



# FISHING FOR LIFE

[www.fishingforlife.org](http://www.fishingforlife.org)

[www.facebook.com/fishingforlife](https://www.facebook.com/fishingforlife)

## *THE DEPTH FINDER*

Luke 5:4—"Put out into the deep and let down your nets for a catch." - Jesus directs us if we listen.

VOLUME 6, NOVEMBER

**A Communication for Deep C's Members**

NOVEMBER 7, 2020

### **DEEP C'S DIRECTOR - STEVE CRUIKSHANK**

Hello All,

Fall fishing has been rather good to me. I was able to get out last week with Todd L and Dave J. The first time we went we found the Walleyes in 40 to 50 feet of water, which I thought was rather deep. We found out from a bait store that the lake had recently turned over so that would explain why. We caught a bunch of nice Walleyes between 14 and 16 inches. The next time Todd L and I went out to the same lake {You Wish You Knew} we tried the same spot we had caught them the last time we were out. No luck at 40 to 50 feet. We did not even mark any fish on the locator. The sun was out and not a cloud in the sky. The lake was so calm it looked as if you could step out of the boat and walk on top of the water. Not one ripple. So, we started going deeper. 50 feet no fish. 55 feet no fish. 60 feet no fish. 65 feet no fish. Then at 68 feet and I felt a hit when I tried to set the hook I missed so I let the shiner back down and this time there was no doubt I had her on. I looked over at Todd and said 68 feet you got to be kidding me. He laughed and got the net ready. I brought her up slow but when we got her in the boat you could see her swim bladder was in her



mouth. We measured her at 28". We took a couple quick picks and released her. She swam down a few feet but floated back to the surface. We put her in the live well since she was a legal fish to see if that would help revive her. I dropped my line back down and hooked another big fish. This time I really went slow bringing her up. Todd netted her and she measured 24". When we released her, she swam down 10 feet but floated



back to the surface. I was very bummed. I looked again to see if her swim bladder was sticking out of her throat and it was not. We could not put her in the live well because she was an illegal fish for the lake we were on. At that point I remembered when fishing in Alaska Mike M our captain put a down rigger ball in the illegal fishes mouth and sent it back to the bottom and then jerked the ball out of the fishes mouth. So, I took another rod with a snap swivel on the end of the line and attached 3, 3oz bottom bouncers to the snap swivel and then poked one of the ends of the bottom bouncer through her cheek and put the little yellow cap back on the end to keep the weight attached to her mouth. We let her down slow. When the weights hit the bottom, I could tell she was swimming around and pulling on the line, so I jerked the rod to remove

the weights and reeled them up. It had worked. A few minute later I was looking into the water when I saw this little yellow thing floating to the surface. What are the chances that cap would come to the surface right next to the boat? I believe it was God letting us know for sure we had successfully released that fish. We decided to move back to the spot we had tried earlier because we didn't want to catch any more big fish and the wind started to pick up so we thought maybe they would move back up shallower. No such luck. At that point it was time to go home, but what a day on the water. We loaded up the boat and left for home. The boat is in for winterization so the only way I am going to get out anymore is if someone else uses their boat. Call me. LOL.

As some of you may know, I am planning to retire from FFL in January 2022. Jan wants to move somewhere warmer; she does not do well in the cold. I

must admit that winter has been getting harder for me every year as well. I believe the state of Deep C's will go on without a hitch after I retire. The Chapter Coordinators will continue to organize and run the meetings and I will work with whomever Tom might hire as the new men's ministry director to replace me. I have been abundantly blessed by all your friendships. Please know this has been one of the hardest decisions I have had to make. I look forward to spending the next year with all of you.

Your Brother in Christ

Steve



## November Special Needs Column

Greetings to everyone,

Hello everyone, a while back I told you the story of Clay Dyer then struggled for a while trying to find an inspirational figure to teach you about. So back in September when I messaged our FFL Executive Director and Director of Development Tom Goodrich to check up on him because that's what friends do and he says Hi

Tyler I am just about to get on the water and you will never guess who I have with me today? I started throwing out obvious names like our board member Perry Whitney because he loves a day fishing and maybe he was trying before the weather changes in the coming days, but I struck out. So, when Tom throws me a curveball and says Al Linder and I say holy crap no way! After I regain my speech out of amazement because this guy is a professional fishermen I knew right then and there that this is the man that I wanted to teach you about this month so lets get to it. According to his Wikipedia site [https://en.wikipedia.org/wiki/Al\\_Lindner](https://en.wikipedia.org/wiki/Al_Lindner)

