



FISHING FOR LIFE

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THE DEPTH FINDER

Luke 5:4—"Put out into the deep and let down your nets for a catch." - Jesus directs us if we listen.

VOLUME 6, SEPTEMBER

A Communication for Deep C's Members

SEPTEMBER 7, 2020

DEEP C'S DIRECTOR - STEVE CRUIKSHANK

Hello All,

No regular Deep C's meetings in September due to the Fall Retreat. We will go back to regular meetings in October.

If you have not signed up for the fall retreat yet there is still time. We have close to 60 signed up so far and quite a few on the maybe list. (Still working out the details) It looks like we will have a record number in attendance this year. I want to let everyone know that we will have a total submersion baptism service on Sunday after regular service. If you are interested, please let me know ASAP.

There will be a multi species tournament with trophies and prizes that will run from Friday Morning 8am till Saturday evening 6pm. This will be an individual tournament where the largest fish in each category will be recorded by length. The winner will have the most total inches combined. You must be back at Mount Carmel each night by 6pm. You may go back out after chapel on Friday if you want.

Thursday

Arrive and register from 4 to 6 pm.

6:00 pm Dinner

7:00 pm tournament rules

7:30 Chapel

8:00 pm Cribbage tournament

Friday

7:00 am breakfast & pack bag lunch

7:30 am chapel

8:00 am out fishing

6:00 pm dinner

7:00 pm Chapel

Categories are:

- Largemouth Bass,
- Smallmouth Bass,
- Northern,
- Muskie,
- Walleye,
- Crappie,
- Sunny,
- Perch,
- 1 Rock Bass as a bonus fish

Please arrive between 4-6 pm. I will have a registration banner out so please stop and register first. The accommodations are a lot like Big Sandy (very nice). Beds with sheets and pillows and towels will be provided. If you would like the same room, please let me know. If you have any questions, contact Steve at 763-228-1193. See you there.

Your brother in Christ,

Steve

Saturday

7:00 am breakfast & pack bag lunch

7:30 Chapel

8:00 am out fishing

6:00 pm Dinner

7:00 pm Chapel

8:00 pm awards ceremony

Sunday

8:00 am breakfast

9:00 am Chapel

10:00 am Baptism

Noon check out and head for home

Our theme this year is "Abide in Me" I thought you might like this song by Chris August.

"Abide In Me"

Abide in me, abide in me
Send Your Holy Spirit, come and abide in me
Whatever it takes, create in me the space
Make my heart a place designed for Thee
Lord, come and abide in me

Abide in me, abide in me
Spirit of truth, come and abide in me
You came to compensate,
now the price has all been paid
With the life You freely gave at Calvary
Lord, come and abide in me

Seas could be raging but I'll overcome
And wars could be waging but I'll overcome
No, I won't be shaken if I know You're the one
That's turned my heart into Your home

Into Your home
Lord, I give up
I'm giving You the space
I'm breaking down the walls

And calling this Your place
I confess I've been living for the world
Take it all away
I just need You to come, Jesus
Come, Jesus

Abide in me, abide in me
Without You I have nothing,
come and abide in me
Come and restore what You made me for
You waited at the door now here's the key
Come and abide in me

Seas could be raging but I'll overcome
And wars could be waging but I'll overcome
No, I won't be shaken if I know You're the one
That's turned my heart into Your home

Raise me from my grave, Lord, break the stone
I'm giving You my heart to call Your own
Come and abide in me

