



# FISHING FOR LIFE

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## THE DEPTH FINDER

Luke 5:4—"Put out into the deep and let down your nets for a catch." - Jesus directs us if we listen.

VOLUME 6, AUGUST

**A Communication for Deep C's Members**

AUGUST 8, 2020

### DEEP C'S DIRECTOR - STEVE CRUIKSHANK

Hello all,

Well, summer is flying by at record pace and I hate to say it, but there will be snow soon. I have been to Adult / Child Camp and have done several day camps. I have also had the opportunity to fish with some of you as well. So, I have been blessed to get out fishing a few times. It's never enough, right?

I want to tell you a little about the FFL Deep C's Men's Fall Retreat. Some of you may remember our first Fall Retreat held at Elbow Lake Lodge. Here is a group pic of those who attended.

date. This year will be our second year there and it is shaping up to be another great year. Jesus in the City band will be back again along with Mike & Dan Pilla as the main chapel and devotion leaders. If you attended last year and would like the same accommodations just let me know. This year we will again do the early bird drawing. If you get your \$220 payment in by Sept 1 you will be entered into a drawing where one lucky person will get there \$220 back. Here is the link to sign up. Hope to see you there.

### Abide In Me

This year our theme verse is John 15:5 "I am the vine; you are the branches. If you abide in Me and I in you, you will bear much fruit; apart from Me you can do nothing."

I really like this verse because it reminds me to live my life with God. I know I can live in this world without God I have done it in my past, but I now know I would much rather live with God in my life. Remembering back to the days when I lived with the belief that if it was going to be it was up to me. Ever heard that before? It made sense to me that if I wanted something in my life to change, I would have to be the one who got it done. I never asked God what He

wanted for my life. I never thought He even cared. I just did whatever made me feel good Sex, Drugs and rock n roll. I did it all. Even though I didn't ask God to be in my life I believe



This year marks our 10th anniversary. We have been to several different resorts over the years, but I really believe Mount Carmel is our best fit to

He was. I never hit rock bottom like some, but had my share of failures during those years.

I remember when I asked God to come into my life. It happened just before I got married while I was attending an engaged encounter weekend with Jan. It was more spiritual than I was comfortable with, but I had to do it if I wanted to get married in the church. I remember at the end of the weekend the couple that was assigned to Jan and I asked me how they could pray for us. I had no idea what to say as no one, at least from what I could remember, had never asked me that. I blurted out the first thing that came to mind and it was for me to become closer to God. I believe at that moment is when my walk with God started. It was a slow walk at first, more like a crawl. We all have to start somewhere and that was mine. I have grown a lot spiritually these past 30 some

years more so in the last 10 years. It seems to me that's how God works in our lives. The ground is cultivated, the seed is planted, the seed is watered, the seed grows to maturity, and bears fruit. Each step takes time and everyone is on their own journey so everyone's journey is a little different, but all on this journey get to be the branch that is pruned by God to bear the best fruit.

I love telling our camp kids about how much better it is to have God in your life. I really believe teaching the young to live their lives with God is the key in turning this world around.

Your brother in Christ,

Steve

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## August Special Needs Column

Greetings from the Director's Desk I hope you had a Good July and had a chance to hit the water and do some fishing. Back in July I told you about special needs fishermen Clay Dyer and all his challenges he went through to become the big-name fishermen he is today. Do you ever say I want to be just like Clay and go fishing with my physical challenges? Well now you can because of the person in the spotlight this month. Kris Kristufek runs a company called Lake Lady Custom Rods where he builds custom fishing rods as unique as you are and each rod is fitted to your individual measurements.

Kris began his passion for rod building over 60 years ago in the sand points of Kansas as age and maturity took over and it was time to retire but he still wanted something to do. Recently I had the chance to go see Kris and have a rod designed just for me he is a great guy who will make you laugh, and he might even say let's go have lunch! Here is the link for Kris at:

<https://lakeladyrods.com/>



Before I go here is your humor for the month.

A tourist drives along the shore of the Dead Sea and spots a fisherman casting his fishing rod into the water.

The tourist, surprised, stops and explains to the fisherman that no fish can live in the Dead Sea.

The fisherman said "Yes, some do. For \$10, you may sit next to me and I will show you."

The curious tourist paid the \$10 and waited patiently. After an hour, the tourist said: "hey, where are the fish? And, by the way, how many fish did you catch today?"

The fisherman answered "You are number six" I will talk to you in September.

Handicapped Director Tyler Pinor



## ANNOUNCEMENTS AND ADDITIONAL INFORMATION

### Men's Deep C's August:

- West - August 11 - Cruikshank's
- South - August 13 - TBD
- East - August 25 - Fractional Toys
- North - August 27 - IB, Anoka

### Women's Deep C's - see below:

**Speakers for August will be announced in email invites.**

**Note that in August the location for West will be at Steve Cruikshank's house; and the location for North will be at Insurance Brokers of MN - South location is still TBD**



I am so happy to announce our first ever "Deep C's Women's Ministry", in the North Metro Area. Deep C's is a ministry under the umbrella of Fishing for Life. Our sole purpose is to share in the good News of Jesus Christ through outdoor programs.

We will meet on the 3rd Monday of each month in the Forest Lake Area. Here we will make new friendships, enjoy a meal, have devotion and make our plans for the great outdoor adventure that would interest us all to do as a group. This can be anything from fishing, target shooting, kayaks, canoeing, hiking and much more.

We are invited to volunteer also at Fishing for Life events and just sharing a common bond in Christ. I am excited to launch this new adventure so

please come join me. I look forward to meeting each and every one of you. Feel free to contact me for more information at my email address [pmurr9156@gmail.com](mailto:pmurr9156@gmail.com)

God Bless Always,  
Patti Murray

Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

Within Fishing For Life, there is a christian ministry called Deep C's. There are five chapters active - West, South, East, North, and women's - each meeting once / month. The Deep C's meetings all begin at 6pm with a free supper. All are welcome.

#### 2020 Theme

##### **"Abide in Me"**

John 15:4 - "Abide in Me, as I also abide in you. No branch can bear fruit by itself; it must abide in the vine. Neither can you bear fruit unless you abide in me."

Cost for membership is \$20/ year collected in February.

*Depth Finder is a monthly publication for our Deep C's groups.*

*Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to the editor or Steve.*

*Editor: Daryle Hamlin  
[dbhamlin@gmail.com](mailto:dbhamlin@gmail.com)*

### **Deep C's**

*Deep C's is a Christian group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently five active groups across the Twin Cities. Four for men and now one for women. All are welcome!*



## REGISTRATION

**COST: \$220/person\***  
 Includes room and meals.

Sign up by **September 1st** and be entered into a drawing to win back your registration of **\$220**. Second place will receive their choice of **6lbs of Split Rock coffee** or a **\$50 gift card** and 3rd place will receive what 2nd place doesn't choose.

\* Some scholarships will be available, please contact Steve for more information.  
 Steve@FishingForLife.org | 763-228-1193

Register now -

<https://2020deepcsfallretreat.eventbrite.com>

This life-changing weekend will include fellowship, worship and of course FISHING! Consider inviting that man the Lord has laid on your heart. Mount Carmel is a year-round destination for retreats, conferences, business or family events. Mount Carmel Ministries is the peaceful destination and the chapel is a wonderful venue for our worship & devotional sessions. Accommodations include bedding and all meals. Great cabins with bedding provided. Breakfast, bag lunch and dinner will all be provided by the retreat center.

Bring your skills to be named the "Best Fisherman" for 2020!

## SCHEDULE

*Please arrive by 5pm to get checked-in and get ready for Dinner.  
 Please let Steve know if you won't be there by this time.*

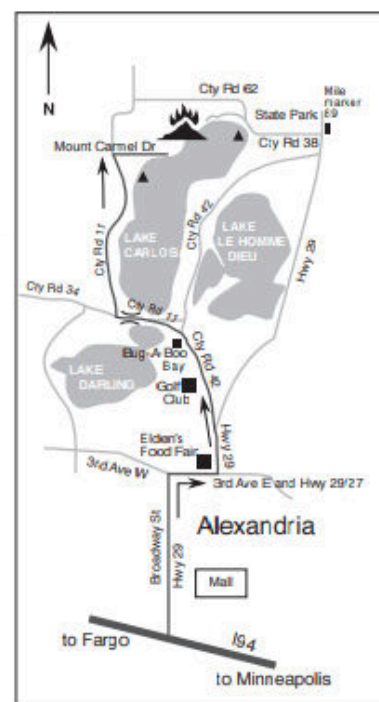
**Thursday, Sept. 17th**  
 6pm Dinner & Fellowship  
 Cribbage Tournament

**Friday, Sept. 18th**  
 7am Breakfast  
 7:30am Chapel  
 Head out on the lake  
 Bag Lunch for on the boat  
 6pm Dinner  
 6:30pm Chapel

**Saturday, Sept 19th**  
 7am Breakfast  
 7:30am Chapel  
 Head out on the lake  
 Bag Lunch for on the boat  
 6pm Dinner  
 6:30pm Chapel

**Sunday, Sept. 20th**  
 7am Breakfast  
 7:30am Chapel  
 Baptisms  
 Head for Home

A mask will be required in public areas.  
 Please bring your mask or optional face covering.



The Deep C's Fall Retreat is a highlight that I look forward to each year. I look forward to the quiet. When we are out in the boat on an early morning, it is easy to connect with God and appreciate all the blessings that we have. The loons are calling and a mist is slowly rising off the lake. I greatly appreciate being able to share moments like this with other Christian men. But, it is not all quiet. We gather around the supper table every evening to share stories and reconnect. The worship provides and opportunities to hear God's word. The speakers always share very relevant messages. The praise team is awesome! I hope that you can join us again this year.

Blessings,

Travis Busch



## Pro Fishing Tips

Hey everyone! How's your summer going? So what do you think about this summer's weather?! It was hot in June and now in August it looks like it might be cooler.

With water temperatures in the St. Croix River over 85°F the first week of July\* you know lake temperatures are going to be warm, especially in shallow bowl shaped lakes. So where are the fish and how to find them? Trolling is one technique to cover the water fast.

This month I'd like to share one of my most favorite fishing techniques to date. That would be long line trolling with braid line. I especially love doing this at night close to shore, chasing those elusive walleye that are coming in close to shore to feed. If it is one comment I have been reading and hearing this past month most often it is "I wish I had been in shallower water".

Start with your basic 6-7' medium to medium-heavy rod but make sure you have 10-15# or even 20# braid on your reel. A baitcaster reel with a line counter (the Daiwa SG27 is perfect, but any line counter reel works fine). It is helpful to calibrate your line counter ahead of time as the reel will not show the number of feet of line out. That will depend on how much line you have on the reel and the design of the reel.

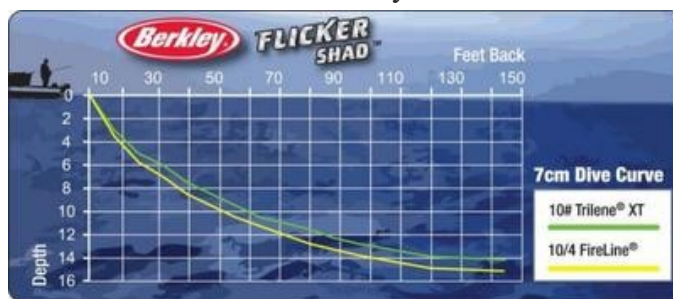
If you are going to be trolling at night, it is helpful to traverse the same pathway that you will be using during the day so you can set/show a "breadcrumb" trail on your depthfinder. This way you can mark or note any potential hazards for night trolling such as docks that stick out, weeds or submerged rocks.

This method allows you to use a number of different types of lures. The beauty of this technique is that even if you have 100 ft of line out, most of the time you can shake weeds off easily by just giving the rod a short quick snap forward. On an active lure, you will feel the vibration and every bump on a rock. You will even feel fish hit your lure at 100 feet out! Even a small leaf on one of the hooks will give a different "feel". With mono (or even fluorocarbon) line, with a stretch of 20-30 feet at that distance, you will feel nothing.

Keep in mind too you do not have to go 100' out. Consider pairing this technique with the depth dive curves as shown below. Dive curves like this are available for hundreds of the most popular, past and present, lures.



It is a common misconception that lures dive to a specific depth and stay there, but that not the case. Almost without exception (even with the Rapala DT or "Dives To" lures), their depth depends on the line used and how far back they are from the boat.



For the Flicker Shad above, start out at 50' of line out in 10' of water. Move to 100' of line out in 14' of water, etc. With braid, you will be able to feel the lure hitting the bottom. Experiment with different lures, even slowing down to 1 or 1 ½ MPH with your trolling motor. You can make original Rapala floating lures skim the surface and dive down a few feet every time you sweep the rod tip forward. Husky Jerks, X-Raps and other jerkbaits can be effective this way too, holding themselves in the water column as you move forward.

Pair all of this with planer boards for real stealth operation and you will have a technique that is an awesome weapon for walleye, northern pike and bass.

