



FISHING FOR LIFE

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THE DEPTH FINDER

Luke 5:4—"Put out into the deep and let down your nets for a catch." - Jesus directs us if we listen.

VOLUME 6, FEBRUARY

A Communication for Deep C's Members

FEBRUARY 5, 2020

DEEP C'S DIRECTOR - STEVE CRUIKSHANK

Hello All,

Holes 4 Heroes was a great success again this year. Thanks to all who volunteered!!! We cannot do this event or any of our events without you. Here is the head count. Day of Registration: 261, Special Guests/Guides: 130, Pre-Registration that checked in: 206/260, Total: 597+

The winter retreat is just around the corner Feb 20-23. Please contact me if you are interested in attending.

Faith, Hope, and Belief

Wouldn't it be great if we always had an abundance of faith, hope, and belief? Well that all sounds good but what does it mean to have faith, hope, or belief? First of all, let's look at the worldly and biblical definitions for each word.

Faith: Worldly definition: Faith is the belief in anything, as a code of ethics, standards of merit, etc. Biblical, Hebrews 11:1 *Now faith is confidence in what we hope for and assurance about what we do not see.*

Hope Worldly definition, the feeling that what is wanted can be had or that events will turn out for the best. Biblical definition, Romans 15:13 *May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.* Romans 8:24 *For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have?* The way in which a hopeful person handles disappointment differs from those who are not. Having hope is to imagine a positive outcome.

Clinical drug trials are a good example of the power of hope. In clinical drug trials a medication is compared with an inactive substance, commonly referred to as a placebo. Recent studies of antidepressants doubt their efficacy when compared to a placebo in double-blind, randomized clinical trials. What's most notable is that in clinical trials where the placebo is engineered to produce side-effects, causing those who take it to believe that they are on the actual medication, the efficacy of the placebo is like that of the medication. In a discussion of these studies a friend suggested that, rather than referring to such inactive substances as a placebo, they should instead be called "hope."

Belief – Worldly definition, Belief is thinking something is true (or probably true) for a reason, usually a logical or empirical reason. Belief in anything, as a code of ethics, standards of merit, etc. Biblical definition, all areas I search for biblical definition came up with see faith.

Here is my summary of the 3 terms. Faith means you do know, but have no reason. Faith is knowing something is true without any possible reason what so ever. Hope is wishing something is true or will be true. Hope means you don't know, but want a certain conclusion. While belief means you know based on a reason. Anyway I have Faith, Hope, and Belief that you enjoyed reading this article.

Steve



ANNOUNCEMENTS AND ADDITIONAL INFORMATION

DEEP C'S MEN'S CLUB

WEST GROUP - 2nd Tuesday
6 PM—Cabela's, Rogers

SOUTH GROUP - 2nd Thursday
6 PM—Mercy Road Church,
Burnsville

EAST GROUP - 4th Tuesday
6 PM - Fractional Toys, 2967
Hudson Road Oakdale

NORTH GROUP - 4th Thursday
6 PM—Thorne Bros, Blaine

Deep C's February Speakers:

Free dinner 6 PM - bring a friend.

- West - February 11 -
- South - February 13 -
- East - February 25 -
- North - February 27 -

This month at Deep C's:
Dwight Nelson,
Fish Vision

Deep C's Leaders & Volunteers

Deep C's Director	Steve Cruikshank
Depth Finder Editor	Daryle Hamlin
West Chapter - Rogers - 2nd Tuesday	
Spiritual Leader	Vaughn Blackburn
Chapter Coordinators	Kent Lillehaugen & Ron Buster
Food Coordinator	Perry Whitney
South Chapter - Burnsville - 2nd Thursday	
Spiritual Leader	Wes Wheatley
Chapter Coordinators	Terry Branham & Gary Christianson
Food Coordinator	Jeff Wynne
East Chapter - Oakdale - 4th Tuesday	
Spiritual Leader	Dan Pilla
Chapter Coordinators	Randy Markey & Troy Sonnenfeld
Food Coordinator	Randy Markey
North Chapter - Blaine - 4th Thursday	
Spiritual Leader	Dan Pilla
Chapter Coordinators	Travis Busch & Ken Stahn
Food Coordinator	Nathaniel Fox

