

# FISHING FOR LIFE

www.fishingforlife.org www.facebook.com/fishingforlife

# THE DEPTH FINDER

Luke 5:4—"Put out into the deep and let down your nets for a catch." - Jesus directs us if we listen.

VOLUME 7, MAY

A Communication for Deep C's Members

May 10, 2021

# **DEEP C'S DIRECTOR - STEVE CRUIKSHANK**

Hello all.

Just returned from my annual trip to Sitka Alaska. Mike Mudgett says hi to everyone. This year I went with Dennis Carpenter, Mike & Brian Stilwell, Dave Johnson, and Bob



Bennett. We did not get to go last year due to covid,



so this year was really anticipated by all. We ended up catching King Salmon, Yellow Eye, Short Rakers, Ling Cod, Black Cod. Rock Fish and Halibut. We each brought home close to 100 lbs. of fish. The first 3 days were nice. Hardly any wind and 1-to-2foot seas. That allowed us to go Black Cod fishing.



The reason you can only fish them during calm seas is because they live in 1200 to 2000 ft. We use electric reels and 3 circle hooks on each line. The line must be as straight up and down as possible so you can tell when there is a bite. So, you do not anchor you have to use a motor to keep you over your lines. When you

have a bite, you push the reel up button till you hear the reel bog down. Then you know you have a fish on. We then let the line ao to the bottom and try to repeat the process a total of 3 times. When you think you have 3 fish on you can push the reel up button and the reel will automatically reel up the fish. The reel up process takes about



15 to 20 minutes depending how deep you are fishing. The next 2 days really blew with 8-to-10-foot seas. We still caught fish but no where near as fun as the first 3 days.

We arrived in Minneapolis at 11:30 pm. We got our bags and headed to the exit. There were 2 Minneap-



olis police officers standing at the exit doors. I asked them what time they get off duty? They replied 6:30am. I asked if I gave them some frozen Halibut could they keep it cold until they got off work? They said they would think of something. So, I opened one of my boxes of fish and gave each one of them a package of Halibut. About 2 pounds. They were



overly excited and said thank you several times. I said that I appreciated what they were doing and thanked them for their service. I told them there were still people who support them. In the future I plan to pay it forward to as many Police Officers as I can.

Your brother in Christ,

Steve



# ANNOUNCEMENTS AND ADDITIONAL INFORMATION

# Men's Deep C's May:

- West May 11 Cabela's Rogers
- South May 13 Cancelled Mercy Road
   Church not available
- East May 25 Fractional Toys

North - May 27 - Insurance Brokers
 3351 Round Lk Blvd, Anoka



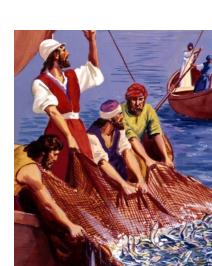
<u>Doug Groen</u> -C-map cards, New elite locators, Ghost trolling motors.

Tim Winterhalter



Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

Within Fishing For Life, there is a Christian ministry called Deep C's. There are five chapters active - West, South, East, North, and women's - each meeting once / month. The Deep C's meetings all begin at 6pm with a free supper. All are welcome.



## 2021 Theme "Launch Out"

Luke 5:4, when he had finished speaking, he said to Simon, "Put out into deep water, and let down the nets for a catch."

Cost for membership is \$20/ year collected in February.



Deep C's Leaders & Volunteers	
Deep C's Director	Steve Cruikshank
Depth Finder Editor	Daryle Hamlin
West Chapter - Rogers - 2nd Tuesday	
Spiritual Leader	Vaughn Blackburn
Chapter	Kent Lillehaugen
Coordinators	& Ron Buster
Food Coordinator	Perry Whitney
South Chapter -Burnsville-2nd Thursday	
Spiritual Leader	Daryle Hamlin
Chapter	Andrew Vanhoozer
Coordinators	Pat Adams
Food Coordinator	Shane Myrlie
East Chapter - Oakdale - 4th Tuesday	
Spiritual Leader	Dan Pilla
Chapter	Randy Markey &
Coordinators	Troy Sonnenfeld
Food Coordinator	Randy Markey
North Chapter - Blaine - 4th Thursday	
Spiritual Leader	Dan Pilla
Chapter	Travis Busch &
Coordinators	Ken Stahn
Food Coordinator	

Deep C's is a Christian group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently five active groups across the Twin Cities. Four for men and one for women. All are welcome!

