



FISHING FOR LIFE

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THE DEPTH FINDER

Luke 5:4—"Put out into the deep and let down your nets for a catch." - Jesus directs us if we listen.

VOLUME 6, JUNE

A Communication for Deep C's Members

JUNE 5, 2020

DEEP C'S DIRECTOR - STEVE CRUIKSHANK

Deep C's Update,

We have been meeting these last two months using the BlueJeans app. I think its going well for the most part. Now that the governor has opened things up, we will be meeting in person starting in June 2020. We will continue to use BlueJeans when we start meeting in person that way if someone cannot meet in person one month, they can still check in using the app.

The corona virus has put a damper on FFL programming this summer. All our lake events have been cancelled as well as all overnight camps for the month of June. We have come up with some creative ideas I believe to replace them. For our lake events we are doing a virtual event for three nights and then the fourth meeting will be on a lake near the participants. We will be running 3 of these for the month of June. They will be limited to 5 families and will offer specifics on panfish, bass, and northern fishing techniques. Each family will be provided a Deep C's guide for the on the water fishing date. So, as you can see, we will need a lot of you to step up and participate in the virtual events as well as taking a family out fishing. Our overnight camps will be replaced with day camps. These camps will consist of 2 campers per boat plus guide. Limited to 6 campers and 3 guides per event. The campers will be dropped off at the lake in the morning by their parents along with a bag lunch. They will fish with a guide from 9am till 3pm. Their parents will pick them up at 3pm. Again, we will need a lot of Deep C's men to step forward and support these events. If you are interested in helping or just have questions, please contact one of the staff. More info to come.



For those of you who did not get a chance to see the virtual banquet we inducted Ken Stahn into the Fishing for Life Hall of Fame for 2020. Ken has been a wonderful asset to FFL. For the last 12 years He has been a boat guide at almost all lake events. Taken a week off work every year to guide kids at camp. Worked many trout ponds and REI's as well as sport shows and is one of the North Deep C's Chapter Coordinators. I cannot Say enough about Ken. He is a great friend

and a great man of God. Thank you, Ken, for all you do to support FFL. Congrats.

I would like to close by mentioning the FFL theme verse for 2020. Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. John 15:4. **Abide in me, and I in you.** —These 2 statements are connected like cause and effect. The second statement is the promise, which will not fail if the command of the first statement is observed. The union then, and all that follows from it, is placed within the power of the human will. All is contained in the words, “Abide in Me.” He who obeys this command has Christ abiding in him and is a fruitful branch of the true vine.

As the branch cannot bear fruit of itself. — The branch itself, apart from the vine, has no original source of life. The sap flows from the vine to branch and tendril and leaf and fruit. The branch itself is a lifeless organ, and only fulfils its functions when it is connected with the vine. So, in the spiritual life, men apart from Christ have no original source of life and fruitfulness. The true-life flows from Him to every branch that abides in Him, quickening by its power the whole man, and making him fruitful in good. **The man who lives without faith in God may be said to exist, rather than to live, and misses the true aim of his being.**

God Bless,

Steve Cruikshank

June Special Needs all about fishing

Summer fishing is a great pastime that everyone looks forward to in fact according to exploreminnesota.com the summer opener is a day that roughly half a million anglers await each year in fact they also state that Minnesota is the third most popular inland fishing destination in the country where there are approximately 1.5 million licensed anglers in Minnesota second only to the state of Alaska in resident fishing participation. So, although most of you have there are probably some saying Tyler I have never fished in my life but I want to start this year what in the world do I do? Well I checked in with the MN DNR for some tips and tricks. They said most anglers learn from family and friends but for those that do not have that option they learn from books or on the web.

They also state that to legally fish in Minnesota, all residents of Minnesota from ages of 16 to 89 must have a current Minnesota fishing license unless they have a military service, nursing home resident or other exemption.

You don't have to visit a license agent to get your fishing license. If you have a valid credit or debit card and appropriate identification you can:

Buy a fishing license online; or

Call 888-665-4236 (888-MNLICENSE).

View the complete listing of fishing licenses types to help you decide which license you need.

There are places to fish in Minnesota where you don't need a license.

Before I go here is some fishing humor.

Alex: What do you call a fish that won't shut up?

Danielle: I'm stumped.

Alex: A big-mouthed bass!

Good luck fishing everyone!



Handicapped Director Tyler Pinor

ANNOUNCEMENTS AND ADDITIONAL INFORMATION

Deep C's June :

- West - June 9 - TBD
- South - June 11 - Larry Hanson
- East - June 23 - TBD
- North - June 25 - Larry Hanson

At South & North Meetings Larry Hanson will be sharing fishing info. Check out more about Larry at <https://www.facebook.com/larry.hanson.5268>

Please note that in June the location for West and North will be at Steve Cruikshank's house because Cabelas and Thorne brothers close at 6pm.

Join us for our Deep Cs meetings. For the month of June we will meet in person, and there will also be the option of joining via BlueJeans.

Deep C's Leaders & Volunteers	
Deep C's Director	Steve Cruikshank
Depth Finder Editor	Daryle Hamlin
West Chapter - Rogers - 2nd Tuesday	
Spiritual Leader	Vaughn Blackburn
Chapter Coordinators	Kent Lillehaugen & Ron Buster
Food Coordinator	Perry Whitney
South Chapter -Burnsville-2nd Thursday	
Spiritual Leader	Daryle Hamlin
Chapter Coordinators	Terry Branham & Gary Christianson
Food Coordinator	Jeff Wynne
East Chapter - Oakdale - 4th Tuesday	
Spiritual Leader	Dan Pilla
Chapter Coordinators	Randy Markey & Troy Sonnenfeld
Food Coordinator	Randy Markey
North Chapter - Blaine - 4th Thursday	
Spiritual Leader	Dan Pilla
Chapter Coordinators	Travis Busch & Ken Stahn
Food Coordinator	Nathaniel Fox



Depth Finder is a monthly publication for our Deep C's groups.

Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to the editor or Steve.

*Editor: Daryle Hamlin
dbhamlin@gmail.com*



Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

Within Fishing For Life, there is a men's ministry called Deep C's. There are four chapters active - West, South, East, and North - each meeting once / month. The Deep C's meetings all begin at 6pm with a free supper. All are welcome at any of the meetings.

2020 Theme

"Abide in Me"

John 15:4 - "Abide in Me, as I also abide in you. No branch can bear fruit by itself; it must abide in the vine. Neither can you bear fruit unless you abide in me."

Cost for membership is \$20/year collected in February.

Deep C's Men's Group

Deep C's is a men's group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently four active groups across the Twin Cities. All are welcome!

As I write this the Memorial Day weekend is coming to a close. It would be good to once again thank God for those who have served our country in our armed forces. Many have served in the ongoing battle to preserve peace and freedom in our country and the world. Thank those you know too who either were or still are in the service.

A recent event in our household fits well with the main topic for this month. My wife and I were discussing what the air conditioner should be set at overnight. The difference in our opinions came down to 1 degree Fahrenheit. The funny thing is that Mr. and Mrs. Walleye are just about as picky!

After ice-out, the warming temperatures signal walleye that spawning season for them is right around the corner. When the water temperature is as low as 34°F (and up to about 40°F) male walleye start moving in to the spawning areas. Those areas have to meet specific criteria if it is available. Whether or not these fish are in a lake that supports “natural reproduction” does not matter. They go through the motions any ways.

The best spawning areas are in 1-6 FOW (feet of water), a bottom of rubble or up to baseball size rocks and a small amount of current. These areas could be windswept shorelines, near a tributary or in a slight current in a river. A constant supply of new water is needed to aerate the eggs. Female walleye will move in later and when the temperature is 42-50°F, the females will lay their eggs. A 5 pound walleye can lay up to 100,000 eggs.

Not all females will lay their eggs at the same time – it might take place over a period of several weeks. Temperatures during that time period will play a big part in how fast it goes. After spawn two things happen. The males, usually smaller fish, will stick around the spawning areas for a few weeks. The females on the other hand will leave and go into a phase of not eating for a week or two. After that time though, the females will go on a feeding rampage.



21" pre-spawn walleye; water temperature 47°F

Why all this background on spawning? That is what is happening this time of the year, or what has just happened so it is important to know what is going on in their world. On fishing opener, mid-spawn conditions were still in place in northern Minnesota (water temps of 42-50°F). Large walleye (female) could be found near shorelines.



Even now, males are still hanging around spawn areas and so shallow water is a good place to start for not only walleye but crappies and northern as well. In the past week a friend has been catching 12+” crappies in ONE foot of water on Lake Vermilion! Another friend has been catching northern pike “as close to the shoreline as you can get”!

So what’s the point? Watch the water temperature. Slow your presentations down for colder water. Speed them up as the water warms. Water temps are still in the mid 50’s to low 60’s up north while in the central area of the state temps are already in the 60’s. By June 1 metro lakes will be around 70 degrees.

As June rolls around and the temperatures warm, keep in mind that walleye and other fish like specific temperature ranges. As the water warms, not only will walleye move deeper, but bait fish will grow larger, lessening the walleye’s need to graze in shallow water. For right now though shallow water is a good place to begin slip bobbering with a leech or jigging with a minnow, especially in cooler water.

As the water warms drag out the crankbaits and start trolling until you find fish, then bring out the slip bobbers and jigs or start casting! And if your boss calls when you are on the water, tell him/her “I can’t come in to work. I’m in a cast” 😊

Blessings and Tight Lines
Dwight Nelson

Stuffed Wild Turkey Breast

1 Wild Turkey Breast including the tenderloin
6 strips Hickory Smoked Bacon
1 cup chopped morel or other mushrooms
½ cup blueberries
1 tbs each of chopped garlic, chopped thyme, rosemary
2 tbs chopped parsley
2 tbs of heavy cream
1 tbs of white wine
2 stalks celery, 2 carrots

Brine turkey breast in water overnight
Remove breast from brine water and pat down dry
Remove tenderloin from turkey breast and place in food processor

Filling:

Chop tenderloin in food processor and place it in a small mixing bowl

Add mushrooms, parsley and rosemary, blueberries, cream, garlic, and wine

Mix together with hands and set aside

Take turkey breast and cut it in half but don't cut it all the way through. Create just a pocket

Open the pocket and add in the filling to create a "log shape" down the center of the breast

Fold it up and place the seam side down

Lay out 6 pieces of bacon so they are all horizontal and overlap some



Place turkey breast seam side up on top of bacon
Braid bacon around the turkey breast until it's all covered
Place the celery stalks and carrot sticks on the bottom of the Dutch oven so the turkey has something to sit on vs. the bottom of the pan
Place the rolled-up bacon covered turkey breast seam side down in the pot
Bake for 1 hour in oven at 350 degrees
Let cool for 10 mins then slice and serve.

Archie's Funnies

A burglar broke into a home.

He heard a soft voice say, "Jesus is watching you." Thinking it was his imagination, he continued his search.

Again, he hears: "Jesus is watching you."

He turned his flashlight around and saw a parrot in a cage.

He asked the parrot if he was the one talking. The parrot said, "Yes." So he asked the parrot his name, and the parrot replied, "Moses."

The burglar asked, "What kind of people would name a parrot Moses?"

The parrot replied, "The same kind of people who would name their pit bull, Jesus."



Submit your favorite jokes for future issues.

2020 Calendar

Due to the COVID-19 virus, our calendar is in a tentative status. Many events for have been either cancelled, postponed, or we are waiting for a go ahead from the government.

Please bare with us while we are working through our programming during this time.

APRIL

- 2-5—NW Sports Show at the Convention Center
- 🐟 17-18—Thorne Bros Spring Sale-Trout Pond
- 25—North Rush Lake Crappie Fishing w/MNTC Lakeside
- ★ TBD—R&R Military Marriage Retreat
- 27—Crappie Contest-FFL/White Stone Servant Ministry Event

MAY

- ≈ ★ 2—Ron Schara Crappie Contest
- 7-12—Governor's Fishing Opener
- 14—Reel'Em In Rod and Reel Rebuilding - Emma B. Howe YMCA
- 16—New Get Hooked Carnival Fundraising Event
- TBD—High C's Wilderness Safety Training

JUNE

- 6—MN Fishing Challenge for MN Adult & Teen Challenge
- 5—Reel'Em In Rod Rebuild at Thorne Bros - Deloitte
- 5-7—Mille Lacs Boat Launch
- ≈ ★ 11—AFFFC at Lake Minnetonka
- ▲ 8-12—High C's Day Camp #1 Minnehaha Academy

- ▲ 11—High C's Disability Evening Camp #1, 5-8pm, Medicine Lake
- ≈ 13—Edina, Centennial Lakes Disability lake event
- ▲ 14-19—High C's Fish Camp @ Shore's of St. Andrew **CANCELLED**
- ▲ 22-26—High C's Day Camp #2, Minnehaha Academy
- ▲ 29-Jul 2—High C's Day Camp #3, Minnehaha Academy
- ▲ 29-Jul 2—High C's Superior Hiking Trail Camping Trip

JULY

- 🐟 4—Trout Pond at Interlachen
- ▲ 5-10—High C's Fish Camp @Camp House-30 min NW of Two Harbors @ Brimson, MN
- ≈ 11—Lake Event: Medicine Lake Monster
- ▲ 15-19—High C's Adult/Child Camp @Miracle Bible Camp-Hackensack, MN
- ▲ 16—High C's Disability Evening Camp-#2, 5-8pm Medicine Lake
- ▲ 20-24—High C's BWCA Experience-Ely
- ≈ 25—Lake Bebe, Families of Disable
- ▲ 27-31—High C's Day Camp #4, Minnehaha Academy

AUGUST

- ≈ 1—Lake Event: 4th Reel Girls Fish Event Lake Marion in Lakeville
- ▲ 3-7—High C's Fish Camp @Camp JIM - Brainerd, MN
- ▲ 10-14—High C's Fish Camp @Ironwood Springs Christian Ranch-**CANCELLED**
- 5—IB Golf Tournament
- ≈ 7—Lake Event: CAST with the Anoka County Sheriff's Dept, Lake George
- 🐟 7-9—Game Fair (1 of 2 weekends) Trout Pond
- ▲ 17-21—High C's Poole's Paradise Fish Camp at Leech Lake
- ≈ 11—Pastor's Tournament with Jesus In The City
- 🐟 14-16—Game Fair (2 of 2 weekends) Trout Pond
- ≈ ★ 31-Sept 3—LOTW Pay it Forward Trip

SEPTEMBER

- ≈ 10-11—Marathon Man
- 17-20—Deep C's Men's Fall Retreat & Fishing Tournament
- ▲ ★ 11-13—Gold Star Weekend with Ironwood Springs Christian Camp-**CANCELLED**
- ≈ 28—Metro Mold Private Event

OCTOBER

- ≈ 3—Lake Event: Forest Lake Lunger/Trolling for Trophies
- 24 (tentative)—Fishing Careers Workshop
- ≈ ★ 28—Muskie Mayhem Event

NOVEMBER

- 6-8—High C's Deer Camp Opening Weekend, @Various locations
- 11—Veteran's Day
- 12—Give to the Max Day

DECEMBER

- TBD—St. Paul Ice Show 2020
- 10—All FFL Christmas Party @Bethlehem Baptist Church
- 12 (tentative)—Tip Up Weekend

Key

- ▲ High C's Fishing Camps
- ≈ Lake Events
- 🐟 Trout Pond
- ★ Veteran Programming

Dates are subject to change.

Monthly Deep C's Men's Group Gatherings with FREE dinner at 6PM. Bring a friend!

WEST GROUP - 2nd Tuesday
6 PM—Cabela's, Rogers

SOUTH GROUP - 2nd Thursday
6 PM—Mercy Road Church, Burnsville

EAST GROUP - 4th Tuesday
6 PM—Fractional Toys, 2967 Hudson Road, Oakdale

NORTH GROUP - 4th Thursday
6 PM—Thorne Bros, Blaine

Monthly Women's Groups

MONTICELLO - TBD

VICTORIA - TBD

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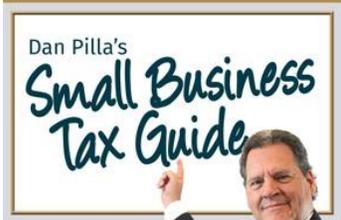
Several color patterns and styles to choose from. To order, visit:

<https://moveu.us/stores/fishingforlife>

You can also get a Deep Cs logo embroidered on a shirt of your choice - ask Steve.



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