



# FISHING FOR LIFE

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## THE DEPTH FINDER

Luke 5:4—"Put out into the deep and let down your nets for a catch." - Jesus directs us if we listen.

VOLUME 7, AUG

**A Communication for Deep C's Members**

AUG 9, 2021

### DEEP C'S DIRECTOR - STEVE CRUIKSHANK

Hello all,

The Fall Retreat is right around the corner. To sign up go to calendar on the website.

<https://fishingforlife.org/event/deep-cs-fall-retreat/>

The dates are sept 16-19. We will be staying at Mount Carmel again this year. Cost is \$220 which includes accommodations, all meal, worship band, and the Pilla's doing morning devotion and evening chapel. We will still have contest for someone to win the money back. To be entered just have your \$220 in by sept 1st. I will pick one winner to receive their money back.

Game Fair starts this weekend. Please use sign up links to volunteer for a shift.

Week 1- [volunteersignup.org/X9T8C](https://volunteersignup.org/X9T8C)

Week 2: [volunteersignup.org/FPPEH](https://volunteersignup.org/FPPEH)

We will be providing a night with the Twins on Sept 25th more info to come.

We will be providing a Mille Lacs boat launch on Sept 26th more details to come.

Have you ever wondered why some Christians wear a pin with a fish on it? The early Christians had an expression in Greek:

"Jesus Christ, Son of God, Savior." In the days of persecution, they abbreviated these words, using only the first letter of each word. These letters spell "ichthys," a Greek word for "fish."



God has made us His fishermen, and "the kingdom of heaven is like a net that was let down into the lake and caught all kinds of fish" (Matthew 13:47). How privileged we are to be selected as His fishermen! We have a joyful task even greater than that of the angels as we witness for Christ among people here on earth.



Few of us consider fishing a tiresome chore. We eagerly await and enjoy every opportunity to use our rod and reel. As fishermen for Christ, we should seek out every opportunity to tell others that Jesus Christ is our only Savior from sin.

Wouldn't it be great if we react as the disciples did when Jesus told them He would make them fishers of men: "At once they left their nets and followed Him" (Matthew 4:20). We too follow Jesus when we share with others the message of God's love and forgiveness in Christ.

Lord Jesus, thank You for making me a fisher of men; in Your name I pray. Amen.

**Your brother in Christ,**

**Steve**

## WILD GAME COTTAGE PIE



### INGREDIENTS

- 1 lb ground bison
- 1/2 lb elk steak, minced / thinly sliced
- 2 tbsp unsalted butter
- 3 tbsp olive oil, extra virgin
- 8 oz mushrooms, sliced
- 1 white onion, finely chopped
- 1 shallot, finely chopped
- 2 cloves garlic, minced
- 1 cup zucchini, finely chopped
- 2 tbsp flour
- 2 tbsp tomato paste
- 1 1/2 cups beef broth
- 1 cup red wine, cabernet or merlot
- 1 tsp sea salt
- 1 tsp granulated garlic powder
- 1 bay leaf

### CAULIFLOWER TOPPING

- 1 head cauliflower coarsely chopped
- 4 tbsp unsalted butter
- 1 tsp sea salt
- 1/2 cup parmesan cheese, grated
- 1 tsp dried parsley
- 2 green onions, finely chopped

### INSTRUCTIONS

1. Heat a skillet over medium heat and add 1 tablespoon of olive oil. Carefully add the cubed meat to the skillet frying until lightly browned on the edges. Add the ground game and continue cooking until done. Remove from heat.
2. Heat a large saucepan over medium heat and add butter and 2 tablespoons of olive oil. Toss in the mushrooms, onions, shallots, zucchini, and garlic cooking until the onions soften about 15 minutes.
3. Sprinkle flour over the vegetables and stir to coat. Whisk in the beef broth, tomato paste and red wine and cook for a few minutes. Add the browned game meat to the saucepan and season with salt and garlic powder. Add a bay leaf and reduce the heat simmering for 45 minutes or until the gravy thickens.
4. Cook cauliflower florets in a large saucepan of boiling water for 15 minutes or until tender. Remove from pan and drain. Add the cauliflower back into the pan and puree with an immersion blender or potato masher. Add butter and season with salt. Cover with a lid to keep cauliflower mash warm.
5. Pre-heat the oven to 400 degrees.
6. Pour the meat into an oven proof dish or pie pan and top with the cauliflower mash. Season the mash with Parmesan cheese and dried parsley flakes. (I also like to drizzle a little extra virgin olive oil on top). Bake for 25-30 minutes or until the topping is golden browned.
7. Garnish with chopped green onions and serve immediately.

(NOTE: This Wild Game Cottage Pie recipe will work well with any substitution of ground game meat including elk, antelope, venison, and bighorn sheep. You can use 1 1/2 pounds of all ground game meat if you prefer.)

## FishDonkey Tournament- May 1-Sept 19

If you have not already heard Deep C's Men's Ministry is running a tournament using the FishDonkey app. It is easy to join just go to your app store and download the FishDonkey app. Open the app and click on "fish in a tournament." Then search for "FFL Deep C's Total Inched Tournament." Then enter the tournament. The cost is \$30. All monies received will be paid out in cash prizes. 1st place receives 50% 2nd place receives 30% and 3rd place receives 20%. There will also be prizes for the largest fish of each species. This is a total inches' tournament so you can enter as many fish as you want but only your biggest one of each species will be recorded together in the total inches' tournament. The species are Walleye, Northern, Muskie, LM Bass, SM Bass, Crappie, Sunfish, Perch. The tournament started on May 1st and will go through the Fall Retreat ending on September 19th. Please read the rule very carefully before entering a fish.

## ANNOUNCEMENTS AND ADDITIONAL INFORMATION

### Men's Deep C's August:

- West - Aug 10 - Cabela's Rogers
- South - Aug 12 - Mercy Road Church Burnsville
- East - Aug 24 - Fractional Toys
- North - Aug 26 - Insurance Brokers 3351 Round Lk Blvd, Anoka

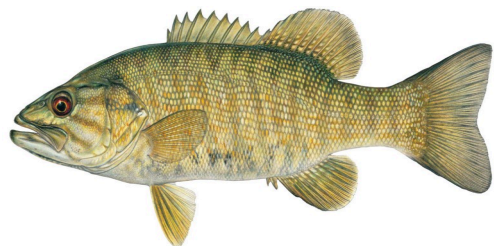
### Speaker & Topic

All TBD.



Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

Within Fishing For Life, there is a Christian ministry called Deep C's. There are five chapters active - West, South, East, North, and women's - each meeting once / month. The Deep C's meetings all begin at 6pm with a free supper. All are welcome .



### **Deep C's Leaders & Volunteers**

Deep C's Director	Steve Cruikshank
Depth Finder Editor	Daryle Hamlin
<b>West Chapter - Rogers - 2nd Tuesday</b>	
Spiritual Leader	Vaughn Blackburn
Chapter Coordinators	Kent Lillehaugen & Ron Buster
Food Coordinator	Perry Whitney
<b>South Chapter - Burnsville-2nd Thursday</b>	
Spiritual Leader	Daryle Hamlin
Chapter Coordinators	Andrew Vanhoozer Pat Adams
Food Coordinator	Shane Myrlie
<b>East Chapter - Oakdale - 4th Tuesday</b>	
Spiritual Leader	Dan Pilla
Chapter Coordinators	Randy Markey & Troy Sonnenfeld
Food Coordinator	Randy Markey
<b>North Chapter - Blaine - 4th Thursday</b>	
Spiritual Leader	Dan Pilla
Chapter Coordinators	Travis Busch & Ken Stahn
Food Coordinator	

### 2021 Theme

#### **"Launch Out"**

Luke 5:4, when he had finished speaking, he said to Simon, "Put out into deep water, and let down the nets for a catch."

Cost for membership is \$20/ year collected in February.

*Deep C's is a Christian group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently five active groups across the Twin Cities. Four for men and one for women. All are welcome!*

Depth Finder is a monthly publication for our Deep C's groups. Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to Steve or editor - Daryle Hamlin dbhamlin@gmail.com.



# 2021 EVENTS

## AUGUST

- 2-6 – High C's Day Camp #4
- 4 – IB Golf Tournament
- 6 – **Lake Event: CAST with the Anoka County Sheriff's Dept, Lake George**
- 9-13 – High C's Fish Camp @Ironwood Springs Christian Ranch
- 10 – **Pastor's Tournament with Jesus in the City**
- 13-15 – GameFair (Weekend 1)
- 14 – Rum River Canoeing
- 15-17 – High C's Catfish Camp
- 16 – Outdoor Women for Life-Kayak Event
- 20-22 – GameFair (Weekend 2)
- 29-1 – Stearn County Fair Trout Pond
- 30-2 – Lake of The Woods Pay it Forward Trip
- Aug 31 – Military Appreciation Day Minnesota State Fair

## SEPTEMBER

- 1-6 – Trout Pond Elkhorn WI
- 10-11 – Marathon Man
- 12 – Trout Pond Revive Church, Brooklyn Park
- 16-19 – Deep C's Men's Fall Retreat

## OCTOBER

- 2 – **Forest Lake/High C's Trolling for Trophies**
- 9 – FFL Fundraising Banquet
- 20 – Muskie Mayhem Event
- 23-25 – Outdoor Women for Life Retreat
- TBD – High C's Pheasant Camp
- TBD – Firearms Safety Class

## NOVEMBER

- 6-7 – High C's Deer Camp
- 11 – Veteran's Day
- 19 – Give to the Max Day
- TBD – High C's Muzzle Load Camp

## DECEMBER

- 3-5 – St. Paul Ice Fishing & Winter Show
- TBD – FFL Christmas Party
- 11 – High C's Tip Up Event
- 16 – Dark House Spearing

**BLUE = Still Looking for boat guides.**  
**Contact Sara@Fishingforlife.org**  
**612-554-6304**



# Archie's Funnies

## ***The Wise Woman's Stone***

*A wise woman who was traveling in the mountains found a precious stone in a stream. The next day she met another traveler who was hungry, and the wise woman opened her bag to share her food. The hungry traveler saw the precious stone and asked the woman to give it to him. She did so without hesitation. The traveler left, rejoicing in his good fortune. He knew the stone was worth enough to give him security for a lifetime. But a few days later he came back to return the stone to the wise woman.*

*"I've been thinking," he said, "I know how valuable the stone is, but I give it back in the hope that you can give me something even more precious. Give me what you have within you that enabled you to give me something more precious. Give me what you have within you that enabled you to give me the stone."*

*Author Unknown*

## Pro Fishing Tips August 2021

by Dwight Nelson

Hello August! If it's not Covid or the record heat of June and July, now we have forest fires and smoke to deal with. I am thankful today that my grandson's first trip to the BWCAW turned out well and he is still excited about back-packing. Guess who he will be asking to go with him next time?!



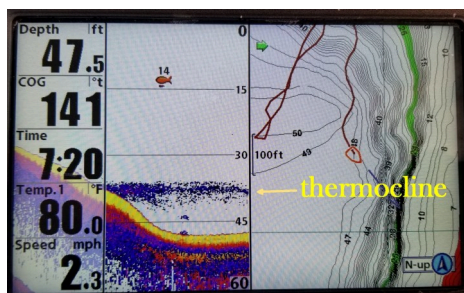
I have a couple of simple reminders for you this month. They kind of go without saying but I guess we all need to be reminded once in awhile.

1) If you are planning on using bait, use fresh bait and make sure they are still alive! I brought some leeches with last trip out and they stunk by the time I got on the water. That didn't work so good. I decided to use the crawlers I had brought and found out they must have been left out of the fridge. You probably know what they looked like. So I went with crankbaits!

2) "If they're not there, they're not there." In talking to and keeping an eye on some pro guides who get out every day, I've come to realize that I spend too much time in the same spot looking for fish. The key I think is to move around and to move often enough to check a number of new/old areas in the same trip out.

3) A friend says (of fishing for walleye): "If you're not on the bottom you're not catching fish". That's probably true most of the year except right now. Walleyes are spread out and all up and down the water column as are crappies.

4) Watch the thermocline and fish just above it. Pictured here is the thermocline I saw last week (end of July).

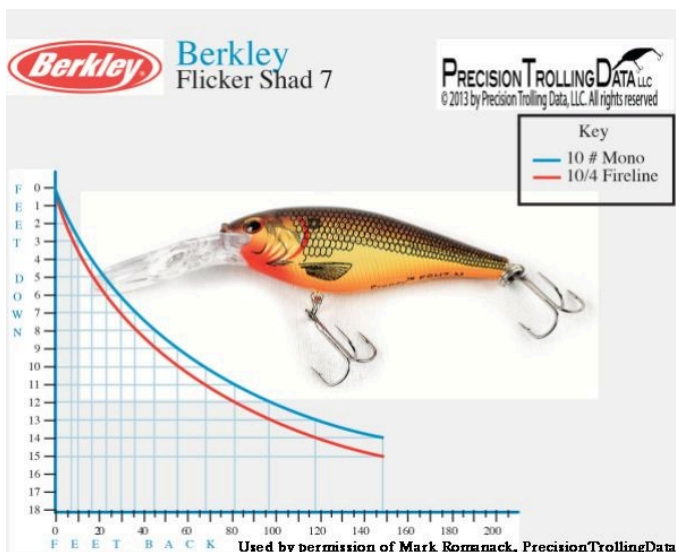


If you want to fish the bottom (or the thermocline) you need to know if your lure is on the bottom or where it is. This time of year you can cover a lot of water by pulling crankbaits. While I have come to appreciate jigging and pulling lindy rigs around, there is nothing

like sitting back and trolling a crankbait 100' back.

There are two ways to determine how deep your crankbait is reaching. The first method is simply to let out line until you can feel your crankbait ticking the bottom. Either leave it there or reel in some line to make the lure run just off the bottom.

The second method involves looking up the crankbait on a "dive curve" or depth curve. It is very important to realize that the numbers published on lure packaging are only guides for a certain length of line out from the boat (and for a specific line. Braid will almost always allow a lure to run deeper). Almost every crankbait will run deeper with more line out but will not change depth with the speed of the boat.



Shown here is the depth the excellent Berkley Flicker Shad 7 will run at a specified length of line out (feet back). At 35' of mono out, this lure will run 7' deep (8' with braid). With 115' of mono out it will run 13' deep (14' with braid).

Another interesting example is the Rapala DT- series. While the DT-10 is suppose to "Dive To" 10 feet, it runs 10' with 20' of line out but runs 20' deep with 100' of line out! Many if not most lures have a similar "dive curve". To take the guess work out, Precision Trolling made an app that tells you the details for your situation and crankbait. The app has hundreds of lures and is updated as new ones come out. Thanks to Mark Romanack of Precision Trolling Data for allowing me to print the above example. I hope this helps explain what your lure is doing back there and where it is!

Blessings and Tight Lines!

Dwight Nelson (dpnelson50m@gmail.com)



## August Special Needs Column

Hello from the Directors Desk and welcome to August I hope everyone had a good 4th. A few months ago we looked at different ways people with disabilities could get out and be active with mother nature we started with Lets Go Fishing and learned what they do. Now we turn our attention towards a group that I am apart of called Capable Partners. According to the website [https://www.capablepartners.org/content.aspx?page\\_id=0&club\\_id=695646](https://www.capablepartners.org/content.aspx?page_id=0&club_id=695646) Their mission is to provide opportunities for personal growth and independence for physically challenged persons and able bodied partners through participation in fishing, hunting, and related outdoor activities. And their values are focused on helping individuals realize their potential.

- Promoting ethical hunting and fishing
- Enhancing relationships with family and friends.
- Creating more accessible opportunities.
- Increasing the number of people, we serve.
- Building the organization from within.

I've done some pretty cool stuff from a fishing trip up on Rainy Lake with my dad to my first handicapped Deer Hunt also with my dad. To even going Paragliding for the very first time.



You name it I experienced it and I encourage you to do the same. Just some notes before I say good-bye until next month.

I am still on the lookout for speakers for all four men's groups so if you have a request for one or want to talk to our other friends or even if you have something that

you want to learn about through my Depth Finder I want to hear from you reach out to me by email at [mn\\_bugger@yahoo.com](mailto:mn_bugger@yahoo.com) or call or text me at 612-500-7005 I look forward to hearing from you.

Handicapped Director, Tyler Pinor





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Several color patterns and styles to choose from. To order, visit:

<https://moveu.us/stores/fishingforlife>

You can also get a Deep Cs logo embroidered on a shirt of your choice - ask Steve.

Got an item or service to advertise  
Contact Steve or Daryle  
(dbhamlin@gmail.com)



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### Dan Pilla's Small Business Tax Guide

The Complete Guide  
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Featuring How-to Information  
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Daniel J. Pilla

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Deep C's hats available at all Deep C's meetings for \$10. Each chapter has their own color hat.



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