Tight lines and God Bless...  
Dwight Nelson

\* Use the USGS pages to study river temperatures and water levels. The gauges for Stillwater on the St. Croix can be found at:

[https://waterdata.usgs.gov/mn/nwis/uv?site\\_no=05341550](https://waterdata.usgs.gov/mn/nwis/uv?site_no=05341550)

# Fishing for Life & Amigos of NHLC Event

Submitted by Marson'CHRIS' Rinkenberger

A BIG Thank You to ALL who volunteered their time & energies to make this event VERY successful. On Thursday, July 23, 2020 at Lake Josephine in Roseville, from 4 Pm to 8 Pm, Fishing for Life hosted a special Amigos event. Boat guides & 8 boats lined up to take the Amigos group fishing. Approx. 35 people (Amigos, NHLC staff, FFL staff & volunteers) attended. The evening was filled with God's BLESSINGS: sunny weather & comfortable temps, great fishing & tubing on the lake, safety, fellowship on the shore & in boats, along with a great meal of walking tacos, watermelon, desserts of cookies & ice cream sandwiches. A number of Pike were landed (23", 25", 24" & 29" the biggest) & also caught were crappie & many sunfish. The 4 Pike were all caught by a father & son team in the boat guided by Dan Archambault (neither the father or the son had ever caught a fish before). Needless to say they were both very happy. A sunny shootout was held for the kiddos before the evening ended & was won by a young boy, fishing from the dock. We were & are Abundantly Blessed by God every day.

Last year 2019, Fishing for Life hosted the Amigos group on a boat launch at Mille Lacs Lake. Many walleyes of various sizes were caught & released. The largest walleye was a 28-1/2".

Amigo de Cristo (Friends of Christ) is North Heights Lutheran Church's outreach ministry to Latino families in our community. Most of the families live in North Star Estates mobile home park in Little Canada near Rice Street and 694. Amigos families include many one parent and low income homes. Our normal outreach includes children's ministry on Thursday evenings at our Roseville campus (Rice and County Rd. C). The church provides free bus transportation and dinner, a program including Bible teaching and worship, gym time and small group crafts, teaching and prayer. Special events such as Christmas, Valentines and Easter gathering draw in the adults as well. Our church bread ministry provides free bakery items each week.

North Heights Lutheran Church financial supports the ministry of Fishing for Life.



## RECIPE

### Ingredients

Boned breasts of 4 sharptail grouse or prairie chickens  
12 ounce can ginger ale  
1 sweet green Bell pepper  
1 medium yellow onion  
8 strips bacon  
1 teaspoon salt  
1/2 teaspoon black pepper  
1 teaspoon dried leaf basil

### Preparation

Rinse and dry the boned breasts with paper towels. Pour the ginger ale into a quart-sized resealable plastic bag. Dump the breasts in and massage the bag a bit to get everything well mixed up.

Place the bag in the refrigerator for 3-4 days, turning it morning and evening to keep all the pieces of meat well mixed in ginger ale.

### Cooking

1. Preheat your barbecue to medium high, about 450°F at cooking level. Drain the ginger ale off the breasts. Dry the breasts with paper towels, and cut them into 6-8 bite-sized chunks. Cut the pepper and onion into about equal-sized chunks.
2. Arrange the bacon on 8 spits with the chunks of sharptail, peppers and onions. Start by spearing one end of the strip of bacon, then alternate the meat with vegetables. End by wrapping the bacon around the kabob, and spear it at the other end to secure it.
3. Place each kabob on the grill, cooking about 8-10 minutes total, turning 3-4 times as they cook. Spritz fat fires with a water pistol as necessary, so the fat flare-ups don't burn your dinner.
4. When the bacon is done, so is everything else. Gently push the grilled meat and vegetables off each spit onto a plate, and serve with corn on the cob.



## Archie's Funnies

A man wanted to enter an exclusive club but did not know the password that was required. He waited by the door and listened. A club member knocked on the door and the doorman said, "twelve." The member replied, "six" and was let in. A second member came to the door and the doorman said, "six." The member replied, "three" and was let in. The man thought he had heard enough and walked up to the door. The doorman said, "ten," and the man replied, "five," but he was not let in. What should he have said?

**Answer:**

Three. The doorman lets in those who answer with the number of letters in the word the doorman says.



Submit your favorite jokes for future issues.

## DEPTH FINDER SPONSORS / WANTED & FOR SALE



### Fishing For Life Shirts:



Several color patterns and styles to choose from. To order, visit:

<https://moveu.us/stores/fishingforlife>

You can also get a Deep Cs logo embroidered on a shirt of your choice - ask Steve.

Got an item or service to advertise  
Contact Steve or Daryle  
(dbhamlin@gmail.com)



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Deep C's hats available at all Deep C's meetings for \$10. Each chapter has their own color hat.



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