



FISHING FOR LIFE

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THE DEPTH FINDER

Luke 5:4—"Put out into the deep and let down your nets for a catch." - Jesus directs us if we listen.

VOLUME 7, MARCH

A Communication for Deep C's Members

MARCH 8, 2021

DEEP C'S DIRECTOR - STEVE CRUIKSHANK

Hello All,

The Winter Retreat at Mount Carmel was a great success. I really like the accommodations and the food was amazing. We enjoyed a full rack of ribs with twice baked potatoes and pop overs Friday night and Prime rib with scalloped potatoes and peach pie on Saturday night. There were 14 of us who participated. Brian Stilwell was the winner of the Cribbage tournament Friday night. Not a lot of big fish caught, but we hammered the perch. I was able to catch a 35" northern on a tip up in 22' of water on Lake Mina. Ken Stahn caught a 15" Walleye on Osakis. Thanks to Vaughn for the great devotions on Friday and Saturday.



I wonder what Jesus saw in those fishermen He called to be the first of His disciples. Was there something about them that made them special? Nothing in Scripture seems to indicate they were anything but ordinary men doing their best to earn a living. Jesus knew that. He knew they were simple fishermen and did not know the first thing about catching men. Jesus knew they would have a lot to learn, and that they would learn by watching and listening to Him. He knew that when they would get into trouble, He would be right there. Jesus chose those men not based on anything special about them, but knowing they were in the hands of a Savior who loved them, who would never leave them, and who would show them the way.

Continued on next page

Jesus has chosen you to be a fisher of men as well. Did He choose you because of your expert skills? Did He choose you because He knows you are someone special? No! He chose you because of who He is, a Savior who loves you and who is continually about the business of molding you and shaping you to be more and more like Him. We are just ordinary people, made extraordinary by the Holy Spirit who is at work within us. When we mess up, Jesus is right there for us to call upon. As we watch and listen to Him through His Word and grow in our understanding of who He is as we follow Him. He shows us how to love and serve others. He shows us how to be fishers of men.

Prayer: Heavenly Father, thank You for choosing me. Thank You for Jesus, my Savior, and my teacher. Thank You for being right there offering the gift of forgiveness when I lose my way and mess up. By the power of Your Spirit at work in me, help me to love and serve others, and in so doing, make You more recognizable to the world around me. In Jesus' Name. Amen.

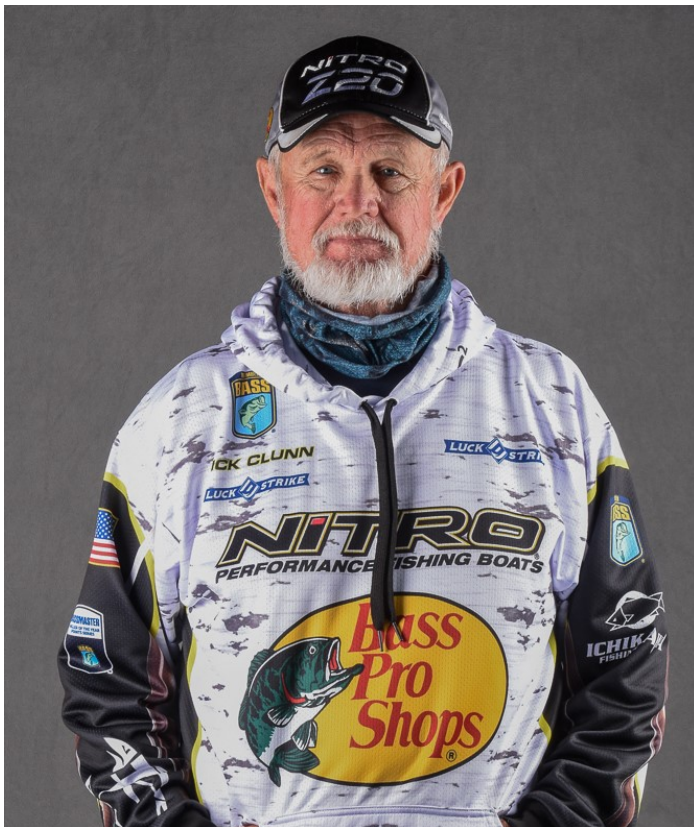
Your brother in Christ,

Steve

March Special Needs Column

Spotlighting Rick Clunn

Hello everyone I hope February was good to you and you enjoyed the Holes 4 Heroes event I definitely did! This month we continue our study session of looking at more inspiring people such as fishermen, maybe athletes or even public figures. This month I have a fishermen for you - lets dive into Rick Clunn. According to Wikipedia Rick



Clunn was born July 24th of 1946 he's a professional fishermen who won the Bassmaster Classic Tournament four times 1976 1977 1984 and again in 1990. He's tied with Kevin Van Dam for the most Bassmaster Classic wins.



