

# **DEEP C'S DIRECTOR - STEVE CRUIKSHANK**

Hello friends,

It is with a heavy heart that I send out this last Depth Finder. Over the years I pray this newsletter has brought many things to the men and women of Deep C's. I pray that people have been blessed by reading the words of inspiration and hope this newsletter has brought. At least that was our intent. When I say our I mean all the men and women who have contributed articles and testimonies. There are too many to list, but I would like to say thanks to Dwight Nelson for his fishing tips and tricks article. It was always very well written and very informational. I know I learned a thing or two from reading them. Then there is Tyler Pinor with his special need's articles. Tyler was able to explain that people with disabilities were still able to take advantage of the great outdoors by hunting and fishing. He will continue to be a great asset to Fishing for Life. Finally, there is Dayle Hamlin the editor. Daryle is the one who suggested we put together this newsletter. He was even the one to come up with the Depth Finder name. He motivates me every month to turn in my article on time and most months I do a pretty good job but some months I'm a little late. When I'm late with my article he never has a harsh word for me. He only lifts me up with encouragement and praise. Daryle has truly been a blessing from God in my life.

I would also like to thank all my Chapter Coordinators. For those of you who don't know them I will list them here. There contact info is on the website, under the Deep C's tab, so if you need to know anything or have questions these are the guys you need to contact.

- North: Ken Stahn & Travis Busch
- South: Pat Adams & Andrew Vanhoozer
- East: Randy Markey & Troy Sonnenfeld
- West: Kent Lillehaughen & Ron Buster

These guys have made my job as Deep C's Director extremely easy. They are the real Deep C's Directors. They are the ones who will take on the responsibility



of keeping Deep C's alive.

I will be staying in Minnesota for the time being so you can still contact me. I will be taking some time away from FFL, but I will still be available for fishing so let me know when you want to go.

Thanks for all your support,

Your brother in Christ,

Steve

# ANNOUNCEMENTS AND ADDITIONAL INFORMATION

# Deep C's December (no chapter meetings):

Join the Fishing for Life Family at our annual Christmas party! Tuesday, December, 14th 6-8pm.

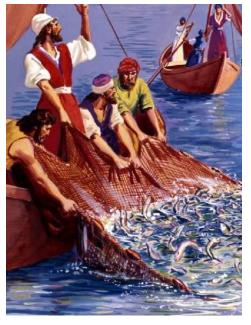
Bethlehem Baptist Church 720 13th Ave S Minneapolis, MN 55415

5:30 pm	- Check-In Starts
6 pm	<ul> <li>Lasagna dinner provided by Randy &amp; Rosa Markey</li> </ul>
6:30 pm	- Program- Guest Speakers Don Stysma & Dave Willkom.
7 pm	- Dan Pilla- Devotionally time theme wrap-up
7:30 pm	- Vaughn Blackburn- 2022 theme verse
7:45 pm	- Games & Door Prizes
8 pm	- Closing Prayer

Cost \$20 / person, \$5 for 18 and under.

https://fishingforlife.org/event/fishingfor-life-christmas-party/

Deep C's Leaders & Volunteers			
Deep C's Director	Steve Cruikshank		
Depth Finder Editor	Daryle Hamlin		
West Chapter - Rogers - 2nd Tuesday			
Spiritual Leader	Vaughn Blackburn		
Chapter	Kent Lillehaugen		
Coordinators	& Ron Buster		
Food Coordinator			
South Chapter -Burnsville-2nd Thursday			
Spiritual Leader	Wes Wheatley		
Chapter	Andrew Vanhoozer		
Coordinators	Pat Adams		
Food Coordinator			
East Chapter - Oakdale - 4th Tuesday			
Spiritual Leader	Dan Pilla		
Chapter	Randy Markey &		
Coordinators	Troy Sonnenfeld		
Food Coordinator	Randy Markey		
North Chapter - Blaine - 4th Thursday			
Spiritual Leader	Dan Pilla		
Chapter	Travis Busch &		
Coordinators	Ken Stahn		
Food Coordinator			





Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

Within Fishing For Life, there is a Christian ministry called Deep C's. There are five chapters active - West, South, East, North, and women's each meeting once / month. The Deep C's meetings all begin at 6pm with a free supper. All are welcome .