Depth Finder is a monthly publication for our Deep C's groups. Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to Steve or editor - Daryle Hamlin dbhamlin@gmail.com.

#### High C's Fish Camp Updates

"We will not hide them from their children, but tell to the coming generation the glorious deeds of the LORD, and His might, and the wonders He has done." Psalm 78:4

For the theme this year, we will be discussing God's Sovereignty and man's responsibility, taken from Luke 5:4-6 "And when He had finished speaking, He said to Simon, 'Put out into the deep and let down your nets for a catch". With this theme, and the meat of this verse, we will speak with the campers of the importance of trusting Jesus and His wisdom in all areas of life, even during those times when it doesn't make sense.

Within our fishing camps, we continue to provide a safe place for deep fellowship of kids and guides, try to foster long-term relationships, and demonstrate the gospel through word and action. We don't know if the nation will ever return to "normal", as it once was, but we have the assurance that Jesus will never change, no matter the circumstance, He can always be trusted, His return is very soon, and that is what we want most to convey to the campers.

As we are anticipating our MN governor to relax current Covid restrictions, we have plans to hold these 13 camps this summer:

June 7-11: Day Camp #1 (metro lakes)--open
June 10: Disability Camp #1 (Medicine)--full
June 14-18: Day Camp #2 (metro lakes)---open
June 17: Disability Camp #2 (Medicine)--full
June 20-25: Green Lake (overnight)--full
June 28-July 2: Leech Lake (overnight)--full
July 6-9: Day Camp #3 (metro lakes)---open
July 14-18: Adult/Child (overnight)--open
July 26-30: Camp Fish (overnight)--full
July 27-Aug 1: BWCA (overnight)--open
Aug 2-6: Day Camp #4 (metro lakes)--open
Aug 9-13: Ironwood Springs (overnight)--full
Aug 15-17: Catfish (overnight)--open

May 18<sup>th</sup> is our annual camp guide training. We are meeting from 5:30-9p. May 24<sup>th</sup> is our CPR/First Aid training. We are meeting from 4-9p, at Mercy Road Church, 12156 Nicollet Ave, Burnsville.

We praise God for all who have stressed an interest in being a guide this summer. He has provided all we need to run the summer fish camps. We are thankful to these men and women who have made this commitment.

To register for one of our open camps or for the training, please contact our registrar: Caroine@fishingforlife.org.

Vaughn Ps. 37:4 Camp Director NextGEN Director 763-308-5434

# Pro Fishing Tips May 2021

by Dwight Nelson

Welcome to spring! After a seemingly long hard water season we are finally at open water season again. I for one am really looking forward to it.

So what is coming up? Crappie season is here and

walleye/northern pike season will be opening in MN in a few days. If you just can't wait, head over to WI. Their walleye season opened May 1. The MN season doesn't open until May 15. The DNR even seems to feel guilty about such a late start with this prominent message on their web site: "Fishing seasons open for walleye, bass, northern pike and lake trout on Saturday, May 15. This year's date is the latest possible opener under Minnesota statute, which sets the fishing opener as the Saturday two weeks prior to the Saturday of Memorial Day weekend." OK! There you have it!

### **Crappies:**

I have come to believe that temperature is the single most important factor in fishing. Crappies start spawning at 55-57°F. The range is wide with an upper limit of around 75 degrees. Once water has warmed above 50°F, crappies will start moving from deeper water into shallow water. While some anglers think that is for spawning, it is really for chasing food which tends to move toward the warmer (shallow) water. If the weather is stable, crappies will stay shallow longer.



While hard to find, you might run across sites that show water temperature via satellite. In this graphic from May 3 of Lake Minnetonka, you can see the North side of Wayzata bay has warmed significantly (light blue) vs. the rest of the main lake body.

Some friends have an interesting dilemma this time of year at their cabin. For some reason, crappies like their dock and spawn under it. My friends would try to fish around the dock or between it and the boat trying not to let anyone else on the lake see them. They've gotten away with it for years!

If you read fishing columns that tell you to fish shallow dark bottoms, the reason is because the sun's rays will heat up that part of the lake a little more. The north side of the lake usually gets a little more sun this time of the year and warms accordingly. Even a 1 degree difference will make all the difference in the world for crappies. If you have your choice of lakes, look for one that is perhaps not the clearest. Those will warm faster as well. GoogleEarth will show you that but the U of M has a web site that shows water clarity by satellite: <a href="https://lakes.rs.umn.edu/#27013300">https://lakes.rs.umn.edu/#27013300</a>



Fish with Flu Flu jigs, jigheads with small plastics (like Clam Makis), a small crappie minnow or even a plain red or pink hook. Start shallow and go deeper if you don't find 'em.

#### Walleye:

Walleye is undoubtedly my favorite species to fish for in May and June. Water temps have now risen to post-spawn levels (above 50°F). (Water temps are tracking last year's temps, perhaps even a bit cooler.)

You might find large females shallow; more likely you will find males still hanging around spawning areas. Since the water is still a bit cooler, slip bobbering is a great way to approach walleyes in May. I love using jumbo leeches since panfish typically don't bother them unless they are really on the attack!

Jigging with a fathead minnow or even better a shiner is a great way to approach walleyes too. Keep in mind the water is still on the cool side so slow down the presentation a bit. That is not to say walleyes won't go after blade baits. Pull them back to the boat slowly with a steady cadence. They are effective especially in stained/murky waters. They put out a ton of vibration.

If you can't wait until opener, head to Pensaukee, WI. They're catching 16-20" average walleyes pulling Flicker Shads or crawler harnesses 6-10' down.

Blessings and Tight Lines!
Dwight Nelson (dpnelson50m@gmail.com)

# May Special Needs Column

Greetings from the director's desk I hope April was good to you. Over the past few months, we have been learning about pro fishermen and getting their stories. Last month we dove into Kevin Van Dam and hopefully you learned a thing or two from him. This month its time to learn about a guy who is featured on KFAN FM 100.3 every Saturday morning during Fan Outdoors - Tackle Terry Tuma. According to https://www.fishinghalloffamemn.com/hall-offamers/terry-tuma/ Terry Tuma was Born in 1942 in Northfield, Minn., Terry Tuma was destined to be one of the most prolific outdoor communicators the Upper Midwest has ever known. At age 4, Tuma began joining his parents for outings on nearby lakes, sometimes when the water was open and just as often when the water was frozen. Tuma likes to share with audiences the story of his father using an ice spud to create fishing holes. He would start with a 3-foot square on the top of the ice and end up with a 6-inch hole on the bottom.

Raised on a farm, Tuma graduated from Northfield High in 1960, joined the Army during the Berlin Crisis, and when he returned home, he decided to get involved in outdoors communications related to fishing. Fortunately for Tuma, his new job at a car dealership allowed him some flexibility and he began offering seminars and calling into segments on local radio stations.

More than 40 years ago, Tuma took a pro-staff position with a fishing tackle manufacturer and began doing seminars and radio. Twenty-seven years ago, he decided to take his part-time program and turn it into a full-time career and he went to work for Glenn Meyer at Outdoor News.

In Tuma's early days there was no model for those pursuing an occupation as an outdoor communicator. Individuals like Ron Lindner, Gary Roach and Terry Tuma eventually set the standard that defines this line of work. In one of his early seminars for Larry's Live Bait in St. Paul. Tuma shared the stage with Ron Lindner, and they used a flipchart to illustrate their message. Tuma's program progressed to a slide projector to project images on a screen. The presentations became a bit more complicated with overhead projectors and now computers with video and animation. What Tuma has discovered is that over the years anglers who attended his seminars appreciated the clean, informative presentation, and all they really wanted was the information to be understandable, easy to grasp, and specific. Today, according to Tuma, we're seeing a shift in how anglers get their information, yet there are anglers who still enjoy getting out and attending seminars and in-store promotions, especially if you have a good presentation, you can still draw a crowd. Tuma has proven this even today. At the ice fishing show Tuma draws crowds of more than 200 anglers. This year he filled Minneapolis and Milwaukee sportshows seminar auditoriums. Over the 40-plus years Tuma has conducted seminars he conservatively estimates he has done more than 4,000 presentations.

Tuma has never limited his outdoor communications program to just seminars. He has been on the forefront of ra-

dio and today participates in segments for over 40 affiliates including Outdoor News Radio and FAN Outdoors. At least two of his current affiliates have been with him for his entire career; that's over 40 years.

Tuma has been featured on many television shows and currently can be seen regularly on Minnesota Bound and Due North Outdoors.

Print media has also been a staple of Tuma's program. For



the past 25 years he has been part of Outdoor News, and he has published a weekly tip. Tuma has also been featured in many major publications including In-Fisherman and North American Fisherman.

They say you can't teach an old dog new tricks, but that is not true of Tuma. He currently incorporates today's new media options into his program by writing a regular blog on the Outdoor News website that is also linked to Facebook and a Twitter feed.

Asked if he'll ever quit trying to educate anglers, Tuma replies he is having too much fun to slow down. He is still pulling more than 200 anglers to his ice fishing seminars at the St. Paul show and fills seminar auditoriums all over the Upper Midwest.

While Tuma may have decided early on that he would focus on the Upper Midwest and southern Canada, today's unlimited range of web-based media and his frequent appearances on national television programs has projected his influence far beyond these boundaries. According to Tuma, there are still many anglers who want to learn and they will use every tool at their disposal to gain that information. It is his goal to provide those tools.

Tuma has been, and still is, a pioneer in outdoor communications. He has introduced programs that never existed until he brought them to the forefront. Tuma is indeed a great candidate for induction, and he fits the profile of someone who belongs in the Minnesota Fishing Hall of Fame.

So I hope you enjoy this read because I sure did. What would you like to learn about in June? Contact me and let me know.

Stay happy and healthy and I will visit with you in June.

Handicapped Director, Tyler Pinor

#### **GARLIC HERB GRILLED SALMON**



Garlic Herb Grilled Salmon - moist and juicy salmon with garlic, herbs, olive oil and lemon marinade. This is the best grilled salmon recipe ever and takes only 8 minutes on gas grill.

#### HOW TO GRILL SALMON?

Summer is just around the corner and I have the best grilled salmon recipe for you. I am sure you have grilled shrimp, chicken, and steak but how to cook salmon on gas grill?

I will teach you exactly how, from the cuts of salmon to use, marinade and rub to grill time. This grilled salmon is one of the best salmon recipes ever!

#### HOW TO SEASON SALMON FOR GRILLING?

For moist, juicy, and tender salmon, use the following grilled salmon marinade.

Olive oil. It seals in the juice and moisture inside the salmon.

Minced garlic rids potential fishy smell.

Herbs such as Italian basil and parsley. Both herbs impart an earthy aroma to the fish.

Lemon juice.

Salt and ground black pepper.

Grilled salmon marinade in a white bowl.

Marinate for no longer than 30 minutes. The acid in the lemon juice will "cook" and turn the surface of the salmon opaque or white in color, as if it had been cooked with heat.

You can also use my homemade dry rub to rub the spice blends onto the fish before grilling. The result will be equally delicious.

Healthy and best grilled salmon recipe with lemon, garlic, herbs, and olive oil, with juice oozing out from the grilled salmon fillet.

#### FREQUENTLY ASKED QUESTIONS

#### WHAT CUT OF SALMON TO USE?

I used second cut, as pictured above. Second cut is a meaty section of salmon. The fillet is great for most cooking methods but hold up particularly well to grilling. Salmon top loin or loin are also excellent choices. Grilled salmon fillet poked by a fork, revealing the juicy fillet.

#### SALMON GRILL TIME

How long to cook salmon on grill? For second cut salmon in this recipe, I grilled at the temperature of 350°F, with the skin side down for 4 minutes uninterrupted. Flip the salmon over and cook for another 4 minutes. The length of time depends on the thickness of the fish. You can also rely on visual cues. As soon as the white stuff starts to ooze or seep out from salmon, it is cooked.

The white stuff is called albumin, or coagulated protein. Albumin gets pushed out of the muscle fibers of salmon as it cooks, rising to the surface and forming the white "gunk."

#### CAN I GRILL SALMON IN FOIL?

Yes, you can! The salmon will cook beautifully and stay moist, but it won't have the chars and smoky flavors.

