16—High C's Youth Green Lake Camp
12-16—Father/Son Camp BWCA
21—Armed Forces Family Fun Celebration at Lake Minnetonka
21-24—High C's Day Camp 1
23—High C's Disability Camp #1, Medicine Lake
27-1—High C's Day Camp 2

JULY

4—Interlachen Gold Course-Trout Pond
7—High C's Disability Camp #2, Medicine Lake
5-8—High C's Day Camp 3
9—Clay O'Flanagan Memorial Lake Event-Beebe Lake
11-15—High C's Day Camp 4

13-17—High C's Adult/Child Camp @ Miracle Bible Camp

24-29—High C's Youth Fish Camp @Jim Camp

AUGUST

1-5—High C's Youth Camp Fish
3—Insurance Brokers of Minnesota Golf Tournament
5—Lake Event: Community And Sheriff's Together with the Anoka County Sheriff's Dept, Lake George
8-12—High C's Youth Hospitality House Camp
9—Pastor's Tournament with Jesus In The City, Lake Minnetonka
12-14—GameFair (Weekend 1)
14-16—High C's Youth Catfish Camp
19-21—GameFair (Weekend 2)
29-1—Lake of the Woods-Veterans Pay it Forward Trip
30—Military Appreciation Day at the Minnesota State Fair

SEPTEMBER

2-5—Camp Victory-Family Camp-Rochester
8-11—Marathon Man

15-18—Deep C's Fishing Tournament & Men's Fall Retreat
24—Boat Launch Volunteer Appreciation Event

OCTOBER

14-16—Outdoor Women for Life Retreat
15—High C's Youth Trolling for Trophies
22—High C's Youth Pheasant Camp
26—Military R&R-Muskie Mayhem Veterans Event

NOVEMBER

4-6—NextGEN Deer Camp
17—Give to the Max Day

DECEMBER

1-4—High C's Youth Muzzleloader Camp
2-4—St. Paul Ice Fishing & Winter Show
13—Christmas Party
15-18—Veterans DarkHouse Spearing, Dixon Lake Resort
28—High C's Youth Spearing

Effective Prayer

My spiritual life began to change dramatically five years ago when my daughter, Erika, was diagnosed with breast cancer for the second time. I have been a Christian for over 40 years and was familiar with many of the verses referring to healing, such as "if you abide in me, and my words abide in you, you will ask what you desire and it shall be done for you." John 15:7 (NKJV)



Nevertheless, I was not seeing answers to my prayer on a regular basis. Deep down, I knew I needed a deeper prayer life and made a decision to grow deeper in my faith in the hope that my daughter, who was married with a one year old son, would receive total and complete healing from this cancer diagnosis.

I had been retired for just over 6 years spending approximately an hour each morning reading both the Minneapolis and St. Paul papers via the Internet. I decided that I could forgo this time spent reading the newspapers and instead, use it to read God's Word and learn to pray with greater effectiveness.

The Fishing For Life theme verse for this year is Mark

1:35: "And in the morning, rising up a great while before day, he (Jesus) went out, and departed into a solitary place, and there prayed." (KJV) In addition, Matthew 26:40-44 describes Jesus praying for an hour and then following up on His disciples. (Since He did this three times, we can speculate that He prayed for three hours the night that He was betrayed.)

From these two stories, it is apparent that Jesus spent a lot of time in prayer and fellowship with His Father in Heaven. Also, from the numerous stories in the Bible of Jesus healing the sick and the afflicted, we know that the prayers of Jesus were very effective.

For example, Luke 6:19 records that "the whole multitude sought to touch him (Jesus) for power went out from him and he healed them **all**" (emphasis added).

Since I stopped spending the first hour of the day reading the newspapers, I have experienced significant growth in my spiritual life and my prayer life. While the healing of my daughter has not yet been confirmed by medical tests, Erika and I have grown much much closer together and we have seen many answers to prayer. Also, I have learned so much about prayer and the power of prayer. I hope to be able to share some of these spiritual growth experiences with you in future columns of this newsletter.