Al Linder was born in Chicago Illinois in 1944 and is a television and radio personality and fishing industry



innovator who has invented many fishing lures and rigs with his older sibling Ron Linder. The most famous invention of the brothers is the Lindy Rig pictured at right. The Lindy Rig has been used to catch Walleye by tens of millions of anglers since it was marketed in 1968. According to the Linder's they estimate that more than 70 million Lindy Rigs and its imitators have been sold. Linder



also co owns Linder Media Productions based in Baxter Minnesota alongside his boys James, Bill and Daniel which specializes in producing educational fishing shows like Angling Edge and Fishing Edge) Linder fell in love with fishing when he spent the summer at his parents cabin in Cambridge Wisconsin on Lake Ripley acting as the worm boy for brother Ron who was 10 years his senior. I hope you have as much fun reading this as I had teaching you there was so much there that it was hard to pick what to share about him. If you have suggestions for future columns, please feel free to let me know and I will do what I can to teach you about it.

Handicapped Director Tyler Pinor



## ANNOUNCEMENTS AND ADDITIONAL INFORMATION

### Men's Deep C's November:

- |  | Speaker & Topic                              |
|--|--|
| • <b>West - November 10 - Rogers Cabelas</b>                                   | TBD  |
| • <b>South - November 12 - 3621 Ashbury Rd Eagan (Parents of Shane Myrlie)</b> | Jeff Bosshardt speaking on drop shot fishing |
| • <b>North - November 19 - Cruikshank's</b>                                    | Travis Busch speaking on making spinners     |
| • <b>East - November 24 - Fractional Toys</b>                                  | River Dan speaking on walleye fishing        |



Fishing For Life, founded in 2004, is a tax exempt charitable organization whose mission is to inspire a love of fishing and outdoor activities through Christ-centered programming.

Within Fishing For Life, there is a christian ministry called Deep C's. There are five chapters active - West, South, East, North, and women's - each meeting once / month. The Deep C's meetings all begin at 6pm with a free supper. All are welcome .

#### 2020 Theme

##### **"Abide in Me"**

John 15:4 - "Abide in Me, as I also abide in you. No branch can bear fruit by itself; it must abide in the vine. Neither can you bear fruit unless you abide in me."

Cost for membership is \$20/ year collected in February.

I am Troy Sonnenfeld and I am one of the Men's Deep C's East chapter coordinators. Deep C's East meets at Fractional Toys 2967 Hudson Road Oakdale, MN 55128. We meet the fourth Tuesday of every month from 6pm to 8:30pm. We will gather together for a meal, and then Dan Pilla will dive into an inspirational devotion on the theme topic for the year. Then we will have a guest speaker talk on a wide variety of subjects from fishing to missionary work to street ministry.

As a group we also help at Fishing for Life events as boat guides and dock help where we can share are talents and teach kids how to fish and enjoy Gods creation, and also volunteer at sport show booth to promote Fishing for Life and Deep C's.

Deep C's East welcomes all men from all walks of life and Faiths. We are here to support men who are starting their faith journey or want to strengthen it. We are here to support each other in the tough times and good times. And to share our life's experiences with each other. Our hope is to strengthen a strong friendship with each other. We believe "Iron sharpen iron". Thank you and God Bless.

**Depth Finder** is a monthly publication for our Deep C's groups.

*Submissions should be emailed to the editor. All articles, testimonies, informational items, pictures, recipes, and items for sale or wanted are welcomed and encouraged. Please make submissions to the editor or Steve.*

Editor: Daryle Hamlin  
dbhamlin@gmail.com

### **Deep C's**

*Deep C's is a Christian group that regularly gathers together to share in their knowledge of and love for the outdoors, and, most importantly, to fellowship with one another through faith in Jesus Christ. We desire to deepen our relationships with Him and with each other. There are currently five active groups across the Twin Cities. Four for men and now one for women. All are welcome!*

Deep C's West Chapter meets at Cabela's in Rogers, Mn., on the 2<sup>nd</sup> Tuesday of the month – upstairs in one of the Conference Rooms. My Name is Kent Lillehaugen, I work together with Ron Buster as Co-Coordiators for Deep C's West.

We are Blessed to have Perry Whitney Prepare & Deliver Dinner for our Group. When I say Blessed, I'm not kidding – Perry is a **Very** Good Chef. Not only does he change the Menu each month, but he always makes sure that there is more than we can possibly consume (no matter how many guys attend).

Our Devotional Leader is Vaughn Blackburn. Vaughn's style of presenting is one of the things that caught my attention (~ 5 years ago). Vaughn always has a Great message to share, and a jovial way to present it. Once again the West Group has been Blessed!

The West Chapter is made up of a group of guys that range in age from their 20's...to 80's. This makes for some very interesting discussions. GREAT group of Guys! We are always looking to grow Deep C's West, so invite and bring a Friend or maybe two!