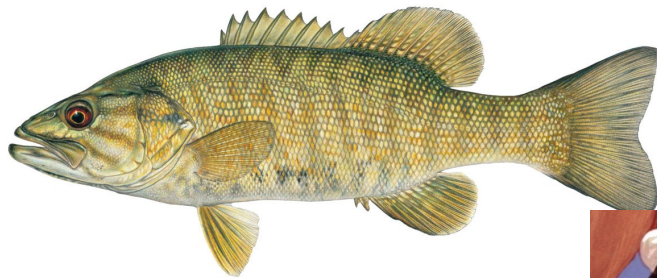
They consider Rick Clunn as one of the best anglers of all time placing in the top ten in over 100 tournaments. He won 17 of those in 1988 and he was named angler of the year by the BASS organization in 2001 he was inducted into the Bass Fishing Hall of Fame. On February 12th of 2019 Clunn beat his own record as the oldest angler to win a Bassmaster Elite Series event he was 72 years old. On the final day of competing on the St. Johns River Clunn caught two Largemouths both 9 plus pounds to solidify his win. So simply put Rick Clunn is one of the best in the sport of fishing. Have a good month and stay well and happy and I will talk to you in April. - https://en.wikipedia.org/wiki/Rick_Clunn

Handicapped Director Tyler Pinor

ANNOUNCEMENTS AND ADDITIONAL INFORMATION

Men's Deep C's March:

- West - March 9 - Cabelas Rogers
- South - March 11 - Mercy Road
- East - March 23 - Fractional Toys
- North - March 25 - Cruikshank's



Speaker & Topic

At this time all speakers are TBD. Watch the email invite for more information.



Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

Within Fishing For Life, there is a Christian ministry called Deep C's. There are five chapters active - West, South, East, North, and women's - each meeting once / month. The Deep C's meetings all begin at 6pm with a free supper. All are welcome .

2021 Theme

"Launch Out"

Luke 5:4, when he had finished speaking, he said to Simon, "Put out into deep water, and let down the nets for a catch."

Cost for membership is \$20/year collected in February.



Deep C's Leaders & Volunteers	
Deep C's Director	Steve Cruikshank
Depth Finder Editor	Daryle Hamlin
West Chapter - Rogers - 2nd Tuesday	
Spiritual Leader	Vaughn Blackburn
Chapter Coordinators	Kent Lillehaugen & Ron Buster
Food Coordinator	Perry Whitney
South Chapter -Burnsville-2nd Thursday	
Spiritual Leader	Daryle Hamlin
Chapter Coordinators	Andrew Vanhoozer Pat Adams
Food Coordinator	Shane Myrlie
East Chapter - Oakdale - 4th Tuesday	
Spiritual Leader	Dan Pilla
Chapter Coordinators	Randy Markey & Troy Sonnenfeld
Food Coordinator	Randy Markey
North Chapter - Blaine - 4th Thursday	
Spiritual Leader	Dan Pilla
Chapter Coordinators	Travis Busch & Ken Stahn
Food Coordinator	

Deep C's is a Christian group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently five active groups across the Twin Cities. Four for men and one for women. All are welcome!

Depth Finder is a monthly publication for our Deep C's groups. Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to Steve or editor - Daryle Hamlin dbhamlin@gmail.com.

Free Military Couples Christian-based Marriage Retreat

Miracle Lodge in Stewartville, MN

April 16-18, 2021

Register at:

IronwoodSprings.com See Registration details below

Currently Serving or Veteran Military Couples are Welcome!

The lodging along with all meals and snacks are included

Sorry, no children for this event

Dress is casual, but no jeans for a Sat. evening romantic dinner.

This event is held in the \$4 million dollar Miracle Lodge-

A log cabin lodge - each couple has a private room with bathroom and mini-refrigerator.

All rooms are wheel chair accessible and wheel chair accessible showers upon request.

Friday, April 16th

Check in after 2 p.m. until 6 p.m.