Coming Women's Groups

BUFFALO/ROCKFORD AREA

Co-leaders:

Jodie DeGroot, Tracey
VanLith and Leah Otto

WACONIA/VICTORIA AREA

Co-leaders:

Cindy Blomgren, Gail Oakes
and Nancy Hagmann



Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

Within Fishing For Life, there is a men's ministry called Deep C's. There are four chapters active - West, South, East, and North - each meeting once / month. The Deep C's meetings all begin at 6pm with a free supper. All are welcome at any of the meetings.

2020 Theme

"Abide in Me"

John 15:4 - "Abide in Me, as I also abide in you. No branch can bear fruit by itself; it must abide in the vine. Neither can you bear fruit unless you abide in me."

Cost for membership is \$20/ year collected in February.

Depth Finder is a monthly publication for our Deep C's groups.

Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to the editor or Steve.

Editor: Daryle Hamlin
dbhamlin@gmail.com

Deep C's Men's Group

Deep C's is a men's group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently four active groups across the Twin Cities. All are welcome!

Special Needs Report

Hello, my name is Tyler Pinor and I am your Fishing For Life special needs tournament director. I have Cerebral Palsy which is a group of disorders that affect movement and muscle tone or posture. It's caused by damage that occurs to the immature brain as it develops, most often before birth. Signs and symptoms appear during infancy or preschool years. So, I am accustomed to living life and doing things from a wheelchair which is why when I got asked to come help get handicapped fishing going for Fishing For Life. I jumped at the opportunity because I know what it takes to be successful from a chair and I look forward to working with each group to get handicapped fishing going in the future.

We have 2 handicapped events scheduled for this year that I would recommend checking out. The first one is at Centennial Lake in Edina on June 13th and the other is our annual Party on Beebe event from Beebe Lake Land of Promise on July 25th. I encourage you to mark your calendar and check out both events.

I look forward to meeting and working with you in the future because that's what God wants me to do.

Handicapped Director Tyler Pinor



Hello Volunteers

Fishing for Life would like to send this note of appreciation for your dedication to our Holes 4 Heroes events.

We cannot run an event like Holes 4 Heroes without you. Many thanks to all of our wonderful volunteers that helped to set up the event on Friday and Saturday, to those that run the event on Saturday and to those that hung around to tear down. We thank you for your support in helping Fishing for Life successfully put on our Holes 4 Heroes ice fishing tournament and for welcoming our veterans, their families and the general public to a fun day of fishing.



Many of you return year after year and to many other Fishing for Life events, thank you for being anchors to our mission. We appreciate you and pray God has many blessings upon your lives.

If you have any comments or suggestions on how we can make the event even better, please don't hesitate to let us know. We are always trying to improve our events and welcome your suggestions.

We would also like to hear about any fishing stories that happened during the Holes 4 Heroes event. Please share any pics as well!

Many Thanks!

The Fishing for Life Team

Breaking Down New Lakes Fast

We just started airing the ninth season of Lake Commandos. If you haven't had a chance to see the show, it's airing Sunday mornings at 9:30 am and five other times on Sportsman Channel. You can find past episodes on myoutdoortv.com for a small subscription fee.

I bring up the Lake Commandos as it ties in nicely with our topic today: breaking down new water fast. In each episode, my guest and I head to waters we have either never fished before or waters that we haven't fished in many years.

I must say I love fishing new waters as it allows me to fish instinctively. I have no waypoints to distract me; no memories to bog me down.

I hit the lake, use a few key things to help me break it down, and then I start fishing. Success usually comes, in most cases after a few hours on the water. But we have also failed. And we have got on great fish immediately. The fact that Lake Commandos is now in its ninth season, means that what I am about to share has been successful on 117 different lakes over a period of a decade, so these concepts are well proven and reproducible. More importantly, once you succeed on new waters you gain the confidence to break away from old habits and spots, and find fish others can't.



Secret Sauce

I use three main things to break a lake down quickly, usually before even launching the boat.

Seasonality

All fisheries have seasonal patterns that occur consistently year to year. For example, each spring in our local waters species like crappie and bass move shallow to find the warmest water in the system, while species like walleye start to move toward spawning sites. Knowing fish habits by species will help you identify opportunities. For example, I find good numbers of spring walleye stacked up on shallow flats, often in depths most anglers don't think about fishing (1-5 feet of water). In summer, those same fish are often sitting on the deep weedline, where they are vulnerable to presentations like jig worms. In fall, they fish often move to deep water, especially in clear lakes with prey species like tulibeas and perch. So, study the fish you like to catch, and consider their seasonal movements before fishing.

Water Clarity

Water clarity is one of the most critical things in determining fish location because it impacts weed growth. In turbid waters, with visibility under a foot or two, the lake doesn't support weed growth beyond 6 or 8 feet. In clear waters, especially those with zebra mussels, the deep weedline may end at 25 feet or more. Weed growth is a great source of information on fish position. In turbid waters with shallow grass, I start my day fishing shallow and usually end it shallow as well because that's where the majority of gamefish will be found. In most cases, the deep weedline is key, but there are times when the inside weedline is better and other times when emergent vegetation near shore is best. In turbid waters, fish baits that allow you to cover water. Baits like rattlebaits, shallow cranks, rear-prop topwaters, spinnerbaits and similar baits are deadly.

In clear water, you will likely be fishing much deeper. That limits lure choice as you are limited to bait that can be worked at depths like 15 to 30 feet or more. Finesse baits and gear are usually best. I fish a lot of drop-shot and Ned rigs in clear water, as well as jigs and jig worms. Fluoro sinks and has little stretch, making it a good choice in these waters, though it can be tough to handle on smaller spinning reels.

Continued on next page

Use Each Other To Get on Fish Fast

I've learned that two or three anglers working together can get on fish a lot faster. If you get in the boat and everyone is using the same bait, you will often miss killer patterns because no-one is trying different options. If fishing with other anglers, make it a point to use different baits until you find a pattern that works. I learned this years ago on Mille Lacs. Fishing with leeches and bobbers was slow until one of us tried a jig/minnow and caught a fish on the first cast. We filled three limits quickly after switching from leeches to minnows. I have seen this happen many times since then, especially since starting Lake Commandos as my guest and I fish the same pattern at the same time. On one trip to Texas in season 1, my guest rigged up the same bait I was using, a 4-inch Berkley Chigger Craw in green pumpkin, on a Carolina rig. Despite using the exact same lure and fishing in the exact same spot (a point), he landed five bass in the first 10 minutes and I had zero. So I upsized my 1/2-ounce sinker to 3/4 to match his, switch from braid to fluoro for my main line (again, because he was fishing fluoro) and added a bead between sinker and swivel (because he had one). The result? I caught a fish on my very next cast!

Steve Pennaz

PENNAZ MULTIMEDIA | 2894 Lindgren Lane, Independence, MN 55359

Archie's Funnies

You Can Take It With You

There once was a rich man who was near death. He was very grieved because he had worked so hard for his money and wanted to be able to take it with him to heaven. So he began to pray that he might be able to take some of his wealth with him.

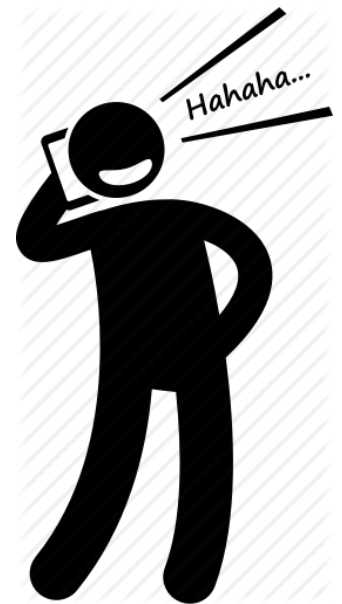
An angel heard his plea and appeared to him. "Sorry, but you can't take your wealth with you." The man begged the angel to speak to God to see if He might bend the rules. The man continued to pray that his wealth could follow him.

The angel reappeared and informed the man that God had decided to allow him to take one suitcase with him. Overjoyed, the man gathered his largest suitcase and filled it with pure gold bars and placed it beside his bed.

Soon afterward, he died and showed up at the gates of heaven to greet St. Peter. St. Peter, seeing the suitcase, said, "Hold on, you can't bring that in here!"

The man explained to St. Peter that he had permission and asked him to verify his story with the Lord.

Sure enough, St. Peter checked it out, came back and said, "You're right. You are allowed one carry-on bag, but I'm supposed to check its contents before letting it through." St. Peter opened the suitcase to inspect the worldly items that the man found too precious to leave behind and exclaimed, "You brought pavement?"



"The great street of the city of heaven was of pure gold."
- Revelation 21:21

Submit your favorite jokes for future issues.

VENISON STEW

Ingredients:

- 1/3 cup all-purpose flour
- 1/4 teaspoon salt
- 1/8 teaspoon pepper
- 1/2 pound venison stew meat or boneless beef chuck roast, cut into 1-inch cubes
- 2 tablespoons bacon drippings or canola oil
- 1/3 cup chopped onion
- 1 cup water
- 1 small tomato, peeled and chopped
- 1 teaspoon cider vinegar
- 1 small garlic clove, minced
- 1 bay leaf
- 1 small carrot, sliced
- 1 small potato, peeled and cubed
- 1/4 cup chopped celery
- 1/4 teaspoon lemon-pepper seasoning
- 1/8 teaspoon cayenne pepper



Directions:

1. In a large resealable plastic bag, combine the flour, salt and pepper. Add venison, a few pieces at a time, and shake to coat.
2. In a large heavy saucepan, brown meat in drippings on all sides. Add onion; cook and stir for 1 minute. Stir in the water, tomato, vinegar, garlic and bay leaf. Bring to a boil. Reduce heat; cover and simmer for 1 to 1-1/2 hours or until meat is tender.
3. Stir in the remaining ingredients. Return to a boil. Reduce heat; cover and simmer 30-35 minutes longer or until vegetables are tender. Discard bay leaf.

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2020 Calendar

JANUARY

3-5—NPAA (National Professionals Angling Association) 2020 NPAA Conference Chula Vista Resort and Conference Center, in Wisconsin Dells, WI
9-12—MN Sportsmen's Show - St Paul RiverCentre
★ 15—Reel 'Em In with WWP & Mission-Ridgedale YMCA
17-19 Mid-Winter Conference—Minneapolis
18 (tentative)—Dark House Spearing Event—Cambridge
25—Women's Ice Fishing event on Medicine Lake, Plymouth

FEBRUARY

≈ ★ 1—Holes 4 Heroes, Medicine Lake
20-23—Deep C's Winter Retreat

MARCH

🐟 13-15—Outdoor News Deer & Turkey Classic—Canterbury Park—Shakopee
13-15—High C's Firearm Safety Class at Turkey Expo (Place TBD)
🐟 27-29—Muskie Expo at Concordia University—Trout Pond

APRIL

2-5—NW Sports Show at the Convention Center
🐟 17-18—Thorne Bros Spring Sale—Trout Pond
25—North Rush Lake Crappie Fishing w/MNTC Lakeside
★ TBD—R&R Military Marriage Retreat
27—Crappie Contest—FFL/White Stone Servant Ministry Event

MAY

≈ ★ 2—Ron Schara Crappie Contest
7-12—Governor's Fishing Opener
14—Reel 'Em In Rod and Reel Rebuilding - Emma B. Howe YMCA
16—New Get Hooked Carnival Fundraising Event
TBD—High C's Wilderness Safety Training
≈ 30—Lake Event: 4th Reel Girls Fish Event Lake Marion in Lakeville

JUNE

6—MN Fishing Challenge for MN Adult & Teen Challenge
5—Reel 'Em In Rod Rebuild at Thorne Bros - Deloitte

5-7—Mille Lacs Boat Launch

▲ 14-19—High C's Fish Camp @ Shore's of St. Andrew

≈ ★ 11—AFFCC at Lake Minnetonka

▲ 8-12—High C's Day Camp #1 Minnehaha Academy

▲ 11—High C's Disability Evening Camp-A, Medicine Lake

≈ 13—Edina, Centennial Lakes Disability lake event

▲ 25—High C's Disability Evening Camp-B, Medicine Lake

▲ 29-Jul 2—High C's Day Camp #2, Minnehaha Academy

▲ 29-Jul 2—High C's Superior Hiking Trail Camping Trip

JULY

🐟 4—Trout Pond at Interlachen

▲ 5-10—High C's Fish Camp @Camp House-30 min NW of Two Harbors

≈ 11—Lake Event: Medicine Lake Monster

▲ 13-17—High C's Day Camp #3, Minnehaha Academy

▲ 15-19—High C's Adult/Child Camp @Miracle Bible Camp—Hackensack, MN

▲ 16—High C's Disability Evening Camp-C, Medicine Lake

▲ 20-24—High C's BWCA Experience—Ely

≈ 25—Lake Bebe, Families of Disable

▲ 27-31—High C's Day Camp #4, Minnehaha Academy

AUGUST

▲ 3-7—High C's Fish Camp @Camp JIM - Brainerd, MN

▲ 10-14—High C's Fish Camp @Ironwood Springs Christian Ranch

5—IB Golf Tournament

≈ 7—Lake Event: CAST with the Anoka County Sheriff's Dept, Lake George

🐟 7-9—Game Fair (1 of 2 weekends) Trout Pond

▲ 17-21—High C's Poole's Paradise Fish Camp at Leech Lake

≈ 11—Pastor's Tournament with Jesus In The City

🐟 14-16—Game Fair (2 of 2 weekends) Trout Pond

≈ ★ 31-Sept 3—LOTW Pay it Forward Trip

SEPTEMBER

≈ 10-11—Marathon Man

17-20—Deep C's Men's Fall Retreat & Fishing Tournament

▲ ★ 11-13—Gold Star Weekend with Ironwood Springs Christian Camp

≈ 28—Metro Mold Private Event

OCTOBER

≈ 3—Lake Event: Forest Lake Lunker

24 (tentative)—Fishing Careers Workshop

≈ ★ 28—Muskie Mayhem Event

NOVEMBER

11—Veteran's Day

12—Give to the Max Day

DECEMBER

TBD—St. Paul Ice Show 2020

10—All FFL Christmas Party

12 (tentative)—Tip Up Weekend

Key

▲ High C's Fishing Camps

≈ Lake Events

🐟 Trout Pond

★ Veteran Programming

Dates are subject to change.

Monthly Deep C's Men's Group Gatherings with FREE dinner at 6PM. Bring a friend!

WEST GROUP - 2nd Tuesday

6 PM—Cabela's, Rogers

SOUTH GROUP - 2nd Thursday

6 PM—Mercy Road Church, Burnsville

EAST GROUP - 4th Tuesday

6 PM—Fractional Toys, 2967 Hudson Road, Oakdale

NORTH GROUP - 4th Thursday

6 PM—Thorne Bros, Blaine

Monthly Women's Groups

MONTICELLO - TBD

VICTORIA - TBD



Steve's boat for sale 2013 Skeeter 2000T

List of equipment:

- 2017 Xi5 36 volt bow mounted trolling motor with quick release bracket.
- 2014 Gen 2 12" touch screen Lowrance locator (Rear)
- 2016 Gen 3 12" touch screen Lowrance locator (Rear)
- 2014 Gen 2 7" touch screen Lowrance locator (Bow)
- 3-2019 Series 27 batteries with 2019 4 bank battery charger
- 2019 Boat 2 Trailer bracket
- 6 Trolling rod holders
- 2013 Yamaha 115hp motor
- Fishing For Life Wrap

Asking Price \$32,000 OBO



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(dbhamlin@gmail.com)



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