# 2021 Theme "Launch Out"

Luke 5:4, when he had finished speaking, he said to Simon, "Put out into deep water, and let down the nets for a catch."

Cost for membership is \$20/ year collected in February.

Deep C's is a Christian group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently five active groups across the Twin Cities. Four for men and one for women. All are welcome!

Depth Finder is a monthly publication for our Deep C's groups. Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to Steve or editor - Daryle Hamlin dbhamlin@gmail.com.

# **Grilled Venison Steak with Balsamic Morel Sauce**



This recipe goes out to all the faithful listeners of Adventure Sports Outdoors radio in Peoria, Illinois. Hosted by the legendary Harry Canterbury and the Red Nose Gang, this show is the information source for central Illinois hunters and fishermen. Adventure Sports Outdoors also has a magazine and a television program. Check them out at asomagazine.com

Harry told me that he's been busy gathering fresh morel mushrooms in undisclosed areas surrounding Peoria. Here's one idea for how to make good use of them. Another idea would be to send them all to me and let me deal with them. I'm guessing that's not going to happen.

### Ingredients:

- 4 6 8-ounce deer steaks trimmed of all fat and gristle; about 1 inch thick
- 2 tablespoons olive oil
- 2 tablespoons fresh garlic minced
- \*\*\* salt and freshly ground black pepper

### **Balsamic Morel Sauce**

- 2 tablespoons olive oil
- 3 tablespoons green onion white part only; minced
- 1/2 teaspoon cracked black pepper
- 1/4 cup balsamic vinegar
- 1/2 cup dry red wine
- 1 cup beef broth
- 1 sprig fresh rosemary
- 1 cup fresh morel mushrooms quickly rinsed and dried
- 1/2 teaspoon Dijon mustard
- 1/2 teaspoon cornstarch mixed with equal part cold water
- \*\*\* salt and freshly ground black pepper

## Instructions:

To season meat, combine olive oil and garlic and rub mixture over steaks. Season steaks with salt and pepper. Let rest at room temperature for 20 minutes. Grill over a medium-hot barbecue grill until rare to medium -rare. Allow meat to rest for a few minutes before serving.

To prepare sauce, heat oil over medium heat in a medium saucepan. Add onion and sauté for 2 minutes. Add pepper, balsamic vinegar, wine, broth, and rosemary. Bring to a boil and then simmer until liquid is reduced by one-half. Stir in mushrooms and mustard. Cook for 5 - 6 minutes. Stir in cornstarch mixture and stir until sauce is thickened. If sauce gets too thick, add a little more wine or broth. If it's too thin, add a little more of the cornstarch and cold-water mixture.

To serve, arrange steaks on plates and spoon sauce over.

# **December Special Needs Column**

Hello everyone,

I hope November was good to you. I am excited to announce that I am in the process of designing a brand-new event in honor of Perry Whitney and I's friend Clay O'Flanagan who passed away from covid 19. (https:// thepetersonchapel.com/clayson-clay-oflanagan/)

It will be on July 9th, 2022, on Beebe Lake near Buffalo. Hours and full event details will be announced when I can visit with Tom and hash things out so stay tuned! Hopefully if this one goes well and is a hit I plan on trying to make it a part of the yearly calendar.

No FFL meetings this month because of the holiday party but I will be sending out an email ASAP introducing the January speaker and introducing my new event.

Talk to you soon.

Director Tyler Cell 612-500-7005. Email <u>mn bugger@yahoo.com</u>





# Hahaha...

A CORRECT ASSUMPTION

A man was being tailgated by a stressed-out woman on a busy boulevard. Suddenly, the light turned yellow, just in front of him. He did the right thing, stopping at the crosswalk, even though he could have beaten the red light by accelerating through the intersection.

The tailgating woman was furious and honked her horn, screaming in frustration as she missed her chance to get through the intersection, dropping her cell phone and makeup.