Peace be with you, Keith Hovland

Top Secret Cooking

By Chad Lanners

When it's grilling season, I want to bust out the Grill for just about everything..... Including Tacos! I love these grilled tacos, which are an impressive grilled dinner that's full of beautiful flavor. Imagine: tender, flaky fish grilled up with a creamy taco sauce, a bit of crunchy slaw, piled in a charred tortilla, it's everything you want a healthy dinner to be.

1 pound Walleye, Northern, or pan fish fillets

HOMEMADE FAJITA SEASONING

- *2 tablespoons cumin
- *1 tablespoon chili powder
- *1 tablespoon smoked paprika
- *1 tablespoon garlic powder
- *1 teaspoon black powder

HOW TO GRILL FISH FOR TACOS:

After seasoning, throw right onto hot grates!

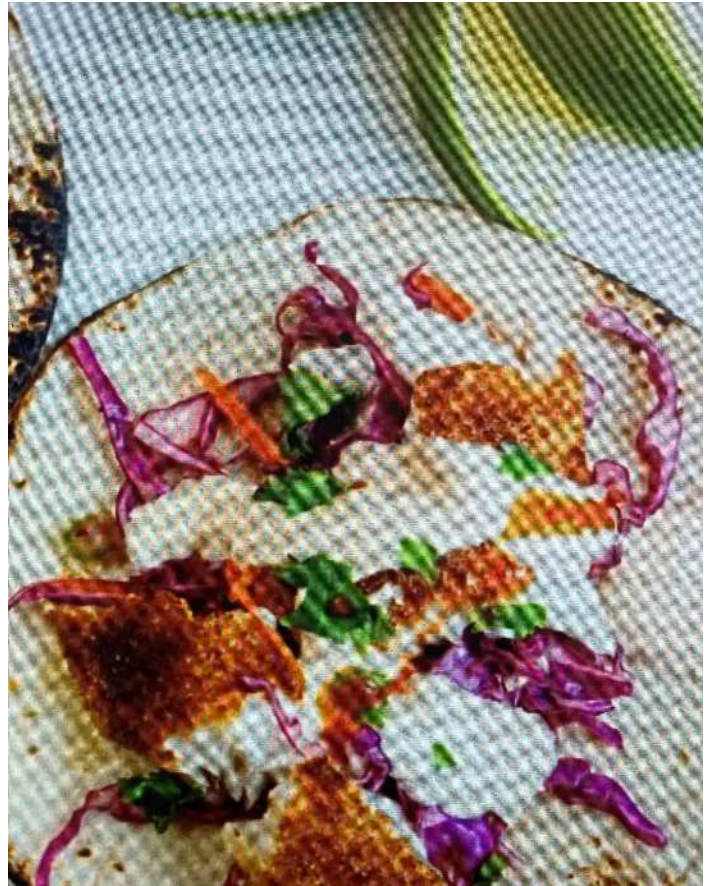
Tips for Grilling Fish...

Use Medium high heat -375 to 400 degrees

Cook fish for tacos 3-4 minutes skin side down, then 3-4 minutes skin side up

The Fish is done when it starts to flake when pulled with a fork

Here is the secret to keep the fish from sticking to the grill.....Do not turn it too soon... wait until the fish is cooked enough that it releases from the grill.



Topping for the grilled tacos:

My Favorite- CREAMY TACO SAUCE- Just takes 5 minutes to make.....Sour Cream, Lime juice, hot sauce, garlic powder, salt to taste.

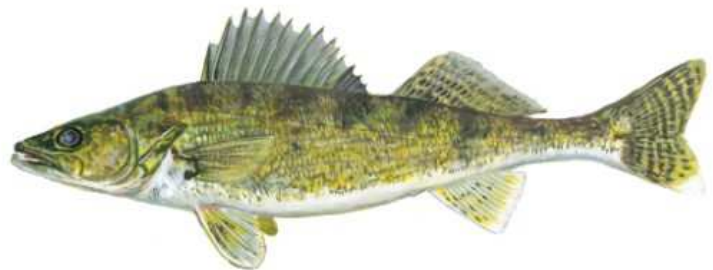
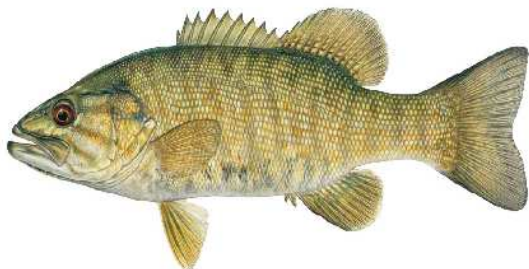
Fresh Slaw-3 cups red cabbage, 1 green onion, 1 carrot, 2 ½ tablespoons lime juice and salt to taste

Queso or shredded cheese

Chopped cilantro

8 corn tortillas

Lime on the side of this amazing bite.