September Special Needs Column

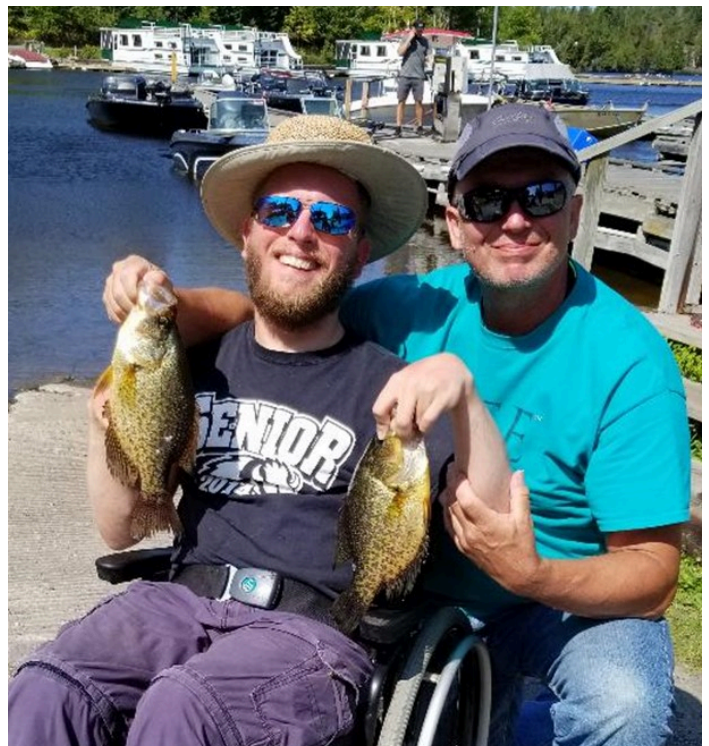
Greetings to everyone

Back in August through a group called Capable Partners which is a group that does hunting and fishing for people with disabilities I took a trip up to Rainy Lake in International Falls I was gone from August 9th until August 12th. With two full fishing days August 10th and 11th. As a fun bet we decided to put money down for biggest fish in size I won! So that was fun and well worth it.

Shown above are my first fish of the day. We were supposed to fish the Canadian side of the Rainy Lake/river but due to Covid 19 that was not an option, but we did well. We used a service called Rainy Daze Guide Service and they did a great job I would recommend checking them out. If you want something fun to do go see them for yourself. https://rainydazeoutdoors.com/website_2018/

See you in October,

Handicapped Director Tyler Pinor



Rainy Daze Guide Service with Tyler

RainyDaze GUIDE SERVICE
RAINY LAKE, MN

ANNOUNCEMENTS AND ADDITIONAL INFORMATION

No regular Men's Deep C's meetings in September due to the Fall Retreat. We will go back to regular meetings in October.



Women's Deep C's



I am so happy to announce our first ever " Deep C's Women's Ministry", in the North Metro Area. Deep C's is a ministry under the umbrella of Fishing for Life. Our sole purpose is to share in the good News of Jesus Christ through outdoor programs.

We will meet on the 3rd Monday of each month in the Forest Lake Area. Here we will make new friendships, enjoy a meal, have devotion and make our plans for the great outdoor adventure that would interest us all to do as a group. This can be anything from fishing, target shooting , kayaks, canoeing, hiking and much more.

We are invited to volunteer also at Fishing for Life events and just sharing a common bond in Christ. I am excited to launch this new adventure so

please come join me . I look forward to meeting each and every one of you. Feel free to contact me for more information at my email address pmurr9156@gmail.com

God Bless Always,
Patti Murray

Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

Within Fishing For Life, there is a christian ministry called Deep C's. There are five chapters active - West, South, East, North, and women's - each meeting once / month. The Deep C's meetings all begin at 6pm with a free supper. All are welcome .

2020 Theme

"Abide in Me"

John 15:4 - "Abide in Me, as I also abide in you. No branch can bear fruit by itself; it must abide in the vine. Neither can you bear fruit unless you abide in me."

Cost for membership is \$20/ year collected in February.

Depth Finder is a monthly publication for our Deep C's groups.

Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to the editor or Steve.

*Editor: Daryle Hamlin
dbhamlin@gmail.com*

Deep C's

Deep C's is a Christian group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently five active groups across the Twin Cities. Four for men and now one for women. All are welcome!