As she was still in mid-rant, she heard a tap on her window and looked up into the face of a very serious police officer. The officer ordered her to exit her car with her hands up. He took her to the police station where she was searched, fingerprinted, photographed, and placed in a holding cell. After a couple of hours, a policeman approached the cell and opened the door. She was escorted back to the booking desk where the arresting officer was waiting with her personal effects.

He said, "I'm very sorry for this mistake. You see, I pulled up behind your car while you were blowing your horn, flipping off the guy in front of you, and cussing a blue streak at him. I noticed the 'What Would Jesus Do' bumper sticker, the 'Choose Life' license plate holder, the 'Follow Me to Sunday-School' bumper sticker, and the chrome-plated Christian fish emblem on the trunk, naturally... I assumed you had stolen the car."

# **Pro Fishing Tips December 2021** by Dwight Nelson

Greetings to everyone and a very Merry Christmas to you all. If winter has not been on your mind yet, the last few days should convince you that winter is definitely coming! It also means that Christmas will be here soon.



In preparation for Advent/Christmas I have been reading the four Gospels and how they introduce Jesus Christ. It has been a rewarding experience. In parallel "panels" Luke shows the events leading up to the births of John the Baptist and Jesus and how God used common ordinary people doing ordinary jobs in the process. Rest assured He will use us as well in His kingdom work to reach the world with the gospel.

# **Die-hards**

OK, so maybe I am a "die hard" but I have not put the boat to bed yet for the winter. I did just bring in the anchor rope to thaw and dry out! Last year I was able to fish the Mississippi River and the St. Croix River through December and with the warmer weather back then it was fun and rewarding. I am hoping the same for this December but might be pushing my luck.

# "Early Ice" Fishing

Walkable ice has already formed on some "local" lakes and ice fishing has paid off for the adventurous (see obligatory note on safety below!)



Here's a nice limit of walleyes taken on a small lake between St. Cloud and Alexandria on the day after Thanksgiving. Smaller shallower lakes will freeze up faster than bigger lakes so you might want to start there for early ice. The advantage for early ice is that for

walleyes anyway you can start in shallow water so traversing the ice is not as big of a problem. While keeping safety in mind, watch for small creeks or streams that enter the lake and fish near there.

Since shallow water fish can spook easy, drill lots of holes early in the day so you don't have to drill during peak fishing times (often touted as 30-45 minutes before and after sundown). The pundits usually say "fish early ice where you were catching them by boat in the fall". Well, what if you weren't catching them in the fall or you are on a new lake?!

Get a hold of the contour map of the lake and look for inside curves, humps/underwater islands or underwater points. Those areas have worked for me in the past. If you have a camera or sonar you can look for remnant weeds too. By the way, I have 2 brand new **Marcum Pursuit cameras**. I'll let one of them go to a FFL member for a really good price if you contact me.

Lures? Here are some of my favorites for this winter:



**Things to do:** Put boat to bed (Arghh). Review DNR Ice Safety guidelines, check cold weather clothing, sharpen auger blades, put new line on reels, put new batteries in electronics, test gear. Buy ice picks / chub. Whatever you do, stay safe on early ice and have fun!

I don't usually like to promote particular products but kudos to Humminbird Service for going way above and beyond in a recent service call. Thanks H-bird!

> Blessings and Merry Christmas! Dwight Nelson (<u>dpnelson50m@gmail.com</u>)

# DEPTH FINDER SPONSORS / WANTED & FOR SALE



# Fishing For Life Shirts:



Several color patterns and styles to choose from. To order, visit:

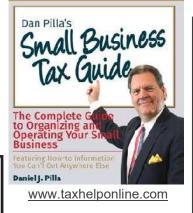
https://moveu.us/stores/fishingforlife

You can also get a Deep Cs logo embroidered on a shirt of your choice - ask Steve.

Got an item or service to advertise Contact Steve or Daryle (dbhamlin@gmail.com)



Newsletters sponsored by **Cold Creek Construction**, a Twin Cities New Home Builder & Remodeler for 20 years. Check them out at www.coldcreek -construction.com. Paul Wagner, the owner of Cold Creek, is an avid fisherman, and active in Fishing For Life's ministries.



Deep C's hats available at all Deep C's meetings for \$10. Each chapter has their own color hat.