## CAN I USE A PAN TO GRILL SALMON?

Absolutely. You can place the salmon on a cast-iron grill pan and place it on top of a gas grill to cook the salmon. You can also cook it on the stove top by using a grill pan.

#### HOW MANY CALORIES PER SERVING?

This recipe is only 228 calories per serving.

#### WHAT DISHES TO SERVE WITH THIS RECIPE?

This meal is best served with a sauce such as dill sauce or a dipping sauce like Asian sweet chili sauce. This dish also goes well with many side dishes.

## Here are Prayer & Praise submissions for April. 2021.

### From April 6, 2021

# **Compiled From FF Life Staff**

Praise & Grateful for Resurrection weekend.

Prayers for all the move-stuff coming up! Getting things prepped & organized & moved & done well. Josh: prayers for continued spiritual growth and spiritual leadership this summer; also grateful for

live, corporate worship.

Sara: grateful her VW is running! Also prayer for healing with back issue; continued prayers for cousin- 1/4 of the way through chemo treatment.

Jen: grateful for a good week for the family!

Grateful for the way Jen is caring for so many of the needs for Turkey Camp!

Ang: prayers for continued connections & deeper relationships with the youth at church (as a youth group leader).

Steve: grateful that Dave Johnson is done with his treatment- continued prayers for his healing and his wife's; continued prayers for son, job, life direction.

Prayers for Clancy's recovery from Covid.

Prayer & Praise for Deep Cs this week!

Grateful for a wonderful trip to Rainy River w/ guys' group

Prayers for Kent Lillehaugen, who lost his mom, and prayer for peace for Kent's dad, MeRoy.

Prayers for housing for Linda & Corissa

Vaughn: grateful for the time of worship & fellowship over resurrection weekend.

Vaughn: thankful for Rich Matthiason who got his boat up and running for the season!

Vaughn: prayers for brother-in-law, Dan (58) recently hospitalized, they are working through diagnostics on his brain at Mayo.

Chad: prayer for peace & understanding in loss of friend recently to suicide, former military.

Prayers for the family please & the friends of Todd who will be dealing w/ his loss.

Jim Ryks: Grateful & thanks to Vaughn for his time to talk about a few things that came up after our last Deep C's meeting.

#### From April 12, 2021

## **Compiled From FF Life Staff**

Steve: Thankful for new job opportunities for both his sons. Grateful for the trip to Rainy River.

Thankful for his 29" Walleye catch!

Tom: Grateful for Rainy River escape. Grateful for time with kids.

Vaughn: PTL for the past week: great BOB meeting for Radiothon. Great representation for turkey talk.

Jen: Grateful for positive weeks, growth in family!

Josh: Prayers for his surrounding Minneapolis community, especially in the coming weeks. Grateful for safety thus far.

Ang: Grateful for rays of hope with the youth in my life! Relationships are growing & expand-

ing. :) Grateful for the other mentors in my son's life.

Continued prayers for Kent & MeRoy & their family after the loss of Kent's mom.

Morin Kids, Christian & Blue Sky! We are so grateful to welcome them into the FFL fold. Prayers for our good mentorship & that we will be able to serve them well!

#### From April 21, 2021

Praise & grateful that Fishing for Life has the new website live.

## (Continued)

#### From April 27, 2021

### **Compiled From FF Life Staff**

Josh: Grateful for having a boat for the summer now! Prayers for transition into summer with workwanting to be able to keep both jobs- or make preparations; prayers for clarity. Continued prayers for spiritual guidance, disciplines, & taking up worship music again!

Ang: prayers to balance all of "new life!" And I'm so grateful for the people I work with: Steve, Josh, Sara, Vaughn, Tom, Jen, .... I love this tribe. Prayers for taking on new volunteerism at church! Vaughn: so grateful for the Blackburn weekend- 7 kids & 8 grandkids home this weekend! Prayers to catch up on sleep. :D

Sara: prayers for healing of plantar fasciitis- SOOOOON; Thankful for Radiothon success! Jen: Grateful that the family is all doing well this week, prayers for finishing the school year out. Grateful for the Turkey camp experience this past weekend!

Praise for all the donors we are all sooooo very grateful for the over \$53,000 that has been raised so far rom the BOB FM Radiothon on 4/22.

Prayers for Steve to be safe traveling & during & return safe, and be refreshed & enriched during his time in Alaska!