Persons with Disabilities Column

Greetings from the Director's Desk. I hope April was good to you. At Fishing For Life, we do lots of stuff centered around Veterans with a big one being Holes 4 Heroes. This month I am going to introduce you to Vietnam War Vet Bob Wieland and teach you about his story.

According to Wikipedia Bob Wieland is a Vietnam War veteran who lost his legs to a mortar mine in 1969. After recovering from his injuries he was inspired to become a marathon participant. Over his lifetime he has finished many marathons, often taking multiple days to finish. He is the only double amputee to finish the difficult Kona, Hawaii Ironman race without a wheelchair. He "ran" across America on his hands, taking three years, eight months, and six days to travel from coast to coast.

Growing up in Wisconsin, Wieland attended the University of Wisconsin. A talented baseball player, he was negotiating a deal with the Philadelphia Phillies when he decided to join the Army as a combat medic.

In Vietnam in June 1969, his squad walked into a mine field. When a member of his unit stepped on a booby-trapped mortar, Wieland rushed to give first aid but he, too, stepped on an 82mm buried mortar, a round designed to destroy tanks. It severely damaged his legs; they had to be amputated above the knee. In a letter to his parents after his accident, he wrote:

June 14, 1969

Dear Mom and Dad.

I'm in the hospital. Everything is going to be O.K. The people here are taking good care of me.

Love, Bob.

P.S. I think I lost my legs.

Wieland likes to say of that day, "My legs went one direction, my life another.

Bob even had an NFL career. After recovering from his injuries, he enrolled at California State University, Los Angeles majoring in education.

After college, he joined the Green Bay Packers as a strength coach. His athletic ability even transitioned to marathons.

In November 1986 he completed the New York City Marathon, taking four days to complete the 26 miles (42 km) race. He "ran" across America on his hands, taking three years, eight months, and six days to travel from coast to coast and raise money for Vietnam war veterans. In 1988 at 41, he finished the Los Angeles Marathon, taking 74.5 hours to finish the 26.2 miles (42.2 km) race. He started the race a day earlier than everyone else and finished two days after the last runner had crossed the finish line.

On August 23, 2012, Wieland announced his plans for the Celebrate America Tour starting in January 2013. Over the next 5 years, he planned to visit all 50 States in the US, extending a challenge to do more and inspire others! Speaking at conventions, corporate meetings, military bases, universities, high schools and churches.

He was even an actor. In the 1988-1990 TV series *Sonny Spoon*, Wieland played the character of Johnny Skates.

I hope you enjoy reading about Bob and his active life just as much as I did putting it together for you.



Director Tyler Cell 612-500-7005

Email mn_bugger@yahoo.com

Don't forget the upcoming Clay O'Flanagan Memorial Extravaganza July 9th

Fishing Tips and Ideas May 2022

by Dwight Nelson

READ THIS FIRST!

Jack D. was planning on having a great day in Smith's Bay on Lake Minnetonka Saturday April 23. He had just purchased a new Boston Whaler and he wanted to check it out. That's when things went horribly wrong. Making a sharp turn at 35 MPH to check out the steering he caught his own wave and at the same time a gust of wind. Unprepared for the jolt, he was thrown overboard while the boat continued in a "circle of death" coming so close to him it kept spraying him in the face with 40 degree water.

After an hour in the water, Jack was rescued by a boat from the sheriff's department whom he credits with saving his life. Had he been wearing a "kill



switch" or an Engine Cut Off Switch (ECOS), the boat would have immediately stopped and not have posed a threat to him. You can read the whole story on the Tonka Bay Marina Facebook page.