Come early and hike around the ranch

See the Wild Animal Zoo, the Camel and Horses

Casual dinner of Sloppy Joes, etc. at 5 p.m. in the Main Lodge.

Meet other couples

Classes begin on Friday from 7 p.m. to 9:30 p.m.

Agenda will include classes on:

- Building a Strong Foundation for Marriage • Benefits and Power of Praying Together
- Communications • Keeping Love Alive
- Conflict Resolution
- *We will also offer additional optional classes:*
- Love Languages • Family of Origin impact on your marriage
- Grace and Forgiveness • How Pornography can Harm your Marriage

We will have couple table discussion opportunities and other activities to allow you to openly share and discuss ideas and issues we raise. There will be note paper on each table to allow couples to submit questions anonymously following each class.

We hope to have campfires at night, possible horse ride or zip line, weather permitting.

Along with other fun activities, Renewal of Vows in the Log Chapel and travel home about Noon on Sunday.

Register ONLINE: *IronwoodSprings.com* - Online registration will ask for \$25 which is refundable when you arrive for the event.

Click **Programs-** then **MILITARY**, Scroll down to select **Married Couples Retreat**.

Click on **Register** On-line for **Operation Welcome Home** Click on **Marriage Retreat April 16-19**.

OR Send Your Reply to: Terry Branham (terrybranham46@outlook.com) with you and your spouse names, email address and phone number

Please, If you must cancel attending after registering - call or email Terry or the Miracle Lodge ASAP to allow us to make room for other couples as space is always tight.

Break Line Fishing

Break Line Fishing is an amateur league based in St. Paul, Minnesota. BLFL is a multi-species fishing league that is enjoyed by anglers of all ages and all levels of fishing experience. It is intended to be both fun and educational.

For more information, contact Travis Busch
tbusch79@gmail.com, 763-269-0181

Archie's Funnies



Here's to the fish that I may catch,
So large that even I,
When talking of it afterward,
Will never need to lie.

Fishing is worth any amount of effort and any amount of expense to people who love it, because in the end you get such a large number of dreams per fish.

- Ian Frazier, The Fish's Eye

Pro Fishing Tips

March 2021

by Dwight Nelson

NOP

No I did not mean Nope. NOP is the DNR acronym for Northern Pike. It seems February was the month for pike – big pike.



At the Holes for Heroes event on Medicine Lake, Chris Ray pulled in this nice 29” northern pike. We



thought that would be big enough to win the prize but someone pulled in a 30 at the south end of the lake!

A week later I was with friends on the south end of the lake and we pulled in 2 northern in the 27” range (from the same hole no less). I filleted one of the northern (with nose clips on – it didn’t smell all that

good!). But wow did it taste good grilled. My little secret: I baste northern and walleye fillets in butter, then sprinkle Lawry’s Seasoning Salt on them, then grill them at 400-450F.

Then, at the winter retreat Steve Cruikshank got the very nice northern pictured in his column. Ice season is over for Northern Pike now, but keep it in mind for next ice season. We have some great NOP lakes close by.

Open Season

So what season is open right now? My wife says “It is always open season for something.” She’s right. Inland trout fishing is still open (until March 31) and can be fun for getting kids on the ice, as we did yesterday. While the kids we took out yesterday didn’t catch any trout, they saw some swim by on the camera and had fun catching sunnies. It was a great day to be on the water.

Crappies are still open and come end of April, beginning of May, some dandies can be found. If you get an urge to get the boat out, remember that walleye season is continuous on Ole Miss (eg. Pool 4).

Reminder!

Please remember that our fishing licenses expired at the end of February so if you have not done so please get your new fishing license sooner than later. Also keep in mind that the DNR has changed the process for “spouse” fishing licenses. Your spouse will now have to be present in person to get the blue plastic license. You can get a paper copy by creating a separate account for your spouse online, but frankly that process is a little bit messed up right now.

Finding Lakes

With summer fishing seasons coming up soon, you may want to take some time to find a new lake to explore. The best way I have found to do this is by using the DNR Lake Finder. For several thousand fishable lakes in Minnesota the DNR has created a vast amount of data that can be explored. See <https://www.dnr.state.mn.us/lakefind/index.html>.

The DNR Lake Finder has contour maps and fisheries surveys for most lakes in the database. You can find lakes that have for instance high walleye catch rates (High CPUE) or the average length of pike and perch. Some of the reports are older while a lot are newer; most have great information.

DNR

Speaking of the DNR, our Minnesota DNR employs dozens of trained Law Enforcement Officers (LEO) specially trained as Conservation Officers (formerly called Game Wardens). They put their lives on the line every day in the protection of our waters and forests.

A friend of mine, Jeff Halvorson, never wanted to be a LEO. In fact, if he hadn’t become a Game Warden, he would have become an elementary school teacher. He brought those skills with him to the DNR and over the years in the Brainerd lakes area has fostered education and married that with enforcement. One day, he showed up with a sidearm, an AR in the front seat and a shotgun in back, wearing camo. He was on an unpleasant mission – investigating poaching on the lake I was fishing on. He does not like surveillance but it came with the job. So next time you run into a CO, keep in mind they all have a tough job. Minnesota has lost some great COs in the line of duty.

Blessings and Tight Lines!

Dwight Nelson (dpnelson50m@gmail.com)

PHEASANT POT PIE



Ingredients

2 pheasants (2-1/2 pounds each)
4 cups water
1 medium onion, quartered.
1 garlic clove, minced.
2 tablespoons lemon juice
1-1/4 teaspoons salt
1/2 teaspoon pepper
1/4 teaspoon Worcestershire sauce
1/8 teaspoon ground nutmeg
3/4 cup all-purpose flour
1 jar (16 ounces) pearl onions, drained.
1 package (10 ounces) frozen peas
1-1/2 cups sliced carrots
1 jar (2 ounces) sliced pimientos, drained
1/4 cup minced fresh parsley
Pastry for single-crust pie

Directions

In a large saucepan, place the pheasants, water, quartered onion, celery and garlic; bring to a boil. Reduce heat; cover and simmer for 1 hour or until tender.

When cool enough to handle, remove meat from bones; discard bones. Cut meat into bite-sized pieces; set aside. Strain broth, discarding vegetables. Measure 3-1/2 cups broth and place in saucepan. Add the lemon juice, salt, pepper, Worcestershire sauce and nutmeg. Remove 1/2 cup and stir in flour. Bring broth in saucepan to a boil. Add flour mixture; boil 1 minute or until thickened and bubbly.

Add the pearl onions, peas, carrots, pimientos, parsley and pheasant. Spoon into a 2-1/2-qt. baking dish. Roll pastry to fit dish; place over meat mixture and seal edges to dish. Cut small steam vents in crust. Bake at 425° for 35-40 minutes or until bubbly and golden.

Nutrition Facts

1 each: 578 calories, 17g fat (6g saturated fat), 131mg cholesterol, 778mg sodium, 53g carbohydrate (10g sugars, 4g fiber), 52g protein.

Here are Prayer & Praise submissions for Feb. 2021.

From Feb. 9 th, 2021

Compiled From FF Life Staff by Angela Koch:

Prayer for the release of the Jesus message this weekend with & to campers.

Prayer for the first Women's Group meeting coming up! (Slated for March)

Praise & Thank you to God, for the ice You're making now!

Praise & Thanks for the completion of Vaughn's home projects!

Vaughn giving praise & thanks for so many special dates coming up.

Prayers for Deep Cs West group.

Angie- so thankful to be a new part of FFL org.

Angie- thankful for son (Lincoln's) continued heart-softening and openness to God.

Praise & thankful for great weather on the 20th for upcoming H4H events!

Sara- thankful for a car that starts, and for close-by family!

From Feb. 23 rd, 2021

Compiled From FF Life Staff by Angela Koch:

Prayers for Kate - Dave's wife, in the hospital

Praise for this past weekend at H4H! Went off with nary a hitch!

Praise for 13 lakes & so many, many opportunities to share Jesus with attendees and build connections.

Praise & Thankful the technology aspect worked so well - so thankful for Greg!

Sara is grateful for sister's brother doing well with his struggles.

Prayers for Sara's cousin Erica, battling stage 4 ovarian cancer.

Praise & Grateful for a great meeting with TPC last week.

Praise & Grateful for a great meeting with Bob.

Prayers for the winter retreat this weekend, safe travel and safety on the ice (15+ guys).

Angie- grateful for God's overwhelming provision on all levels for self & son.

Tom- prayers for his family... life stressors & pressure and how the kids are being impacted.

Prayer for the 500,000 families who have been affected by Covid deaths.

Prayers for our country, our economy, getting people back to work, opening up business.

Prayers for opening up schools, safety of teachers, administrators & students.