Not to take anything away from the other Chapters, but we would like to think that "The West is the Best" Kent



# Archie's Funnies

## Student Says He's Too Smart For First Grade. This Is The Principal's Response.

A first grade teacher was having trouble with one of her students. One day she asked Johnny what his problem was he replied, "I'm too smart for the first grade, my sister is in the third grade and I'm smarter than her too." The teacher took him to the principal's office and explained the situation to the principal.

The principal told her that he would give Johnny a test, and if he failed to answer one question he would have to go back to the first grade and be quiet.

The teacher and Johnny both agreed.

Principal: "What is 3 x 3"

Johnny: "9"

Principal: "6 x 6"

Johnny: "36"

And so it went on like this, the principal asked him every question a third grader should know. Finally after about an hour he told the teacher "I see no reason Johnny can't go to the third grade, he answered all of my questions right."

The teacher asked if she could ask him some questions. The principal and Johnny agree.



Teacher: "What does a cow have 4 of that I only have 2 of?"

Johnny: "Legs"

Teacher: "What do you have in your pants that I don't have?" the principal gasps but before he can stop him from answering Johnny says, "pockets"

Teacher: "What does a dog do that a man steps into?"

Johnny: "Pants"

Teacher: "What starts with F and ends with K and means a lot of excitement?"

Johnny: "Firetruck"

The principal breaths a big sigh of relief and says "Put Johnny in the fifth grade, I got the last 4 questions wrong myself."

Pro Fishing Tips Oct 2020  
by Dwight Nelson

**Hey! Don't put away that boat quite yet!!**

If you have not gotten around to putting the boat to bed for the winter, you may not want to quite yet. There is still time for some great fall fishing.



But first, I want to share an experience with you all that I hope you will not have to go through. My wife Pam and I have lived in the city of Saint Paul for several decades and we live in what statistically is the safest area of town.

A couple of weeks ago I was all set to go fishing on a Friday at lunchtime. I had all my fishing tackle and rods in the car and the boat hitched up. I locked the car which was sitting in my driveway and ran into the house for some lunch. When I came back out I found that someone had smashed the window of my car and taken what turns out to be a fairly large amount of tackle and a fish finder.

In spite of the dollar value and sentimental value of all the tackle and equipment taken, I think it was the peace God has given me as a Christian that I didn't get bent out of shape about the whole event. That's not to say the thing hasn't been a big pain, not only from an insurance standpoint but also in re-creating a system that has been "in the works" for over 10 years.

The take away from all this: 1) Take pictures of all your gear, preferably with you in the pictures. 2) Know your insurance. If you have a "replacement" policy, find out what that really means. In my case it does not mean replacement as you or I would define it. 3) If you have a policy on your boat, review it and see what it really covers.

So if you see a large number of X-Raps, Shallow Shads, Tail Dancers (the all time best lure!) or an old Matrix 97 finder (which was great as a contour map GPS) for sale give me a call! OK, enough on that.

**Fall Fishing:**

As someone said, fall fishing is not for the frail or faint of heart. There are no "fair weather" fishermen/women out there this time of year. I am convinced though that it is one of the best times of the year for great fishing.

There are many ways to stay warm in cold weather fishing. One way is to put on those ice fishing bibs! Another thing you can do is to put one of those car seat heaters on your boat seat. If you can find an old Coleman Focus 5 heater they work great in a boat. Just keep it away from the gas tank! Or bring a Buddy heater. Hand warmers are a must for me too, along with a thermos of hot chocolate.

I can't say enough about the St. Croix River. Sorry if I keep harping on that but river fishing of any sort has become one of my favorite forms of fishing. Right now on the lower St. Croix a buddy has been having multiple 50+ walleye/sauger days. Most of them are on the small size but even so he is getting multiple fish over 20". That's pretty cool. And, the bite is still going on.

No matter where you are fishing walleyes, keep the presentation slow. Like a yo-yo slow. As the water gets colder you want a slower presentation. You also want a bait with a slower, sleeker and more subdued look. Once again, as in early spring, Rapala Husky Jerks shine. So do Smithwick Rogues and Bomber Long As.

My favorite lure, the Rapala Tail Dancer can even be used this time of year with a minor modification. It normally has a wide tail action, but if you put a half a night crawler on the back hook, it slows down and subdues that action. It also gives the bait some scent and makes it even more tantalizing! Putting it on the middle treble is less subdued.

As a pro fisherman friend of mine puts it, this time of year start thinking of where you would be ice fishing. If that is in 20 or 30 feet of water, you can still troll with the old standard Rapala Floating Minnow. Here's how: Tie a 3-5 ounce trolling weight on a 3 way swivel with 10-12" of light line. Tie or hook your main line (braid is best) to the 2nd eye of the swivel. Tie a 5' leader to the 3rd eye of the swivel and connect your lure of choice to that. Using this method you can troll almost any lure at any depth. Jerk baits are great since they suspend. Just keep it slow. Slow down to 1-1.5 MPH and let the lure lumber along.