Pro Fishing Tips Sept 2020

by Dwight Nelson

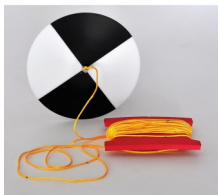
Originally this column was going to be on salmon fishing along the North Shore of Lake Superior. September and October can be red hot months for salmon fishing on our great North Shore. Because of the interest in Lake Carlos with the retreat coming up, we will focus on Lake Carlos and surrounding lakes this month and then focus on salmon fishing in the October column.



Background

Lake Carlos is a 2605 acre lake that is part of the Alexandria chain of lakes. It has a maximum depth of 163 feet and forms the headwaters of the Long Prairie River. In spite of significant development on the lake, it has low nutrient and pollution loading. This is the result of being downstream from several other lakes which tend to filter the water before it gets to Lake Carlos. Low phosphorus levels also result in lower algae growth. Thus the lake is able to support both emergent and submerged vegetation.

Diminished nutrients also mean slower growth rate for curly leaf pondweed which has been established in the lake. Note too that zebra mussels which also have been found in the lake may contribute to the great water clarity. Secchi disk readings of over 20 feet have been recorded with a weedline at 20-25'.



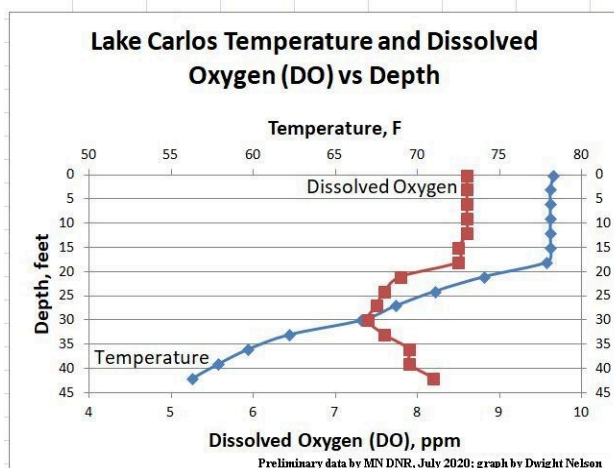
Right: United Scientific secchi disc with 72' of line used for recording water clarity.

While Carlos is viewed as a bass-panfish lake, northern pike and large walleye (fewer in number) are present. The deep cold water areas support large schools of Cisco.

Preliminary data from a sampling by the DNR this past July (2020) indicate the following (mean wt, mean length): walleye (2.7#, 18.7"), Northern Pike (2.0#, 20.8"), Largemouth Bass (0.9#, 11.7"), Smallmouth bass (2.1#, 15.7"). You may also find Redhorse (mean 2#), Dogfish (mean 4 1/2#), sucker (mean 2#) as well as other panfish and river type fish. (Do Dogfish really bark when caught?)

Fishing Lake Carlos

When fishing a lake in the fall always consider the thermocline, if there is one. In Lake Carlos, since the water is so clear, the thermocline, if it is there could be anywhere from 30-45' down. Oxygen levels in Lake Carlos are good enough to support fish all the way down to 50'.



You can see from the graph above that while the July 13 temperature dropped off markedly below 20' deep, the oxygen level stayed well above that needed for fish to 50'. By October, the O₂ levels at 45-60' will have dropped to close to 2 ppm – not enough for most fish (MNPCA).

Find the bulrushes on the north end of Carlos for some good fishing. Smallmouth like smaller baits so try jigs, inline spinners; anything that looks like a crayfish in neutral colors. Plop frog baits right on the lily pads if you find them and toss senko rigged baits and worms right under those docks. I also like using Zara Spooks, Norman D22s and twitching jerk baits like Rapala's Husky Jerk.

If you decide to go deep consider this. Last summer, John Figi won the Champions Tour Bass tourney on Carlos in June (at Mt Carmel) by fishing and staying on schools of LM bass in 14-20' of water. He got all 68 fish (116#) by using drop shots and jig worms. What works the weekend of the retreat will all depend on *temperature* and the *wind*!

July 1st of this year Tim Olson was trolling cranks at 30' in 110 FOW (Feet Of Water) for walleye when a 24" Rainbow trout hit his crank. This is very unusual for Lake Carlos and a bit of a mystery but some stocking was done decades ago. Read on if you are bent on walleye fishing.

Troll the middle if you dare for Cisco and possibly walleye that are waiting to ambush them. The Cisco will be traveling in large schools you should see on sonar. Go no further than 300-400 yards off the dock to 120 FOW and look for them 50-60' down. I'll send the first person to catch a Cisco a Rapala lure if you email me a picture.

Other Lakes

With a half a dozen lakes you can navigate to, you have a number of options. Trailer up and go to Miliona too for a shot at muskies (10% are over 50") and walleye. In the clear water you might have to consider night fishing. Running out of space. Good luck.

Blessings and as always "Tight Lines"
Dwight Nelson (dpnelson50m@gmail.com)

FRIED FROG'S LEGS RECIPE

For all those of you out there that have always wondered how to prepare frog legs here is simple recipe for delicious frog's legs that are breaded with cracker crumbs and cornmeal, then fried in oil.

Ingredients

- 24 each frog's legs, skin removed
- 1 (4 ounce) packet saltine crackers, crushed
- 1 cup all-purpose flour
- ½ cup cornmeal
- 1 teaspoon minced onion
- 2 teaspoons salt
- 1 tablespoon ground black pepper
- 2 large eggs
- ½ cup milk
- 2 cups vegetable oil for frying
- 1 cup peanut oil for frying

Preparation

1. Rinse the frog's legs and pat dry; set aside. In a large resealable bag, combine the saltine cracker crumbs, flour, cornmeal, onion, salt and pepper. Shake to mix. In a shallow bowl, whisk together eggs and milk.
2. Heat the vegetable oil and peanut oil in a large skillet over medium-high heat. The oil should be about 1/2 inch deep.
3. Dip the frog's legs into the milk and egg, then dip into the cracker mixture until evenly coated. Carefully place them in the hot oil. Cook until golden brown on each side, about 5 minutes per side. If the legs start to brown too quickly, reduce the heat to medium. Drain on paper towels before serving.



Archie's Funnies

Pet Fish

A woman is walking on a beach in Texas carrying two Redfish in a bucket. A game warden walks up and asks to see her fishing license.

"I don't have a fishing license," says the woman.

"You know it's illegal to fish without a license, right?" asks the warden.

"I wasn't fishing, officer. These Redfish are my pets."

"Your pets?"

"Yes, officer. They like a little exercise, so when the weather's fine, I take them to the water and let them swim around. Once they're done, I give them a whistle and they jump back into my bucket and we head home."

The officer isn't buying a word of it, so the woman says, "Don't believe me? Watch!" and she throws the fish into the sea.

The warden waits for a minute then says, "Alright, now whistle to your fish and make them jump out of the water."

The fisherwoman turns to the officer and says, "What fish?"



Submit your favorite jokes for future issues.

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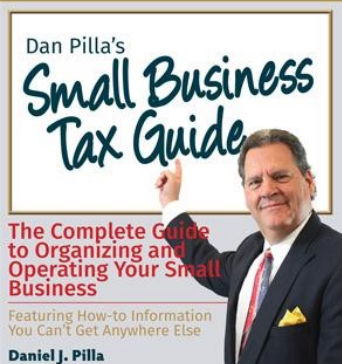
You can also get a Deep Cs logo embroidered on a shirt of your choice - ask Steve.

Got an item or service to advertise
Contact Steve or Daryle
(dbhamlin@gmail.com)



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 Daniel J. Pilla

www.taxhelponline.com

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