Prayers for companies making the vaccines & getting vaccines to those who need.

Josh- prayers for him as he takes on new work responsibilities in serving at FF Life.

Prayers for Josh, release of wisdom on the possibility of moving & the timing of the move.

Praise for Kent Lillehaugen's dedication & his servant heart in the FF Life org.

Other requests:

Praise for all the sponsors at the H4H lakes

Prayer for our State & Country leaders & release of wisdom for making decisions that glorify God.

Prayer for blessings on all volunteers & their families that make Fishing for Life a successful ministry.

Prayer for all Fishing for Life ministries to impact & bring people to know & develop a relationship with Jesus.

Events:

Prayer for planning & organization of the FF Life annual banquet & fundraiser.

Praise for Deep Cs Men's groups as they continue to meet, fellowship & bind together.

Prayer for growth of each of the FF Life ministries.

You can submit your Praise & Prayer requests &/or Praises to: PrayerPraise@fishingforlife.org

2021 Calendar

Events / Dates are subject to change or to being cancelled. FFL will update the online calendar as soon as they have confirmed dates in place.

May

1–Ron Schara Crappie Contest (tentative)
6-11–Governor’s Fishing Opener
TBD–Reel ‘Em In - Emma B. Howe YMCA
TBD–High C’s Wilderness Safety Training
TBD–Reel Girls Fish Event Lake Marion in Lakeville
22—Fishing in Zimmerman

June

TBD–Reel ‘Em In at Thorne Bros w/Deloitte
TBD–Mille Lacs Boat Launch
4-5–MN Fishing Challenge for MN Adult & Teen Challenge
7-11–High C’s Day Camp #1
TBD–AFFFC at Lake Minnetonka
TBD–High C’s Disability Evening Camp-A, Medicine Lake
14-18–High C’s Day Camp #2
TBD–High C’s Disability Evening Camp-B, Medicine Lake
20-25–High C’s Fish Camp @Shore’s of St. Andrew
28-Jul 2–High C’s Fish Camp @Leech Lake
TBD–High C’s Superior Hiking Trail

July

TBD–Trout Pond at Interlachen
6-9–High C’s Day Camp #3
TBD–High C’s Disability Evening Camp-C, Medicine Lake
10–St. Croix River Canoeing
11-16–High C’s Fish Camp @ Camp House
TBD–Medicine Lake Monster
21-25–High C’s Adult/Child Camp @ Miracle Bible Camp
26-30–High C’s Camp Fish @ Camp JIM
28-Aug 1–High C’s BWC

August

2-6–High C’s Day Camp #4
4–IB Golf Tournament
TBD–Lake Event: CAST with the Anoka County Sheriff’s Dept, Lake George
TBD–Game Fair (1 of 2 weekends) Trout Pond
9-13–High C’s Fish Camp @Ironwood Springs Christian Ranch
14–Rum River Canoeing
10–Pastor’s Tournament with Jesus In The City
TBD–Game Fair (2 of 2 weekends) Trout Pond
TBD–LOTW Pay it Forward Trip

September

10-11–Marathon Man
TBD–Gold Star Weekend with Ironwood Springs Christian Camp
16-19–Deep C’s Men’s Fall Retreat
TBD–Metro Mold Private Event

October

TBD–Forest Lake/High C’s Trolling for Trophies
TBD–Muskie Mayhem Event

November

6-7–High C’s Deer Camp
11– Veteran’s Day
TBD– Give to the Max Day

December

TBD–St. Paul Ice Show 2021
TBD–FFL Christmas Party
11 (tentative)–High C’s Tip Up Event

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Fishing For Life Shirts:



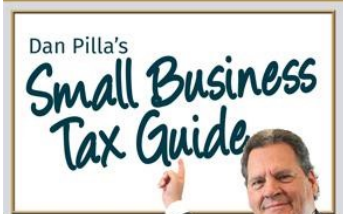
Several color patterns and styles to choose from. To order, visit:

<https://moveu.us/stores/fishingforlife>

You can also get a Deep Cs logo embroidered on a shirt of your choice - ask Steve.



Newsletters sponsored by **Cold Creek Construction**, a Twin Cities New Home Builder & Remodeler for 20 years. Check them out at www.coldcreek-construction.com. Paul Wagner, the owner of Cold Creek, is an avid fisherman, and active in Fishing For Life's ministries.



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(dbhamlin@gmail.com)

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