Grateful for the Success of turkey camp!!! Wonderful. Volunteers, kids, chaperones, etc.

Prayers for crappie contest this week, preparation, participation!

## Other requests:

Prayer for our State & Country leaders & release of wisdom for making decisions that glorify God. Prayer for blessings on all volunteers & their families that make Fishing for Life a successful ministry. Prayer for all Fishing for Life ministries to impact & bring people to know & develop a relationship with Jesus.

#### **Events:**

Prayer for planning & organization of the FF Life annual banquet & fundraiser.

Praise for Deep Cs Men's groups as they continue to meet, fellowship & bind together.

Prayer for growth of each of the FF Life ministries.

You can submit your Prayer & Praise requests to: <a href="mailto:PrayerPraise@fishingforlife.org">PrayerPraise@fishingforlife.org</a>

# **Break Line Fishing**

Break Line Fishing is an amateur league based in St. Paul, Minnesota. BLFL is a multi-species fishing league that is enjoyed by anglers of all ages and all levels of fishing experience. It is intended to be both fun and educational.

For more information, contact Travis Busch tbusch79@gmail.com, 763-269-0181

# Wanted Running or Dead Outboards

Now buying old running or non running outboards, chainsaws and ice augers. Send me a text, call or email to let me know what you have. Also picking up (in the northern metro only) lawnmowers, snowblowers and other small engine equipment for a small recycling fee (\$ 5.00).

LeRoy Gruwell 612-619-0884 or <u>recyclingroy@gmail.com</u>

# 2021 Calendar

Events / Dates are subject to change or to being cancelled. FFL will update the online calendar as the events become confirmed / changed.

#### May

1-Crappie Contest Fishing For Life-Special Invite

13-18-Governor's Fishing Opener

16- Westwood REI Cleanup

24–CPR/first aid training for guides

#### June

7-11-High C's Day Camp #1

10–High C's Disability Evening Camp-A, Medicine Lake

11-13(TBD)-Mille Lacs Boat Launch

14-18-High C's Day Camp #2

17-AFFFC at Lake Minnetonka

17–High C's Disability Evening Camp-B, Medicine Lake

20-25–High C's Fish Camp @Shore's of St. Andrew

28-Jul 2-High C's Fish Camp @Leech Lake

#### July

6-9-High C's Day Camp #3

10-Medicine Monster Lake Event

14-18–High C's Adult/Child Camp @ Miracle Bible

Camp

17–St. Croix River Canoeing with Wayne Jacobson

19-22 - IMF Chaplains

26-30-High C's Fish Camp @ Camp House

27-Aug 1-High C's BWCA with Wayne Jacobson

29 - Military Chaplains Evening

31 -Lake Marion Lake Event

#### **August**

2-6-High C's Day Camp #4

4-IB Golf Tournament

6-Lake Event: CAST with the Anoka County Sher-

iff's Dept, Lake George

9-13-High C's Fish Camp @Ironwood Springs

Christian Ranch

10-Pastor's Tournament with Jesus In The City

14-Rum River Canoeing

15-17 -High C's Catfish Camp

30-2-LOTW Pay it Forward Trip

## September

1-6 - Trout Pond Elkhorn WI

10-11-Marathon Man

16-19-Deep C's Men's Fall Retreat

#### October

2-Forest Lake/High C's Trolling for Trophies

9-FFL Banquet

TBD-Muskie Mayhem Event

#### **November**

6-7-High C's Deer Camp

11- Veteran's Day

19- Give to the Max Day

#### **December**

TBD-FFL Christmas Party

11 (tentative)-High C's Tip Up Event

16- Dark House Spearing

# DEPTH FINDER SPONSORS / WANTED & FOR SALE



## **Fishing For Life Shirts:**



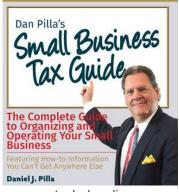
Several color patterns and styles to choose from. To order, visit:

https://moveu.us/stores/fishingforlife

You can also get a Deep Cs logo embroidered on a shirt of your choice - ask Steve.

Got an item or service to advertise Contact Steve or Daryle (dbhamlin@gmail.com)





www.taxhelponline.com

Deep C's hats available at all Deep C's meetings for \$10. Each chapter has their own color hat.