(Picture: Jack's boat stopped with rope)

As we prepare for another summer of fishing with anxious youth and perhaps our own families, I wanted to take this time to encourage everyone to actually use their engine cut off lanyard and make sure everyone in your boat is wearing a PFD. Without a PFD, Jack would have drowned very quickly he said. An ECOS could have prevented this runaway boat (MN DNR).



You may be surprised to learn that in April of 2021, **Congress and the USCG passed a law requiring the use of an ECOS on all federally navigable waters** (like the St. Croix River, the Mississippi River, Lake of the Woods, etc.) To me it makes sense anytime. Gone are the days of being tied to the engine with a cord too. Electronic FOB type devices are now available so you can freely move about your boat.

Many states have already adopted the law for state managed lakes as well.

Most inboard and outboard motors have something called a trim tab anode. It not only prevents corrosion in the motor but keeps the boat moving easily in a straight line. If your steering wheel or tiller pulls in one direction, adjust the trim tab. It only takes 5 min.

If you fish alone a lot like I do, consider filling out a "Float Plan" for your spouse or someone else. A sample copy is in the DNR boating guide. I tried it this week and my wife liked it and the information on it.

A First (for me!)

It is very true you never know what you are going to catch on the river (in this case the Mississippi). Last week I thought I had a nice walleye on the line and it turned out to be this: A sturgeon! A first for me.



A 4-5 year old sturgeon like this one is a baby compared to some. The record MN sturgeon, caught recently by someone ice fishing was 78" long and 120 pounds and is believed to be 70 year old.

Ready for Opener?

Minnesota fishing "Opener" is Saturday May 14th for walleye, northern pike and stream trout in lakes. It's coming up fast and the lakes are still in the mid 40s for temps so fish slow! (Stream trout opened April 15). Be sure to check CO2 carts and bobbins in PFDs too.



2022 Minnesota Bound Crappie Contest

Just something to consider: Water temperature! This ice/temperature map was taken from

Lake Monster. It is from April 6 but you can see where the ice was already starting to melt on 'Tonka. Head for the warmer waters and start at the surface and go down from there!

Good luck and blessings to all of you.

Dwight Nelson (dpnelson50m@gmail.com)

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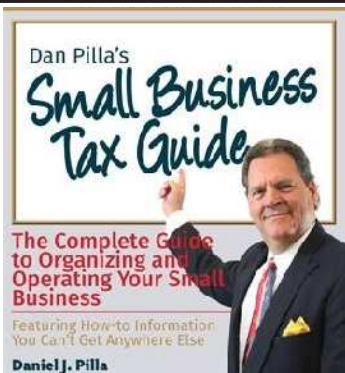
<https://moveu.us/stores/fishingforlife>

You can also get a Deep C's logo embroidered on a shirt of your choice.

Got an item or service to advertise
Contact Daryle
(dbhamlin@gmail.com)



Newsletters sponsored by **Cold Creek Construction**, a Twin Cities New Home Builder & Remodeler for 20 years. Check them out at www.coldcreek-construction.com. Paul Wagner, the owner of Cold Creek, is an avid fisherman, and active in Fishing For Life's ministries.



www.taxhelponline.com

Deep C's hats available at all Deep C's meetings for \$10. Each chapter has their own color hat.



Wanted - articles for your Depth Finder Newsletter - please contact Daryle (dbhamlin@gmail.com)



Lowrance X96

4 days ago · Maple Grove sporting goods - by owner

\$50

The Lowrance X96 sonar fishfinder features 320 x 320 (H x W) Monochrome Film SuperTwist with 16-level grayscale display, which displays details with clarity and precision. The Lowrance sonar fish finder features an enhanced receiver which gives the best readings both in shallow and deep waters. This Lowrance fish finder offers the good results up to 800ft/245m underwater and generates sonar power of up to 1,500W. Includes base and power cable. Does not include transducer. Works great!

Phone # - 612-804-6296

Fishing For Life wants your extra fishing rods, reels, and tackle boxes. You can place these at the YMCAs until May 15th.



Taxidermy collections of all kinds wanted Looking for all mounts in any condition. Offering fair prices. We have the expertise to move mounts. For a quick friendly response please text 763-443-3169