For those who fish crappies, 10"+ crappies are all over the place out there on the river. In multiple locations my screen is just lit up with them hovering from 20-35+ feet in 35+ feet of water. Sometimes they will even hit a 5" crankbait trolled through them!

For those who like to fish muskies this time of year – and it is a great time to do that, I'll quickly mention one method. A friend and his son love to hit a clear Brainerd lake in October dragging big suckers around the lake. They are hooked with a Quick Strike rig (various methods) under a 2" bobber. They get amazing results.

**November TO DO list:**

Night fishing Lake Minnetonka, Wayzata bay shoreline (flicker shads, shad raps) and very shallow stick baits on Horseshoe reef. Then put boat to bed

Blessings and Tight Lines!

Dwight Nelson (dpnelson50m@gmail.com)



## Smoked Pheasant

This is a hot-smoking method, essentially a really slow, smoky barbecue. Instead of barbecue sauce, which you could of course use if you wanted to, I use maple syrup instead. This creates a nice sweet glaze for the smoke to adhere to as the bird cooks. You must use plucked pheasants for this recipe. It will not work with skinned birds, as they will get too dry. If you are not a hunter but want to make this, you can use a high-quality domestic chicken (regular supermarket ones are too soft and flabby) or you can buy a whole pheasant online or in some supermarkets.

Prep Time 30 mins

Cook Time 3 hrs

Total Time 3 hrs 30 mins

Course: Cured Meat

Cuisine: American

Keyword: pheasant, smoked foods

Servings: 6

Calories: 823kcal

Author: Hank Shaw

### Ingredients

2 whole pheasants

1/4 cup kosher salt, about 2 1/4 ounces

1/4 cup brown sugar

4 cups water

2 cups maple syrup, boiled down to 1 cup

### Instructions

Dissolve the salt and sugar in the water. Find a lidded container just about large enough to hold both pheasants. Cover them with the brine and let this sit in the fridge for at least 12 hours and up to 18 hours.

OPTIONAL: Weigh the pheasant and the water you intend to brine it in; you'll have to guess, so err on more water. Now dissolve 2 percent of that total weight -- pheasant + water -- in kosher salt in the water, then brine. This method allows you to brine the bird for days without it getting too salty. Take the pheasants out of the brine. Set on a cooling rack under a ceiling fan or in a breezy place and let them dry for an hour or so. You can also put the birds in a container uncovered in the fridge overnight. This drying process is an important step. You want the bird damp and tacky on the outside, not soaking wet. Smoke the pheasants over the wood of your choice -- I prefer apple, hickory or pecan -- for at least 3 hours, and up to 5 hours. You want a relatively warm smoke, between 200°F and 250°F. Let the pheasants smoke for 1 hour before painting on the maple syrup, then



baste with the syrup every 30 minutes afterward. When the pheasants reach an internal temperature of 160°F in the thigh meat, take them out of the smoker. Put them on a cooling rack and baste them with maple syrup one more time. Wait at least 20 minutes before eating. They are excellent cold, too.

### Notes

Note: This recipe also works with chukars, grouse and partridges, but not turkeys.

### Nutrition

823kcal | Protein: 103g | Fat: 42g | Saturated Fat: 12g | Cholesterol: 323mg | Sodium: 182mg | Potassium: 1106mg | Vitamin A: 805IU | Vitamin C: 24mg | Calcium: 55mg | Iron: 5mg

## DEPTH FINDER SPONSORS / WANTED & FOR SALE



### Fishing For Life Shirts:



Several color patterns and styles to choose from. To order, visit:

<https://moveu.us/stores/fishingforlife>

You can also get a Deep Cs logo embroidered on a shirt of your choice - ask Steve.

Got an item or service to advertise  
Contact Steve or Daryle  
(dbhamlin@gmail.com)



Newsletters sponsored by **Cold Creek Construction**, a Twin Cities New Home Builder & Remodeler for 20 years. Check them out at [www.coldcreek-construction.com](http://www.coldcreek-construction.com). Paul Wagner, the owner of Cold Creek, is an avid fisherman, and active in Fishing For Life's ministries.



**Small Business Tax Guide**
  
 The Complete Guide to Organizing and Operating Your Small Business
   
 Featuring How-to Information You Can't Get Anywhere Else
   
 Daniel J. Pilla

[www.taxhelponline.com](http://www.taxhelponline.com)

Deep C's hats available at all Deep C's meetings for \$10. Each chapter has their own color hat.



Thanks to our Presenting Sponsor **INSURANCE BROKERS, INC.**  
Click the logo below for details on how Insurance Brokers is right for you!



Thanks to the Minnesota Department of Veteran Affairs for their Support!



Thanks To Our Sponsors!



Member of the:

