



FISHING FOR LIFE

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THE DEPTH FINDER

Luke 5:4—"Put out into the deep and let down your nets for a catch." - Jesus directs us if we listen.

VOLUME 8, MARCH

A Communication for Deep C's Members

MARCH 7, 2022

DEEP C'S & OWL HAPPENINGS

Greetings,

It is with great anticipation I am looking forward to April 9th, our Fishing For Life banquet! I'm excited to bring us back together again, and celebrate all that we have accomplished and the ministry we have done this past year. This year's theme is **GET CAUGHT!** What does that mean to you? To us it is a chance to *Get Caught* in the Lord's work. To *Get Caught* in bringing people to a love of the outdoors. To *Get Caught* in making a difference in the lives of others. To *Get Caught* in bringing peace to a veteran and knowledge and opportunity to our youth.

I want to personally invite you to join the celebration this year, April 9th from 4:00 – 9:00 pm at North Heights Lutheran Church in Arden Hills. Your support means a lot to Fishing For Life and we hope that you can **GET CAUGHT** by bringing a table or half table of friends, family, and/or co-workers to our fundraiser.



We have amazing silent auction items, fabulous one-of-a-kind live auction items, dinner, games, entertainment, and fantastic keynote speakers too!

If you purchase a full table before March 18th, we can give you an exciting raffle package as a bonus, 8 tickets for the bucket raffle, one for each member of your table! To purchase tickets to the banquet please go to: <https://givergy.us/FFL2022>. Full tables are \$400, half tables are \$200.

I hope that you can join us on April 9th and look forward to the fellowship to be shared that night. If you are unable to attend, the silent auction items will be available for bidding online the week leading up to the 9th at <https://givergy.us/FFL2022> until the close of silent auction. This is our main fundraiser for the year, and I want to thank you for your continued support of our mission and our work at Fishing For Life. Let's **GET CAUGHT** together!

Blessings,

Tom Goodrich 612-987-5466

Get Caught!

Fishing For Life Fundraiser

17th Annual Fundraiser

Entertainment • Games • Live & Silent Auctions
Raffles • And More!

April 9th 2022 | 4-9pm

Tickets at [Fishingforlife.org](https://fishingforlife.org)

NORTH HEIGHTS LUTHERAN CHURCH
1700 West Highway 96
Arden Hills, MN 55112

Holes 4 Heroes 2022 - A Huge Success!

On behalf of the entire Fishing For Life Team we want to send a huge THANK YOU for your support of our Holes 4 Heroes event. We are so grateful for your partnership with Fishing For Life! Because of you our Holes 4 Heroes tournament was a huge success. We are so proud to have you stand with us in fulfilling our mission to serve youth, families, veterans and communities through fishing and outdoor programming.

On February 12th we served over 800 people on a total of 7 lakes. We served 450+ veterans from all eras with a free entry to the tournament. During the tournament there were opportunities for the public to thank a veteran and honor them for their service, along with watching 11 enlistees be sworn in. Holes 4 Heroes gave out over \$5,000 in prizes and give aways! We are still getting emails, calls, and text messages relaying what the tournament meant to those who participated.

Again, thank you so much for your partnership and support. We hope that you will be able to join us on the ice next year, Saturday, February 11, 2023.



There are so many people we would like to thank for helping to put on our 13th Holes 4 Heroes event this past February. From the sponsors to the volunteers, we can't thank you enough for providing many smiles and memories on the ice. We are blessed to have you in our corner!



ANNOUNCEMENTS AND ADDITIONAL INFORMATION

Deep C's Men's / OWL Women's March Meetings

CHAPTER

West - March 8 - Cabela's Rogers

South - March 10 - Wes Wheatley's
9943 Harriet Ave, Bloomington

East - March 22 - Fractional Toys
2967 Hudson Rd

North - Mar 24 - Insurance Brokers
3351 Round Lk Blvd, Anoka

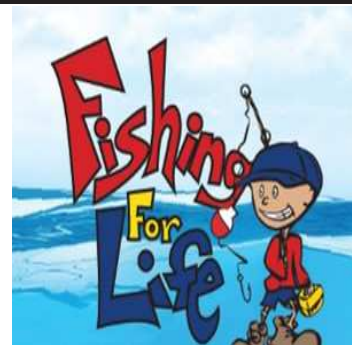
OWL - virtual



SPEAKER



Scotty Petersen will be talking about Keys To Becoming a Better Fisherman. Tips and Tactics that you will help you put more fish in you boat this season.



Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

Within Fishing For Life, there are Christian ministry chapters. There are five chapters active - West, South, East, North, and OWL for women - each meeting once / month. The 4 men's chapters are named Deep C's and their meetings all begin at 6pm with a free supper. All are welcome .

2022 Theme

"Spend time with the Father to discover evidence of His grace in our life."

Mark 1:35 - And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.

Cost for membership in Deep C's Chapters is \$20/year collected in February.



Deep C's / OWL is a Christian group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently five active groups across the Twin Cities. Four for men and one for women. All are welcome!

Depth Finder is a monthly publication for our Deep C's groups. Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to editor - Daryle Hamlin dbhamlin@gmail.com.

Chapter Leaders & Volunteers

Deep C's Director	Vaughn Blackburn
Depth Finder Editor	Daryle Hamlin
West Chapter - Rogers - 2nd Tuesday	
Spiritual Leader	Dwight Nelson
Chapter Coordinators	Kent Lillehaugen Ron Buster
Food Coordinator	
South Chapter - Bloomington - 2nd Thursday	
Spiritual Leader	Wes Wheatley
Chapter Coordinators	Pat Adams ---
Food Coordinator	
East Chapter - Oakdale - 4th Tuesday	
Spiritual Leader	Dan Pilla
Chapter Coordinators	Randy Markey ---
Food Coordinator	Randy Markey
North Chapter - Blaine - 4th Thursday	
Spiritual Leader	Dan Pilla
Chapter Coordinators	Travis Busch Ken Stahn
Food Coordinator	
Outdoor Women for Life (OWL) - meeting virtually	
Spiritual Leader	
Chapter Coordinator	Patti Murray
Food Coordinator	

Psalm 46 God is our refuge and strength, a very present help in trouble. ²Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, ³though its waters roar and foam, though the mountains tremble at its swelling. *Selah*



⁴There is a river whose streams make glad the city of God, the holy habitation of the Most High. ⁵God is in the midst of her; she shall not be moved; God will help her when morning dawns. ⁶The nations rage, the kingdoms totter; he utters his voice, the earth melts. ⁷The LORD of hosts is with us; the God of Jacob is our fortress. *Selah*
⁸Come, behold the works of the LORD, how he has brought desolations on the earth. ⁹He makes wars cease to the end of the earth; he breaks the bow and shatters the spear; he burns the chariots with fire. ¹⁰“Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!”
¹¹The LORD of hosts is with us; the God of Jacob is our fortress. *Selah*

This hit home for me.

When a flashlight grows dim or quits working, do you just throw it away? Of course not. You change the batteries. 🛠️. When a person messes up or finds themselves in a dark place, do you cast them aside? Of course not! You help them change their batteries. Some need AA...attention and affection; some need AAA...attention, affection, and acceptance; some need C....compassion; some need D...direction. And if they still don't seem to shine...simply sit with them quietly and share your light. 💡

Vaughn Blackburn 612-594-0551
 (new number!)

High C's Camp Volunteer Opportunities

High C's Green Lake
 Sunday, Jun 12 – Thursday, Jun 16
 Have 6 need 4 more

High C's BWCA
 Sunday, Jun 12 – Thursday, Jun 16
 Have 2 need 0 more

High C's Day Camp #1
 Tuesday, Jun 21 – Friday, Jun 24
 Have 1 need 3 more

High C's Disability Camp #1
 Thursday, Jun 23 · 17:00–20:00
 Have 7 need 5 more

High C's Day Camp #2
 Monday, Jun 27 – Friday, Jul 1
 Have 3 need 1 more

High C's Day Camp #3
 Tuesday, Jul 5 – Friday, Jul 8
 Have 1 need 3 more

High C's Disability Camp #2
 Thursday, Jul 7 · 17:00–20:00
 Have 7 need 5 more

High C's Day Camp #4
 Monday, Jul 11 – Friday, Jul 15
 Have 1 need 3 more

High C's Adult/Child Camp
 Wednesday, Jul 13 – Sunday, Jul 17
 Have 5 need 5 more

High C's Camp Fish
 Monday, Aug 1 – Friday, Aug 5
 Have 5 need 0 more

High C's HH Camp
 Monday, Aug 8 – Friday, Aug 12
 Have 3 need 1 more

High C's Catfish Camp
 Sunday, Aug 14 – Tuesday, Aug 16
 Have 4 need 2 more



2022 Calendar

FISHINGFORLIFE.ORG

JANUARY

12—REI-Ridgedale YMCA
14-16—Bismark Rec & Leisure Show-Trout Pond
14-16—High C's Fish Camp/DarkHouse Spearing, Alexandria, MN
22—Outdoor Women For Life, Snowshoeing, Waite Park

FEBRUARY

10—Ramy Fish N Chips Private Event (not listing on our website calendar)
12—Holes 4 Heroes Ice Tournament
18-20—High C's Spearing Ice Fishing Camp, Grand Rapids

MARCH

3-5—Muskie Expo at Concordia University-Trout Pond
10-13—Northwest Sportshow
11-13—Outdoor News Deer & Turkey Classic-Canterbury Park-Shakopee
19-20—Grand Forks Rec & Leisure Show- Trout Pond

APRIL

8-10—R&R Marriage Retreat
9—Spring Fundraiser
21—Bob-106 Radiothon
21-24—High C's Turkey Hunt
TBD—Thorne Bro's Spring Sale/Trout Pond

MAY

7—Crappie Contest
12-14—Governor's Fishing Opener
19—REI-Coon Rapids YMCA
26—REI Cabella's-TBD

JUNE

3—REI-Deloitte
3-4—MN Teen Challenge/ Al Linder Tournament
4-5—Mille Lacs -Boat launch
12-16—High C's Green Lake Camp
12-16—Father/Son Camp BWCA
21—Armed Forces Family Fun Celebration at Lake Minnetonka
21-24—High C's Day Camp 1
23—High C's Disability Camp #1
27-1—High C's Day Camp 2

JULY

4—Interlachen-Trout Pond
5-8—High C's Day Camp 3
9—Clay Oflanagen Memorial Lake Event-Medicine Lake
11-15—High C's Day Camp 4

13-17—High C's Adult/Child Camp @Miracle Bible Camp
24-29—Camp Jim

AUGUST

1-5—High C's Camp Fish
3—IB Golf Tournament
5—Lake Event: Community And Sheriff's Together with the Anoka County Sheriff's Dept, Lake George
8-12—Hospitality House Camp
9—Pastor's Tournament with Jesus In The City
12-14—GameFair (Weekend 1)
14-16—High C's Catfish Camp
19-21—GameFair (Weekend 2)
29-1—LOTW Pay it Forward Trip
30—Military Appreciation Day at the Minnesota State Fair

SEPTEMBER

2-5—Camp Victory??
8-11—Marathon Man
15-18—Deep C's Men's Fall Retreat
23-24—Boat Launch Appreciation Event

OCTOBER

14-16—Outdoor Women for Life Retreat
15—High C's Trolling for Trophies
22—High C's Pheasant Camp
26—Muskie Mayhem Event

NOVEMBER

4-6—NextGEN Deer Camp
11—Veteran's Day
17—Give to the Max Day

DECEMBER

1-4—Youth Muzzleloader Camp
2-4—St. Paul Ice Fishing & Winter Show
13—FFL Christmas Party
15-18—Veterans HarkHouse Spearing, Dixon Lake Resort
26—Youth Spearing

SERVING YOUTH, FAMILIES, VETERANS & COMMUNITIES
THROUGH FISHING & OUTDOOR PROGRAMS

Top Secret Cooking

By Chad Lanners

PICKELED FISH

Now that Ice fishing season is coming to an end, it is time to put away your fish house and head to the kitchen.

A little bit of patience is necessary to craft your own pickled fish, because the recipe involves a period of brining the fish to give it stability before actually pickling, you can use anything from fresh panfish, walleyes to northern pike with this recipe. Add optional slices of fresh orange or lemon for additional pop of flavor. The process is simple, so clear out a spot in the refrigerator and get started. **IMPORTANT:** To Kill parasites, always freeze fish for 48 hours first.

My brother loves this recipe and I know you will to!

Brining Steps:

- ½ cup non-iodized salt (canning salt)
- 1-quart cool water
- 1 ½ pounds of frozen fish

Removes scales/skin from the fish and cut it into bit sized chunks. Using a large stainless or glass (not aluminum) container, combine salt and water and stir until the salt is dissolved. Add the fish chunks and gently stir to make sure the pieces are separated. Place in refrigerator, covered, for at least 24 hours.

- 1 to 1 ½ quarts of white vinegar

After 24 hours, drain off and discard the salt brine, then completely cover the fish with white vinegar. As with the salt brine, it is important to gently stir the fish to separate and make sure all pieces are exposed to the vinegar. Cover and refrigerate for another 12 hours. Drain and discard vinegar.

Pickling Steps:

Make a spiced syrup solution:

- 4 cups white vinegar
- 3 cups white sugar
- 1 cup white wine (a sweeter Riesling or Pinot Grigio work best)
- ¼ cup pickling spice
- 3 bay leaves

Dissolve sugar in vinegar. Heat, but don't boil. Add wine and spices and bring to a boil. Immediately remove from heat and allow to completely cool.



Hint From the Kitchen: Make the syrup the same day that you put the fish in the vinegar bath, so it has a chance to be thoroughly chilled before the next step.

- 2 raw onions, sliced thin
- 2 oranges or lemons, sliced thin

Using clean canning jars with lids or several smaller containers you can tightly cover. Make alternating layers of a few fish chunks, some onion slices, and lemon or orange slices until the jar is almost full, then pour spiced syrup solution over the top. It is better to use several small jars instead of on large jar for the best flavor.

Cover and refrigerate for about 2 weeks. It is OK to eat after about a day, but you'll find that it's more flavorful if you let it rest at least a week. You must keep this always refrigerated.

To enjoy, simply remove the fish pieces from the pickling juice and serve with crackers or eat them as they are.

Chad Lanners

Chief Operating Officer
Fishing For Life
612 770-6096

March Special Needs Column

Greetings from the Directors Desk I hope February was good to you and you enjoyed Holes For Heroes. Between a small number of Veterans along with some Reach For Resources individuals I had a nice sized crew so that was nice to see and hear everyone having fun. Now moving forward, I will shift my attention back to the design and release of the Clay O'Flanagan Memorial Extravaganza July 9th out on Beebe Lake so watch for email progress as well as for it to hit the FFL calendar when I put it out for release. So stay tuned because the fun is just beginning.

Director Tyler saying so long for now and I will visit with you in April.

Director Tyler Cell 612-500-7005

Email mn_bugger@yahoo.com



Pro Fishing Tips and Ideas March 2022

by Dwight Nelson



Greetings!

What are you fishing for this month? As my wife says, "Season is always open for something!" She is right. Even though we saw the end of winter ice fishing for Walleye and Northern Pike a few weeks ago for the majority of Minnesota lakes, fishing for Crappie and sunfish is still open as well as a few other species in certain areas.

On Mille Lacs Lake, Walleye season has ended but the season for Northern Pike continues until March 31. Other lakes have special regulations too. Inland stream trout season continues until March 31. Walleye season continues on Lake of the Woods until April 14 and the Northern Pike season is continuous. Border waters (like the Saint Croix River and the Mississippi River) have special seasons and limits too. Walleye in pools 3 and 4 in border waters have a continuous season but a bag limit of 4 with a minimum size of 15".

Crappie Fishing

I don't normally do much crappie fishing, but this past month I have had the pleasure of Crappie fishing with some of you and other friends. Some nights (read that "nights") have been very good while other nights have been really bad, even in the same spot. The only difference we could figure out is the variable and cold weather we have had this past month. Cold fronts too have played havoc with Walleye fishing as well.

A couple of teen age boys I know had a good weekend this past weekend on Medicine Lake pulling up fish after fish (panfish). The bite started at 8PM and went as late as they could stay up. That resulted in them getting only 4 hours of sleep! Fun. Fun. Fun.

We have been seeing Crappies cruising through in waves as shallow as 3-5' down in 14-7 feet of water. In multiple lakes we saw the best results on a single #6 red hook with a small Crappie minnow on it! A small tungsten jig was also working. On one lake we fished last week (14 FOW) fish were coming through at 5 feet, 8 feet, 12 feet and some on the bottom. It was hard to know where to fish!! It was absolutely dead until 8PM, then fish started moving through

without biting. A half an hour later they started biting good and by 11PM, the bite just stopped. We heard later this was typical for this lake. By the way, the ice thickness was 27-29".

Special Reminders

Get a new license NOW! Also, when fishing a "new" lake, or even one you have been on a time or two, take the time to check the special regulations for the lake. I hate to admit it but I was a little surprised when we found out the lake we were on the other night had a 5 fish bag limit on Crappies. That seems to be getting more common. In the end it did not affect us, but it is good to know *before* you go out!

Spawn

Several friends have mentioned they have seen spawn (eggs, roe) in fish over the last month or two. I have seen it myself too. I looked into it a bit and think I have an explanation for you. While Crappies, bass and even Walleye can spawn 2 times a year (Spring, Fall) the predominant spawn season for most fish is of course in the Spring [studies by FL FWCC].

In actuality the process of spawning in the Spring is really the culmination of a year long process leading up to that event. So it is not surprising that oocytes (immature eggs) start growing many months before spawn. By January, these oocytes (in Walleye) have reached their **final size** and **maturity**. If you look close, sometimes you can even see two distinctive sizes of oocytes/eggs. This is the result of two separate year long spawn cycles taking place at the same time albeit 6 months off from each other!

It might surprise you to learn that female Walleye are mature at a length of only 14", males at 11"! The number of eggs females lay is proportional to their weight and size. As female Walleyes approach 28" in length they are getting too big to have viable eggs and so in Minnesota at least, our regulations are reflective of that. Walleyes spawn when the water temperatures reach 38-44°F, so that happens right after ice-out.

Crappies spawn at water temperatures of 58-64°F. The males build nests (visible on camera) preferably in moderate to heavy vegetation. The eggs will hatch in 2-3 days, during which time the males guard the nest (unlike Walleyes!). Studies in Nebraska show that 70-80% of Crappies will return to the same bay or area each year to spawn.

Blessings and Happy Fishing to all of you,
Dwight Nelson (dpnelson50m@gmail.com)

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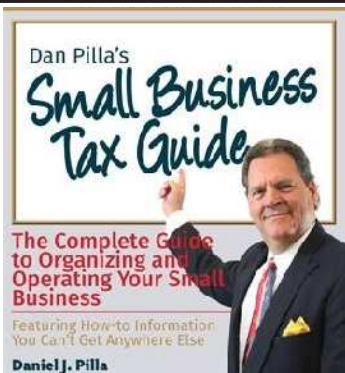
<https://moveu.us/stores/fishingforlife>

You can also get a Deep Cs logo embroidered on a shirt of your choice.

Got an item or service to advertise
Contact Daryle
(dbhamlin@gmail.com)



Newsletters sponsored by **Cold Creek Construction**, a Twin Cities New Home Builder & Remodeler for 20 years. Check them out at www.coldcreek-construction.com. Paul Wagner, the owner of Cold Creek, is an avid fisherman, and active in Fishing For Life's ministries.



www.taxhelponline.com

Deep C's hats available at all Deep C's meetings for \$10. Each chapter has their own color hat.



Q. Why didn't they play cards on the Ark?

A. Because Noah was standing on the deck.

Q. Who was the fastest runner in the race?

A. Adam, because he was first in the human race.

Q. Why did the unemployed man get excited while looking through his Bible?

A. He thought he saw a job.

Q. What animal could Noah not trust?

A. Cheetah

Q. Who was the greatest comedian in the Bible?

A. Samson. He brought the house down.

Q. What kind of man was Boaz before he married?

A. Ruthless.

Q. Which Bible character had no parents?

A. Joshua, son of Nun (Joshua 1:1).

Q. Where is the first baseball game in the Bible?

A. In the big inning. Eve stole first, Adam stole second. Cain struck out Abel. The Giants and the Angels were rained out.